



Northwest Zone Chatter

August 2026

Northwest Zone Website: <http://www.northwestzone.org/>

Chair – Jill Wright (SR): swimjmw@msn.com

Treasurer – Ken Winterberger (AK): kwinterberger@gmail.com

Webmaster –David Cabrey (IW): dcabrey@charter.net

Zone Records – Stephen Darnell (OR): financialwizard2@comcast.net

Secretary & Awards – Sally Dillon (PN): salswmr@comcast.net

Newsletter – Christina Fox (OR): foxkohnert@peak.org

USMS At-Large Director from the Northwest Zone – Rob Heath: boatyme@hotmail.com

LMSC websites in the NW Zone

ALASKA www.akmswim.org

INLAND NW www.inlandnwmasters.org

MONTANA <https://swimmontana.org/>

OREGON www.swimoregon.org

PACIFIC NW www.swimpna.org

SNAKE RIVER www.snakerivermasters.com

UTAH www.utahmasters.org

Report from the Chair

Since our June meeting, happenings around Zone are

- Kroc Masters hosted our OW Zone championship, Around the Tubbs in Coeur d'Alene on July 18th.
- Linda Chapman has steadily continued to update our LMSC standards.
- Our NW Zone Championship Order of Pool Events has been updated.
- Dave Cabrey has meet with LMSC webmasters concerning email aliases.
- NW Zone swimmers have set more records at LCM Nationals in Sacramento.
- NW Zone financial policies have been updated.

And I have gone to England to support my friend, Christine Turpin in her English Channel swim – what fun.



Thank you and congratulations everyone.

We'll have our Zone annual meeting on August 27th. I look forward to seeing your faces again.

Jill Wright, NW Zone Chair

Zone News

- Next Zone meeting (in conjunction with the Annual meeting) – **Aug 27, 2026** – at **5:00 pm Alaska, 6:00 pm Pacific** and **7:00 pm Mountain**.
- The **Kroc Open Water "Around Tubbs Hill Swim"** and **NW Zone OW Championships** was held on Jul 18, 2026 in Coeur d'Alene, ID.
- The **2026 USMS Annual Meeting** will be held virtually on **Sep 18-19, 2026**.
- **2026 Volunteer Relay** and **2026 National Coaches Clinic** will be held **Sep 25-27, 2026** in Denver, CO

Report from At-Large Director (NW Zone)

The board is actively involved in looking at the structure of our governance model, and are reviewing and approving the recommendations that our consulting firm has suggested. A roadmap is being developed to integrate some of these changes, starting in October and continuing through 2030. The changes we are looking at are all intended to make our organization run more efficiently in the modern age, with nearly 70,000 members, and will not change any of our on-deck or meet participation experiences. We recently held a zoom meeting with several of our zone leaders and Dawson to address some zone concerns about our upcoming Club designation changes. These types of interactions will continue as new issues are addressed.

Overall USMS membership numbers for 2026 are still slightly ahead our budgeted forecast. Grown Up Swimming membership is still expanding in '26, and we still project turning a profit on that venture in 2026. CCS registrations are up as well.

If anyone has specifics questions as to any of the Board activities, I'm happy to help out. Just email me your questions to boatyme@hotmail.com.

Rob Heath, NW Zone At-Large Director

Reports from LMSC chairs

Note: All membership data and officer information are from USMS website as of **Aug 21, 2026**.

Alaska

Membership **2025 – 2026 (to date):** 236 members, 2 clubs, 8 workout groups under club AKMS
 2025 (final): 269 members, 4 clubs, 8 workout groups under club AKMS

Elected Officers

Chair *Kent Hamilton*
Vice-chair *Vacant*
Secretary *Vacant*
Treasurer *Shannon Titzel*

Other board members

Membership Coordinator *Angie Brennan*
Sanctions *Signe Johannes*
Top Ten *Kent Hamilton*
Communications/Webmaster *Ken Winterberger*
Open Water *Kevin Knox*
Awards *Michelle Turinsky*
Past Chair *Ken Winterberger*

Recent and Upcoming events/Notable News:

- *From Kent* – “Alaska has been pretty quiet lately. No meets on the horizon, no items of note, and no updates to the board.”
- The Alaska LMSC delegate to the Annual Meeting is **Kent Hamilton**.

