

## NW Zone SCY Records -- as of 5/05/2026

### MEN 18-24

0:20.41	04/09/00	OREG	Michael Burton	50	Yd.	Free	Reva Zacharias
0:45.90	04/26/92	OREG	John Keppeler	100	Yd.	Free	Reva Zacharias
1:41.45	04/26/92	OREG	John Keppeler	200	Yd.	Free	Paloma Dinkel
4:49.97	05/20/07	PNA	David Whitbeck	500	Yd.	Free	Amanda Clark
9:58.85	04/13/13	PSM	Bruce Deakyne	1000	Yd.	Free	Cristy Ryerson
16:43.38	04/13/13	PSM	Bruce Deakyne	1650	Yd.	Free	Lisa O'Brien
0:24.19	04/26/92	OREG	John Keppeler	50	Yd.	Back	Reva Zacharias
0:51.22	10/19/91	OREG	John Keppeler	100	Yd.	Back	Jordan King
1:50.28	04/26/92	OREG	John Keppeler	200	Yd.	Back	M. Jenkins
0:25.64	04/09/00	OREG	Michael Burton	50	Yd.	Breast	Katie Kaestner
0:55.86	04/09/00	OREG	Michael Burton	100	Yd.	Breast	Katie Kaestner
2:08.41	04/10/11	PNA	Bryson Chiu	200	Yd.	Breast	Katie Kaestner
0:22.41	04/12/26	PSM	Almaz Faskhutdinov	50	Yd.	Fly	Jordan King
0:50.62	05/01/11	PNA	Chris Chapman	100	Yd.	Fly	Jordan King
1:57.20	03/28/09	PNA	Eddie Switaj	200	Yd.	Fly	Jordan King
0:52.95	04/15/18	PSM	Sivan Mehta	100	Yd.	I. M.	Paloma Dinkel
1:59.34	04/10/11	PNA	Bryson Chiu	200	Yd.	I. M.	Paloma Dinkel
4:04.34	04/26/92	OREG	John Keppeler	400	Yd.	I. M.	Megan Foley

### WOMEN 18-24

0:24.15	11/07/21	PSM	Reva Zacharias	50	Yd.	Free	Reva Zacharias
0:53.47	11/07/21	PSM	Reva Zacharias	100	Yd.	Free	Reva Zacharias
1:53.41	04/15/12	PNA	Paloma Dinkel	200	Yd.	Free	Paloma Dinkel
5:16.78	04/09/17	PSM	Amanda Clark	500	Yd.	Free	Amanda Clark
11:00.74	03/24/96	OREG	Cristy Ryerson	1000	Yd.	Free	Cristy Ryerson
17:55.50	04/06/86	PNA	Lisa O'Brien	1650	Yd.	Free	Lisa O'Brien
0:27.93	11/07/21	PSM	Reva Zacharias	50	Yd.	Back	Reva Zacharias
0:57.98	04/12/14	PSM	Jordan King	100	Yd.	Back	Jordan King
2:10.34	05/18/97	PNA	M. Jenkins	200	Yd.	Back	M. Jenkins
0:29.51	05/13/18	PSM	Katie Kaestner	50	Yd.	Breast	Katie Kaestner
1:04.14	05/13/18	PSM	Katie Kaestner	100	Yd.	Breast	Katie Kaestner
2:23.61	05/13/18	PSM	Katie Kaestner	200	Yd.	Breast	Katie Kaestner
0:25.79	04/13/14	PSM	Jordan King	50	Yd.	Fly	Jordan King
0:56.87	04/13/14	PSM	Jordan King	100	Yd.	Fly	Jordan King
2:02.45	04/13/14	PSM	Jordan King	200	Yd.	Fly	Jordan King
0:57.95	04/15/12	PNA	Paloma Dinkel	100	Yd.	I. M.	Paloma Dinkel
2:04.30	04/15/12	PNA	Paloma Dinkel	200	Yd.	I. M.	Paloma Dinkel
4:46.52	04/06/14	OREG	Megan Foley	400	Yd.	I. M.	Megan Foley

### MEN 25-29

0:20.20	04/13/25	PSM	Matthew Cole	50	Yd.	Free	Megan Jendrick
0:44.60	12/13/18	PSM	Roman Rybin	100	Yd.	Free	Megan Jendrick
1:38.64	04/30/95	OREG	John Keppeler	200	Yd.	Free	Sara Shand
4:45.53	05/23/93	UTAH	Dennis Tesch	500	Yd.	Free	Sara Quan
9:46.61	11/03/24	OREG	Simon Shi	1000	Yd.	Free	Sara Quan
16:23.31	05/23/93	UTAH	Dennis Tesch	1650	Yd.	Free	Sara Quan
0:23.84	04/15/12	PNA	Chris Roth	50	Yd.	Back	Joanna Wu
0:50.47	04/13/25	PSM	Brian Woodbury	100	Yd.	Back	Diana MacManus
1:48.47	04/30/95	OREG	John Keppeler	200	Yd.	Back	Jordan King
0:25.63	04/12/26	PSM	Jonathan Cook	50	Yd.	Breast	Megan Jendrick
0:53.47	04/27/25	INW	Daniel Roy	100	Yd.	Breast	Megan Jendrick
1:55.46	04/27/25	INW	Daniel Roy	200	Yd.	Breast	Megan Jendrick
0:21.06	12/13/18	PSM	Roman Rybin	50	Yd.	Fly	Megan Jendrick
0:46.92	12/13/18	PSM	Roman Rybin	100	Yd.	Fly	Kendra Chernoff
1:52.34	04/13/14	PSM	Chris Chapman	200	Yd.	Fly	Sara Shand
0:50.38	04/14/24	PSM	Daniel Chang	100	Yd.	I. M.	Megan Jendrick
1:51.06	04/27/25	INW	Daniel Roy	200	Yd.	I. M.	Megan Jendrick
4:08.77	04/06/18	UC31	Jake Querciagrossa	400	Yd.	I. M.	Sara Shand