Inland Northwest

Membership **2025 – 2026 (to date):** 454 members, 11 clubs, no workout groups
 2025 (final): 474 members, 12 clubs, no workout groups

Elected Officers

Chair *Rob Heath*
Vice-chair *Michael Hamm*
Secretary *Brian Johnson*
Treasurer *Scott Neuhaus*

Other board members

Past Chair *Matt Bronson*
Membership Coordinator *Sean Murphy*
Top Ten *Margaret Hair*
Sanctions, Editor, Safety *Paige Buehler*
Coaches *Michael Hamm*
Officials *Wes Bratton*
Webmaster *Dave Cabrey*

Recent/Upcoming events and Notable news:

- The **2026 IE VS Starlight Open** (LCM; Dual Sanction) was held Jun 19-21 in Wenatchee, WA with 42 swimmers.
- The **Kroc Open Water “Around Tubbs Hill” Swim** (and NW Zone Open Water Championship) was held July 18 in Coeur d’Alene, ID.
- Annual YMCA Masters Meet – **Oct 2026** (dates TBD) – Whitworth University, Spokane, WA.
- The Inland Northwest delegates to the Annual Meeting are **Paige Buehler** and **Alex McAnally**.

Montana

Membership **2025 – 2026 (to date):** 188 members, 2 clubs, 4 workout groups under club BSMT
 2025 (final): 210 members, 2 clubs, 4 workout groups under club BSMT

Elected Officers

Chair	<i>Mark Brooke</i>
Vice-chair	<i>Maureen Porter</i>
Secretary	<i>Jennie Boulerville</i>
Treasurer	<i>Karen Simpson</i>

Other board members

Immediate Past Chair	<i>Jeanne Ensign</i>	Officials	<i>Susan Huckleby</i>
Membership Coordinator	<i>Jennifer Turchin</i>	Webmaster	<i>Steven Kothen-Hill</i>
Sanctions	<i>Susan Huckleby</i>	Club Rep BSMT	<i>Bill Hughes</i>
Top Ten & Records	<i>Josh Huckleby</i>	Club Rep BOZE	<i>Sara Wussow</i>
Coaches	<i>Open</i>		

Recent/Upcoming events and Notable news:

- *From Mark* – “No meets on the horizon; summer open water swimming season is wrapping up in Montana with lots of miles and many smiles.”
- The Montana LMSC delegate to the Annual Meeting is **Karen Simpson**.

Oregon

Membership **2025– 2026 (to date):** 1,266 members, 3 clubs, 28 workout groups under club OREG
 2025 (final): 1,335 members, 5 clubs, 28 workout groups under club OREG

Elected Officers

Chair	<i>Vacant</i>
Vice-chair	<i>Paul Windrath</i>
Secretary	<i>Julie Baker</i>
Treasurer	<i>Doug Christensen</i>

Other board members

Sanctions	<i>Paul Windrath</i>	OW/Long Distance	<i>Bob Bruce</i>
Membership Coordinator	<i>Christina Fox</i>	Records	<i>Stephen Darnell</i>
Club Development	<i>Vacant</i>	USMS Rep	<i>Sandi Rousseau</i>
Top Ten	<i>MJ Caswell</i>	Souvenirs	<i>Vacant</i>
Coaches	<i>Paul Frentzos</i>	Awards	<i>Jayette Pettit</i>
Officials	<i>Jacki Allender</i>	Data Manager	<i>Gary Whitman</i>
Communications	<i>Angela Fadlovich</i>	Safety	<i>Joy Ward</i>
Fitness	<i>Vacant</i>	OREG Club Representative	<i>Nancy Vincent</i>
Webmaster	<i>Geneva Olson</i>	Past Chair	<i>Tim Waud</i>
Adult Learn-to-Swim	<i>Marci Wright</i>		
	<i>Cheryl Morgen</i>		

Recent events – full results [here](#)

- The **32th Annual Cascade Lakes Swim Series & Festival** was held Aug 9, 2026 at Elk Lake, OR with 62 swimmers, as well as USA Swimming participants.
- The **19th Annual Central Oregon Coast Swims** were held Aug 22, 2026 at Eel Lake, OR.