### WOMEN 25-29

0:23.19	02/21/10	PNA	Megan Jendrick	50	Yd.	Free	Megan Jendrick
0:49.70	02/21/10	PNA	Megan Jendrick	100	Yd.	Free	Megan Jendrick
1:51.80	01/01/91	UTAH	Sara Shand	200	Yd.	Free	Sara Shand
5:08.39	02/27/02	OREG	Sara Quan	500	Yd.	Free	Sara Quan
10:37.01	05/14/02	OREG	Sara Quan	1000	Yd.	Free	Sara Quan
17:20.92	02/27/02	OREG	Sara Quan	1650	Yd.	Free	Sara Quan
0:26.19	04/16/23	BWAQ	Joanna Wu	50	Yd.	Back	Joanna Wu
0:59.35	04/01/12	HMS	Diana MacManus	100	Yd.	Back	Diana MacManus
2:10.23	04/11/15	PSM	Jordan King	200	Yd.	Back	Jordan King
0:27.14	02/21/10	PNA	Megan Jendrick	50	Yd.	Breast	Megan Jendrick
0:59.58	02/06/10	PNA	Megan Jendrick	100	Yd.	Breast	Megan Jendrick
2:09.05	02/06/10	PNA	Megan Jendrick	200	Yd.	Breast	Megan Jendrick
0:24.86	02/21/10	PNA	Megan Jendrick	50	Yd.	Fly	Megan Jendrick
0:56.25	04/09/17	OREG	Kendra Chernoff	100	Yd.	Fly	Kendra Chernoff
2:10.32	01/01/91	UTAH	Sara Shand	200	Yd.	Fly	Sara Shand
0:54.43	02/06/10	PNA	Megan Jendrick	100	Yd.	I. M.	Megan Jendrick
1:59.69	02/06/10	PNA	Megan Jendrick	200	Yd.	I. M.	Megan Jendrick
4:28.40	04/14/91	UTAH	Sara Shand	400	Yd.	I. M.	Sara Shand

### MEN 30-34

0:21.37	04/15/18	PSM	Peter Lorrington	50	Yd.	Free	Erica Cenci
0:45.85	04/11/09	PNA	Brian Wisniewski	100	Yd.	Free	Erica Cenci
1:40.22	04/11/09	PNA	Brian Wisniewski	200	Yd.	Free	Erica Cenci
4:41.93	04/12/15	PSM	Eddie Switaj	500	Yd.	Free	Leissa Mills
9:45.44	04/12/15	PSM	Eddie Switaj	1000	Yd.	Free	Allison Cox
15:51.57	05/12/96	SAWS	Jeff Erwin	1650	Yd.	Free	Margee Curran
0:23.32	01/01/98	MM	David Berkoff	50	Yd.	Back	Coulter / Paglini
0:50.34	01/01/98	MM	David Berkoff	100	Yd.	Back	Katie Paglini
1:56.33	04/11/09	PNA	Brian Wisniewski	200	Yd.	Back	Katie Paglini
0:26.17	04/14/19	PSM	Jakub Kotynia	50	Yd.	Breast	Julia Hasson
0:58.00	04/14/19	PSM	Jakub Kotynia	100	Yd.	Breast	Julia Hasson
2:09.53	04/07/02	OREG	Greg Latta	200	Yd.	Breast	Julia Hasson
0:21.30	04/14/24	PSM	Roman Rybin	50	Yd.	Fly	Katie Paglini
0:46.90	04/14/24	PSM	Roman Rybin	100	Yd.	Fly	Kathy Blandford
1:54.11	05/23/93	UTAH	Michael Makarczyk	200	Yd.	Fly	Kathy Blandford
0:51.84	04/14/24	PSM	Roman Rybin	100	Yd.	I. M.	Erica Cenci
1:56.51	04/07/02	OREG	Greg Latta	200	Yd.	I. M.	Maureen Rea
4:13.79	04/12/15	PSM	Eddie Switaj	400	Yd.	I. M.	Colleen Phillips

### WOMEN 30-34

0:24.17	10/30/16	PSM	Erica Cenci	50	Yd.	Free	Erica Cenci
0:52.58	10/30/16	PSM	Erica Cenci	100	Yd.	Free	Erica Cenci
1:55.02	02/21/16	PSM	Erica Cenci	200	Yd.	Free	Erica Cenci
5:11.86	04/26/92	OREG	Leissa Mills	500	Yd.	Free	Leissa Mills
10:57.30	04/09/17	PSM	Allison Cox	1000	Yd.	Free	Allison Cox
18:05.54	04/14/96	PNA	Margee Curran	1650	Yd.	Free	Margee Curran
0:28.04	04/11/10	PNA-AK	Coulter / Paglini	50	Yd.	Back	Coulter / Paglini
0:59.11	02/09/14	AKMS	Katie Paglini	100	Yd.	Back	Katie Paglini
2:09.27	02/09/14	AKMS	Katie Paglini	200	Yd.	Back	Katie Paglini
0:29.70	04/27/25	AKMS	Julia Hasson	50	Yd.	Breast	Julia Hasson
1:04.24	04/27/25	AKMS	Julia Hasson	100	Yd.	Breast	Julia Hasson
2:20.71	04/27/25	AKMS	Julia Hasson	200	Yd.	Breast	Julia Hasson
0:26.39	02/09/14	AKMS	Katie Paglini	50	Yd.	Fly	Katie Paglini
0:59.07	05/17/02	AKMS	Kathy Blandford	100	Yd.	Fly	Kathy Blandford
2:11.64	05/17/02	AKMS	Kathy Blandford	200	Yd.	Fly	Kathy Blandford
1:00.59	10/30/16	PSM	Erica Cenci	100	Yd.	I. M.	Erica Cenci
2:13.21	05/20/07	PNA	Maureen Rea	200	Yd.	I. M.	Maureen Rea
4:49.69	04/11/10	PNA	Colleen Phillips	400	Yd.	I. M.	Colleen Phillips

### MEN 35-39

0:20.73	01/01/94	UTAH	Kevin DeForrest	50	Yd.	Free	Sheri Hart
0:46.04	04/30/00	UTAH	Pat Hayes	100	Yd.	Free	Gracie Goddard
1:41.80	04/30/00	UTAH	Pat Hayes	200	Yd.	Free	Robynn Masters
4:41.81	05/16/02	SAWS	Jeff Erwin	500	Yd.	Free	Robynn Masters
9:33.79	05/16/02	SAWS	Jeff Erwin	1000	Yd.	Free	Robynn Masters
15:53.88	05/18/03	SAWS	Jeff Erwin	1650	Yd.	Free	Robynn Masters
0:23.79	04/26/15	PSM	Trever Gray	50	Yd.	Back	Sheri Hart
0:51.43	04/26/15	PSM	Trever Gray	100	Yd.	Back	Sheri Hart
1:51.95	04/26/15	PSM	Trever Gray	200	Yd.	Back	Sara Shepherd
0:27.07	04/21/06	OREG	Greg Latta	50	Yd.	Breast	Jayna Tomac
0:57.78	04/30/17	AKMS	Jakub Jiracek	100	Yd.	Breast	Jayna Tomac
2:05.35	04/30/17	AKMS	Jakub Jiracek	200	Yd.	Breast	Svetlana Karpeeva
0:22.93	01/01/94	UTAH	Kevin DeForrest	50	Yd.	Fly	Sonja Skinner
0:50.30	05/18/03	AKMS	Michael Sorensen	100	Yd.	Fly	Susanne Simpson
1:52.56	06/20/01	OREG	Dennis Baker	200	Yd.	Fly	Susanne Simpson
0:53.85	01/01/94	UTAH	Kevin DeForrest	100	Yd.	I. M.	Sheri Hart
1:55.56	04/30/17	AKMS	Jakub Jiracek	200	Yd.	I. M.	Sara Shepherd
4:10.08	04/30/17	AKMS	Jakub Jiracek	400	Yd.	I. M.	Robynn Masters

### WOMEN 35-39

0:24.18	04/03/11	PNA	Sheri Hart	50	Yd.	Free	Sheri Hart
0:53.40	12/07/97	OREG	Gracie Goddard	100	Yd.	Free	Gracie Goddard
1:57.50	05/21/95	UTAH	Robynn Masters	200	Yd.	Free	Robynn Masters
5:13.65	05/21/95	UTAH	Robynn Masters	500	Yd.	Free	Robynn Masters
10:41.76	05/21/95	UTAH	Robynn Masters	1000	Yd.	Free	Robynn Masters
17:39.45	05/21/95	UTAH	Robynn Masters	1650	Yd.	Free	Robynn Masters
0:27.60	02/05/11	PNA	Sheri Hart	50	Yd.	Back	Sheri Hart
0:57.34	04/03/11	PNA	Sheri Hart	100	Yd.	Back	Sheri Hart
2:08.03	05/01/22	OREG	Sara Shepherd	200	Yd.	Back	Sara Shepherd
0:32.17	05/01/08	OREG	Jayna Tomac	50	Yd.	Breast	Jayna Tomac
1:09.52	05/01/08	OREG	Jayna Tomac	100	Yd.	Breast	Jayna Tomac
2:31.09	04/14/24	PSM	Svetlana Karpeeva	200	Yd.	Breast	Svetlana Karpeeva
0:26.69	04/26/15	OREG	Sonja Skinner	50	Yd.	Fly	Sonja Skinner
1:00.42	04/30/00	INW	Susanne Simpson	100	Yd.	Fly	Susanne Simpson
2:13.41	04/30/00	INW	Susanne Simpson	200	Yd.	Fly	Susanne Simpson
0:58.88	04/03/11	PNA	Sheri Hart	100	Yd.	I. M.	Sheri Hart
2:13.96	04/28/19	OREG	Sara Shepherd	200	Yd.	I. M.	Sara Shepherd
4:46.23	05/08/98	UTAH	Robynn Masters	400	Yd.	I. M.	Robynn Masters