Upcoming events – registration available or coming soon [here](#)

- 2026 GACC SCM Summer Sunshine Meet – **Aug 29, 2026** – Camas, WA.
- 2026 16th Annual Bend All-Around Challenge SCM Pentathlon Meet (SCM) – **Oct 24, 2026** – Bend, OR.

- 2026 PAC SCY November Splash Meet (SCY) – **Nov 1, 2026** – Portland, OR.
- 2026 Clark County YMCA SCY Christmas Meet (SCY) – **Dec 13, 2026** – Vancouver, WA.
- 2027 Multnomah Athletic Club SCM Masters Meet (SCM) – **Jan 31, 2027** – Portland, OR.

Notable news:

- The Oregon LMSC was represented by 33 swimmers at 2026 Summer Nationals in Sacramento with the Oregon Masters Club placing 1st in the Regional Club category.
- The Oregon LMSC Board Retreat is scheduled for Oct 18, 2026.
- ALTS activity has been extensive in 4-5 locations in the LMSC.
- The Oregon LMSC delegates to the 2026 USMS Annual Meeting, which is being held virtually on Sep 18-19, are **MJ Caswell, Christina Fox** (automatic – Rules), **Sandi Rousseau, Nancy Vincent, Paul Windrath**.
- The Oregon LMSC has 4 coaches attending the 2026 National Coaches Clinic – **Paul Frentsos, Tere O'Rourke, Tom Phipps, Tim Waud** – and one 2026 Volunteer Relay attendee – **Nancy Vincent**.
- The LMSC is investigating having **Glenn Mills** run a clinic in Spring 2027.

Pacific Northwest

Membership: **2025 – 2026 (to date):** 1,702 members, 11 clubs, 20 workout groups under club PSM
2025 (final): 2,040 members, 15 clubs, 20 workout groups under club PSM

Mid year details:

PNA MEMBERSHIP BY MONTH AND YEAR																
2026 Thru 07-31-2026																
YEAR	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	Thru Jul 31	Full Year	YTD Diff	YTD Diff %
2026	489	595	214	55	75	73	70	56	46	8			1684	1571		
2025	420	672	267	94	100	58	94	70	80	54	73	54	1705	2036	-225	-12%
2024	309	656	332	81	88	61	80	72	52	57	68	69	1607	1925	-105	-6%

Elected Officers

Chair	<i>Linda Chapman</i>
Vice-chair	<i>Vacant</i>
Secretary	<i>Steve Peterson</i>
Treasurer	<i>Brent Barnes</i>
At-Large Directors	<i>Kathy Casey</i> <i>Dave Scott</i>

Other voting board members

Past President	<i>Sally Dillon</i>
Membership	<i>Linda Chapman</i>
Bylaws and Open Water	<i>Jim Davidson</i>
Meets	<i>Lorraine Masse</i>
Appointed Directors	<i>Dan Underbrink</i> <i>Bob DeWard</i>
Club Directors	<i>Kim Boggs</i> <i>Doug Jelen</i>

Non-voting coordinators

Awards & meet box	<i>Dan Underbrink</i>
Coaches	<i>Diana Hermanson</i>
Fitness/Clinics	<i>Vacant</i>
Club and Team Development	<i>Sally Dillon</i>
Historian	<i>Walt Reid</i>
Newsletter/Social media	<i>Vacant</i>
Officials	<i>Dave Baer</i>
Virtual events	<i>Sally Dillon</i>
Records/Top Ten	<i>Doug Jelen</i>
Webmaster	<i>Dave Scott</i>

Recent events:

- The **Whidbey Adventure Swim** (1.2 and 2.4 mile courses) was held Jun 1, 2026 in Langley, WA.
- The **Fat Salmon Swim** (3.2 mile course) was held Jul 26, 2026 in Seattle, WA.