## NW Zone SCY Records -- as of 5/05/2026

MEN 40-44					WOMEN 40-44					
0:21.53	02/23/20	UC35	Atiba Wade	50	Yd.	Free	Sheri Hart	PNA	05/01/11	0:23.92
0:47.96	01/01/07	UTAH	Pat Hayes	100	Yd.	Free	Sheri Hart	PNA	05/01/11	0:51.86
1:43.69	04/09/05	OREG	Dennis Baker	200	Yd.	Free	Suzanne Simpson	INWM	05/17/02	1:56.14
4:41.58	04/21/06	OREG	Dennis Baker	500	Yd.	Free	Suzanne Simpson	INWM	05/17/02	5:13.14
9:37.46	05/20/07	SAWS	Jeff Erwin	1000	Yd.	Free	Haleigh Werner	PSM	05/09/13	10:51.34
16:01.00	05/10/09	SAWS	Jeff Erwin	1650	Yd.	Free	Suzanne Simpson	INWM	05/17/02	17:53.81
0:24.82	04/15/18	PSM	Trever Gray	50	Yd.	Back	Sheri Hart	PNA	05/01/11	0:26.12
0:51.81	02/21/16	PSM	Trever Gray	100	Yd.	Back	Sheri Hart	PNA	05/01/11	0:56.03
1:57.17	04/29/12	PNA	John Keppeler	200	Yd.	Back	Ellen Reynolds	SAWS	04/04/09	2:10.67
0:27.05	04/03/11	OREG	Brad Bachulis	50	Yd.	Breast	Leslie Kragt	OREG	06/24/24	0:30.79
0:59.05	04/09/17	OREG	John Rasmussen	100	Yd.	Breast	Leslie Kragt	OREG	06/24/24	1:06.37
2:07.92	04/09/17	OREG	John Rasmussen	200	Yd.	Breast	Leslie Kragt	OREG	06/24/24	2:27.89
0:23.19	04/27/25	AKMS	Lucas Petersen	50	Yd.	Fly	Sheri Hart	PNA	05/01/11	0:26.25
0:51.32	04/09/16	PSM	Trever Gray	100	Yd.	Fly	Suzanne Simpson	INWM	05/20/01	0:59.72
1:50.61	04/14/02	OREG	Dennis Baker	200	Yd.	Fly	Suzanne Simpson	INWM	05/20/01	2:10.34
0:53.78	04/14/19	PSM	Trever Gray	100	Yd.	I. M.	Sheri Hart	PNA	05/01/11	0:58.38
1:55.47	04/09/16	PSM	Trever Gray	200	Yd.	I. M.	Sara Shepherd	OREG	04/28/24	2:12.88
4:20.17	04/10/04	OREG	Dennis Baker	400	Yd.	I. M.	Haleigh Werner	PNA	05/01/11	4:50.69
MEN 45-49					WOMEN 45-49					
0:22.31	05/04/14	OREG	Michael Boosin	50	Yd.	Free	Lisa Dahl	PNA	05/23/10	0:24.63
0:49.06	01/27/19	OREG	Kurt Grote	100	Yd.	Free	Ellen Reynolds	SAWS	05/23/10	0:53.71
1:45.04	05/20/07	OREG	Dennis Baker	200	Yd.	Free	Ellen Reynolds	SAWS	05/23/10	1:56.99
4:39.10	05/20/07	OREG	Dennis Baker	500	Yd.	Free	Haleigh Werner	PSM	05/04/14	5:21.00
9:48.64	05/01/11	SAWS	Jeff Erwin	1000	Yd.	Free	Haleigh Werner	PSM	05/04/14	10:50.84
16:08.05	05/23/10	SAWS	Jeff Erwin	1650	Yd.	Free	Susanne Simpson	INWM	05/22/05	18:03.61
0:25.00	04/10/22	PSM	Trever Gray	50	Yd.	Back	Ellen Reynolds	SAWS	05/01/11	0:27.53
0:54.09	05/19/19	OREG	Mike Self	100	Yd.	Back	Ellen Reynolds	SAWS	05/23/10	0:57.83
2:00.08	04/09/17	OREG	Mike Self	200	Yd.	Back	Ellen Reynolds	SAWS	11/17/13	2:06.28
0:26.91	05/01/11	OREG	James Corbeau	50	Yd.	Breast	Jayna Tomac	OREG	04/09/17	0:32.78
0:58.25	12/05/24	OREG	John Rasmussen	100	Yd.	Breast	Haleigh Werner	PSM	05/04/14	1:09.95
2:07.01	12/05/24	OREG	John Rasmussen	200	Yd.	Breast	Ellen Reynolds	SAWS	04/15/12	2:32.00
0:23.89	05/20/07	PNA	Brad Hering	50	Yd.	Fly	Lisa Dahl	PNA	05/23/10	0:26.36
0:52.76	04/22/07	OREG	Dennis Baker	100	Yd.	Fly	Arlene Delmage	OREG	05/01/08	0:59.39
1:50.73	12/06/08	OREG	Dennis Baker	200	Yd.	Fly	Arlene Delmage	OREG	05/01/08	2:14.69
0:55.13	04/28/19	OREG	Kurt Grote	100	Yd.	I. M.	Lisa Dahl	PNA	05/23/10	1:02.87
1:58.62	04/03/22	OREG	Kurt Grote	200	Yd.	I. M.	Ellen Reynolds	SAWS	05/23/10	2:11.08
4:14.17	05/20/10	OREG	Dennis Baker	400	Yd.	I. M.	Ellen Reynolds	SAWS	04/15/12	4:41.31
MEN 50-54					WOMEN 50-54					
0:22.10	04/10/11	PNA	Ned Stack	50	Yd.	Free	Lisa Dahl	PNA	05/15/11	0:25.39
0:48.25	04/12/08	AKMS	Rick Abbott	100	Yd.	Free	Ellen Reynolds	SAWS	05/10/15	0:54.98
1:47.63	04/14/24	OREG	Kurt Grote	200	Yd.	Free	Ellen Reynolds	SAWS	04/09/16	1:58.34
4:53.88	04/26/15	SAWS	Jeff Erwin	500	Yd.	Free	Ellen Reynolds	SAWS	05/10/15	5:17.05
9:57.55	04/26/15	SAWS	Jeff Erwin	1000	Yd.	Free	Ellen Reynolds	SAWS	05/10/15	11:09.00
16:28.77	04/26/15	SAWS	Jeff Erwin	1650	Yd.	Free	Ellen Reynolds	SAWS	04/15/18	18:16.11
0:25.79	04/03/22	OREG	Mike Self	50	Yd.	Back	Karen Andrus-Hughes	OREG	05/01/08	0:29.08
0:55.66	04/03/22	OREG	Mike Self	100	Yd.	Back	Ellen Reynolds	SAWS	11/23/14	0:59.72
2:01.20	04/03/22	OREG	Mike Self	200	Yd.	Back	Ellen Reynolds	SAWS	11/23/14	2:07.51
0:27.22	03/13/25	OREG	John Rasmussen	50	Yd.	Breast	Kim Crouch	PSM	02/22/15	0:33.69
0:58.25	04/06/25	OREG	John Rasmussen	100	Yd.	Breast	Kim Crouch	PSM	02/22/15	1:14.05
2:06.87	03/13/25	OREG	John Rasmussen	200	Yd.	Breast	Ellen Reynolds	SAWS	04/15/18	2:33.22
0:24.24	04/15/07	PNA	Donald Graham	50	Yd.	Fly	Christine McClafferty	OREG	03/22/26	0:27.39
0:54.71	04/25/04	PNA	Scott Lautman	100	Yd.	Fly	Christine McClafferty	OREG	03/22/26	0:59.72
2:03.04	04/25/04	PNA	Scott Lautman	200	Yd.	Fly	Christine McClafferty	OREG	03/22/26	2:14.73
0:54.55	04/12/26	OREG	Kurt Grote	100	Yd.	I. M.	Ellen Reynolds	SAWS	05/10/15	1:02.65
1:58.20	04/12/26	OREG	Kurt Grote	200	Yd.	I. M.	Ellen Reynolds	SAWS	04/15/18	2:12.57
4:14.90	04/13/25	OREG	Kurt Grote	400	Yd.	I. M.	Ellen Reynolds	SAWS	04/09/16	4:43.11
MEN 55-59					WOMEN 55-59					
0:22.90	04/18/09	ORE-AK	Tennant / Abbott	50	Yd.	Free	Karen Andrus-Hughes	OREG	05/12/13	0:26.17
0:50.29	04/12/26	PSM	Michael Ross	100	Yd.	Free	Karen Andrus-Hughes	OREG	05/12/13	0:57.35
1:49.56	05/01/11	AKMS	Rick Abbott	200	Yd.	Free	Karen Andrus-Hughes	OREG	05/12/13	2:09.20
5:01.88	08/06/09	PNA	Rick Colella	500	Yd.	Free	Holly Vaughn-Edmonds	OREG	05/19/19	5:43.14
10:56.04	04/30/17	PSM	Pete Colbeck	1000	Yd.	Free	Mary Sweat	OREG	04/06/14	12:00.51
18:18.52	05/13/18	PSM	Daniel Phillips	1650	Yd.	Free	Mary Sweat	OREG	04/06/14	19:48.78
0:25.25	04/12/26	PSM	Michael Ross	50	Yd.	Back	Valerie Jenkins	OREG	07/25/21	0:29.85
0:57.93	05/01/11	AKMS	Rick Abbott	100	Yd.	Back	Ellen Reynolds	SAWS	12/14/19	1:01.50
2:06.12	05/01/11	AKMS	Rick Abbott	200	Yd.	Back	Ellen Reynolds	SAWS	11/22/19	2:10.65
0:28.74	05/04/08	PNA	Rick Colella	50	Yd.	Breast	Mary Armstrong	PSM	04/30/23	0:33.17
1:03.07	05/04/08	PNA	Rick Colella	100	Yd.	Breast	Mary Armstrong	PSM	04/30/23	1:13.23
2:17.05	05/04/08	PNA	Rick Colella	200	Yd.	Breast	Ellen Reynolds	SAWS	12/14/19	2:36.82
0:24.52	02/11/18	PSM	Brad Hering	50	Yd.	Fly	Arlene Delmage	OREG	04/14/19	0:29.10
0:56.14	05/04/08	PNA	Scott Lautman	100	Yd.	Fly	Arlene Delmage	OREG	04/14/19	1:06.25
2:06.09	05/04/08	PNA	Scott Lautman	200	Yd.	Fly	Arlene Delmage	OREG	04/28/19	2:30.14
0:57.23	05/01/11	AKMS	Rick Abbott	100	Yd.	I. M.	Colette Crabbe	OREG	04/12/15	1:08.09
2:05.15	05/04/08	PNA	Rick Colella	200	Yd.	I. M.	Ellen Reynolds	SAWS	12/14/19	2:13.92
4:30.18	05/04/08	PNA	Rick Colella	400	Yd.	I. M.	Ellen Reynolds	SAWS	11/22/19	4:45.55