Upcoming events – registration available or coming soon [here](#)

- BAMFest 2026 (SCY) – **Oct 11, 2026** – Bremerton, WA
- Snohomish Invite (SCY) – **Nov 8, 2026** – Snohomish, WA
- PSM SCM Championships – **Nov 21-22, 2026** – WKCAC, Federal Way, WA.
- Thunderbird Masters Meet (SCY) – **Jan 17, 2027** – Anacortes, WA

Notable news

- The Pacific Northwest delegates to the Annual Meeting are **Kathy Casey** (automatic – Rules), **Linda Chapman** (LMSC), **Jim Davidson** (automatic – Long Distance), **Sally Dillon** (LMSC), and **Maddie Sibia** (automatic – Legislation)

Snake River

Membership **2025 – 2026 (to date):** 124 members 5 clubs, no workout groups
 2025 (final): 138 members, 3 clubs, no workout groups

Elected Officers

Chair	<i>Jim Clemmons</i>
Vice-chair	<i>Jeff Erwin</i>
Secretary	<i>Vacant</i> <i>(Jim Clemmons acting)</i>
Treasurer	<i>David Murphy</i>

Other board members

Membership Coordinator	<i>Jill Wright</i>	Editor	<i>Vacant</i>
Sanctions	<i>Paula Moores</i>	Webmaster	<i>Jim Mesplay</i>
Top Ten	<i>Ellen Reynolds</i>	Fitness	<i>Lisa Rankin-Galane</i>
Coaches	<i>Victoria Caulum</i>	Open Water/Virtual Swims	<i>Jill Wright</i>
Officials	<i>Teri White</i>		

Recent/Upcoming events

- The **Broadside Harbor One and Two Mile Open Water Swims** were held Jun 20, 2026 in Caldwell ID with 51 swimmers
- Idaho Senior Games – **Aug 22, 2026** – Meridian, ID
- Spooky in Nampa Masters Swim Meet (SCY) – **Oct 17, 2026** – Nampa, ID

Notable news

- The Snake River LMSC Board voted to fund six months of lane rental at the Nampa Rec Center for Sawtooth Masters to expand its program offerings in the Treasure Valley. The expansion is expected to begin September 30 and may become a workout group, depending on the results of the trial period.
- The Snake River delegate to the Annual Meeting is **Jim Clemmons**.

Utah

Membership 2025 – 2026 (to date): 458 members, 16 clubs, no workout groups

2025 (final): 437 members, 16 clubs, no workout groups

Elected Officers

Chair	<i>Aaron Norton</i>
Vice-chair	<i>Jerry Treiman</i>
Secretary	<i>Sydney Olson</i>
Treasurer	<i>Joe Linford</i>

Appointed Board Members

Membership Coordinator/Webmaster	<i>Bruce Schroeder</i>
Sanctions	<i>Anna Forest</i>
Clubs	<i>Aaron Norton</i>
Coaches and Open Water/Virtual	<i>Both open</i>
Triathlete	<i>Dawn Martindale</i>
Top Ten/Records	<i>Jerry Treiman</i>

Recent/Upcoming events and Notable news

- The **Speed Lake City 2026 Meet** (LCM; dual sanctioned) was held on Jun 5-6 with 48 swimmers.
- A **Faster Freestyle Clinic** with **Karlyn Pipes** was held on Jul 25, 2026 with about 25 swimmers.
- The **Annual Tour of Utah Lakes** was held in Aug 2026 with about 25 swimmers.
- South Davis Annual Masters Meet (20th Anniversary!) – **Nov 2026** (dates TBD) – Bountiful, UT
- The Utah LMSC delegates to the Annual Meeting are **Jerry Treiman** and **Anna-Marie Forest** and Relay 2026 attendees are **Bruce Schroeder**, **Leif Ones**, and **Sydney Olsen**