## NW Zone SCY Records -- as of 5/05/2026

MEN 60-64					WOMEN 60-64				
0:23.58	05/13/18	AKMS	Rick Abbott	50 Yd. Free	Tani Stenford	PSM	05/02/26	0:26.92	
0:52.17	04/30/17	AKMS	Rick Abbott	100 Yd. Free	Tani Stenford	PSM	05/02/26	0:58.69	
1:51.08	04/26/15	PSM	Rick Colella	200 Yd. Free	Lo Knapp	UTAH	04/30/17	2:13.00	
5:10.09	06/24/24	SAWS	Jeff Erwin	500 Yd. Free	Holly Vaughn-Edmonds	OREG	04/28/24	5:48.42	
10:52.24	04/15/12	PNA	Rick Colella	1000 Yd. Free	Holly Vaughn-Edmonds	OREG	04/06/25	12:01.89	
17:55.08	06/24/24	SAWS	Jeff Erwin	1650 Yd. Free	Lo Knapp	UTAH	04/12/15	20:31.91	
0:26.86	05/03/26	PSM	Ed Wardian	50 Yd. Back	Valerie Jenkins	OREG	04/27/25	0:30.06	
0:58.31	05/03/26	PSM	Ed Wardian	100 Yd. Back	Karen Andrus-Hughes	OREG	05/13/18	1:05.71	
2:12.85	04/12/15	PSM	David Hannula	200 Yd. Back	Tani Stenford	PSM	05/02/26	2:26.69	
0:28.76	04/26/15	PSM	Rick Colella	50 Yd. Breast	Chapman / Crabbe	PSM-ORE	05/01/16	0:35.88	
1:02.61	05/04/14	PSM	Rick Colella	100 Yd. Breast	Lo Knapp	UTAH	04/26/15	1:16.80	
2:16.71	05/04/14	PSM	Rick Colella	200 Yd. Breast	Lo Knapp	UTAH	04/26/15	2:44.73	
0:24.84	05/01/16	PSM	Donald Graham	50 Yd. Fly	Valerie Jenkins	OREG	04/27/25	0:29.09	
0:58.08	04/26/15	PSM	Donald Graham	100 Yd. Fly	Charlotte Davis	PNA	05/01/11	1:06.86	
2:12.36	02/02/13	BWAQ	Scott Lautman	200 Yd. Fly	Arlene Delmage	OREG	04/30/23	2:35.28	
0:57.23	05/09/13	PSM	Rick Colella	100 Yd. I. M.	Valerie Jenkins	OREG	04/27/25	1:08.16	
2:03.26	05/04/14	PSM	Rick Colella	200 Yd. I. M.	Colette Crabbe	OREG	12/18/16	2:28.01	
4:24.24	05/04/14	PSM	Rick Colella	400 Yd. I. M.	Colette Crabbe	OREG	04/09/17	5:20.18	
MEN 65-69					WOMEN 65-69				
0:24.26	04/14/19	PSM	Rick Colella	50 Yd. Free	Charlotte Davis	PSM	04/10/16	0:27.84	
0:52.37	04/28/19	PSM	Rick Colella	100 Yd. Free	Charlotte Davis	PSM	05/01/16	1:00.94	
1:52.57	04/30/17	PSM	Rick Colella	200 Yd. Free	Charlotte Davis	PSM	03/06/16	2:17.15	
5:05.44	04/09/17	PSM	Rick Colella	500 Yd. Free	Charlotte Davis	PSM	04/09/16	6:03.86	
11:25.42	01/31/15	UC36	Dan Kirkland	1000 Yd. Free	Charlotte Davis	PSM	04/09/16	12:30.97	
19:16.25	05/20/07	OREG	Tom Landis	1650 Yd. Free	Colette Crabbe	OREG	04/28/24	21:45.21	
0:28.46	05/09/09	OREG	Robert Smith	50 Yd. Back	Karen Andrus-Hughes	OREG	04/28/24	0:32.23	
1:03.43	05/09/09	OREG	Robert Smith	100 Yd. Back	Karen Andrus-Hughes	OREG	04/06/25	1:11.11	
2:19.93	08/17/25	PSM	Carl Haynie	200 Yd. Back	Karen Andrus-Hughes	OREG	04/06/24	2:37.90	
0:28.88	05/13/18	PSM	Rick Colella	50 Yd. Breast	Colette Crabbe	OREG	04/16/23	0:36.55	
1:02.75	04/30/17	PSM	Rick Colella	100 Yd. Breast	Colette Crabbe	OREG	04/03/22	1:20.08	
2:16.70	04/30/17	PSM	Rick Colella	200 Yd. Breast	Colette Crabbe	OREG	04/28/24	2:56.39	
0:27.00	04/14/19	PSM	Rick Colella	50 Yd. Fly	Charlotte Davis	PSM	04/10/16	0:29.91	
0:57.84	04/28/19	PSM	Rick Colella	100 Yd. Fly	Charlotte Davis	PSM	05/01/16	1:10.12	
2:08.94	04/09/17	PSM	Rick Colella	200 Yd. Fly	Colette Crabbe	OREG	04/16/23	2:44.86	
0:57.37	04/28/19	PSM	Rick Colella	100 Yd. I. M.	Charlotte Davis	PSM	04/30/17	1:10.02	
2:03.63	04/30/17	PSM	Rick Colella	200 Yd. I. M.	Colette Crabbe	OREG	04/16/23	2:33.78	
4:30.64	05/13/18	PSM	Rick Colella	400 Yd. I. M.	Colette Crabbe	OREG	04/03/22	5:32.28	
MEN 70-74					WOMEN 70-74				
0:24.64	04/30/23	PSM	Rick Colella	50 Yd. Free	Margaret Toppel	OREG	05/13/18	0:28.72	
0:53.90	04/16/23	PSM	Rick Colella	100 Yd. Free	Charlotte Davis	PSM	06/06/21	1:03.48	
1:56.50	05/01/22	PSM	Rick Colella	200 Yd. Free	Charlotte Davis	PSM	06/06/21	2:21.31	
5:11.03	11/06/22	PSM	Rick Colella	500 Yd. Free	Charlotte Davis	PSM	11/07/21	6:16.06	
11:05.03	04/16/23	PSM	Rick Colella	1000 Yd. Free	Lavelle Stoinoff	OREG	04/26/04	13:58.55	
18:30.92	04/16/23	PSM	Rick Colella	1650 Yd. Free	Lavelle Stoinoff	OREG	03/26/04	23:45.69	
0:28.79	11/06/22	PSM	Rick Colella	50 Yd. Back	Margaret Toppel	OREG	05/13/18	0:34.60	
1:01.79	11/06/22	PSM	Rick Colella	100 Yd. Back	Margaret Toppel	OREG	05/13/18	1:14.57	
2:12.65	04/16/23	PSM	Rick Colella	200 Yd. Back	Evie Lynch	OREG	04/28/24	2:47.75	
0:29.67	04/16/23	PSM	Rick Colella	50 Yd. Breast	Charlotte Davis	PSM	04/30/23	0:38.75	
1:04.95	05/01/22	PSM	Rick Colella	100 Yd. Breast	Charlotte Davis	PSM	08/22/21	1:24.44	
2:21.03	04/30/23	PSM	Rick Colella	200 Yd. Breast	Ginger Pierson	OREG	04/10/16	3:22.09	
0:26.30	04/16/23	PSM	Rick Colella	50 Yd. Fly	Charlotte Davis	PSM	11/07/21	0:31.78	
0:58.74	11/06/22	PSM	Rick Colella	100 Yd. Fly	Charlotte Davis	PSM	11/07/21	1:12.10	
2:17.30	04/30/23	PSM	Rick Colella	200 Yd. Fly	Janet Gettling	OREG	08/21/22	3:33.20	
0:59.97	05/01/22	PSM	Rick Colella	100 Yd. I. M.	Charlotte Davis	PSM	11/07/21	1:12.10	
2:10.59	05/01/22	PSM	Rick Colella	200 Yd. I. M.	Charlotte Davis	PSM	07/28/24	2:58.80	
4:43.56	05/01/22	PSM	Rick Colella	400 Yd. I. M.	Joy Ward	OREG	12/30/12	7:00.38	
MEN 75-79					WOMEN 75-79				
0:26.84	05/09/09	OREG	David Radcliff	50 Yd. Free	Charlotte Davis	PSM	05/02/26	0:29.97	
0:58.68	05/09/09	OREG	David Radcliff	100 Yd. Free	Charlotte Davis	PSM	07/27/25	1:05.59	
2:08.77	05/09/09	OREG	David Radcliff	200 Yd. Free	Charlotte Davis	PSM	05/02/26	2:27.45	
5:55.81	11/05/23	OREG	Dan Kirkland	500 Yd. Free	Charlotte Davis	PSM	07/28/25	6:43.02	
12:17.18	04/14/24	OREG	Dan Kirkland	1000 Yd. Free	Andrea Hunt	PSM	04/30/23	16:29.17	
20:25.49	05/09/09	OREG	David Radcliff	1650 Yd. Free	Andrea Hunt	PSM	04/30/23	27:55.27	
0:33.51	04/06/24	OREG	Dan Kirkland	50 Yd. Back	Margaret Toppel	OREG	04/30/23	0:36.83	
1:10.94	04/06/25	OREG	Dan Kirkland	100 Yd. Back	Joy Ward	OREG	04/15/18	1:30.02	
2:29.37	04/06/25	OREG	Dan Kirkland	200 Yd. Back	Joy Ward	OREG	05/13/18	3:14.48	
0:34.97	06/24/24	OREG	Allen Stark	50 Yd. Breast	Charlotte Davis	PSM	10/12/25	0:41.44	
1:16.54	06/24/24	OREG	Allen Stark	100 Yd. Breast	Charlotte Davis	PSM	05/02/26	1:31.57	
2:54.53	06/24/24	OREG	Allen Stark	200 Yd. Breast	Janet Gettling	OREG	04/14/24	3:43.70	
0:30.53	04/14/19	PSM	Robert Pilger	50 Yd. Fly	Charlotte Davis	PSM	10/12/25	0:33.16	
1:22.30	05/21/23	OREG	Bob Bruce	100 Yd. Fly	Janet Gettling	OREG	04/28/24	1:40.45	
3:10.24	04/30/23	OREG	Bob Bruce	200 Yd. Fly	Janet Gettling	OREG	08/20/23	3:34.22	
1:14.61	04/14/24	OREG	Dan Kirkland	100 Yd. I. M.	Charlotte Davis	PSM	07/26/25	1:16.95	
2:41.85	04/28/24	OREG	Dan Kirkland	200 Yd. I. M.	Janet Gettling	OREG	04/14/24	3:25.70	
5:46.91	04/14/24	OREG	Dan Kirkland	400 Yd. I. M.	Joy Ward	OREG	12/17/17	7:31.13	



## NW Zone SCY Records -- as of 5/05/2026

<b>MEN 100-104</b>				<b>WOMEN 100-104</b>			
0:52.18	04/16/23	OREG	Willard Lamb	50	Yd.	Free	no records
2:09.56	04/16/23	OREG	Willard Lamb	100	Yd.	Free	
4:32.38	04/16/23	OREG	Willard Lamb	200	Yd.	Free	
12:14.53	04/16/23	OREG	Willard Lamb	500	Yd.	Free	
24:52.97	04/16/23	OREG	Willard Lamb	1000	Yd.	Free	
41:11.26	04/16/23	OREG	Willard Lamb	1650	Yd.	Free	
1:00.22	04/16/23	OREG	Willard Lamb	50	Yd.	Back	
2:17.27	04/16/23	OREG	Willard Lamb	100	Yd.	Back	
4:41.83	04/16/23	OREG	Willard Lamb	200	Yd.	Back	
				50	Yd.	Breast	
				100	Yd.	Breast	
				200	Yd.	Breast	
				50	Yd.	Fly	
				100	Yd.	Fly	
				200	Yd.	Fly	
				100	Yd.	I. M.	
				200	Yd.	I. M.	
				400	Yd.	I. M.	
<b>MEN 105-109</b>				<b>WOMEN 105-109</b>			
				50	Yd.	Free	no records
				100	Yd.	Free	
				200	Yd.	Free	
				500	Yd.	Free	
				1000	Yd.	Free	
				1650	Yd.	Free	
				50	Yd.	Back	
				100	Yd.	Back	
				200	Yd.	Back	
				50	Yd.	Breast	
				100	Yd.	Breast	
				200	Yd.	Breast	
				50	Yd.	Fly	
				100	Yd.	Fly	
				200	Yd.	Fly	
				100	Yd.	I. M.	
				200	Yd.	I. M.	
				400	Yd.	I. M.	
<b>MEN 110-114</b>				<b>WOMEN 110-114</b>			
				50	Yd.	Free	no records
				100	Yd.	Free	
				200	Yd.	Free	
				500	Yd.	Free	
				1000	Yd.	Free	
				1650	Yd.	Free	
				50	Yd.	Back	
				100	Yd.	Back	
				200	Yd.	Back	
				50	Yd.	Breast	
				100	Yd.	Breast	
				200	Yd.	Breast	
				50	Yd.	Fly	
				100	Yd.	Fly	
				200	Yd.	Fly	
				100	Yd.	I. M.	
				200	Yd.	I. M.	
				400	Yd.	I. M.	
<b>MEN 115-119</b>				<b>WOMEN 115-119</b>			
				50	Yd.	Free	no records
				100	Yd.	Free	
				200	Yd.	Free	
				500	Yd.	Free	
				1000	Yd.	Free	
				1650	Yd.	Free	
				50	Yd.	Back	
				100	Yd.	Back	
				200	Yd.	Back	
				50	Yd.	Breast	
				100	Yd.	Breast	
				200	Yd.	Breast	
				50	Yd.	Fly	
				100	Yd.	Fly	
				200	Yd.	Fly	
				100	Yd.	I. M.	
				200	Yd.	I. M.	
				400	Yd.	I. M.	