

NW Zone SCM Records -- as of 1/1/2026

MEN 18-24

0:24.31	01/25/15	PSM	Jordan Reid	50	M.	Free
0:54.98	10/19/85	PNA	Steve Schmidt	100	M.	Free
2:02.93	12/14/02	AK	Pieter Dehart	200	M.	Free
4:22.25	10/20/12	PNA	Bruce Deakyne	400	M.	Free
9:02.89	10/20/12	PNA	Bruce Deakyne	800	M.	Free
17:14.21	10/20/12	PNA	Bruce Deakyne	1500	M.	Free
0:27.71	12/11/21	OREG	Matthew McComish	50	M.	Back
1:00.96	12/07/13	OREG	Connor Brenda	100	M.	Back
2:22.51	12/15/96	OREG	Matt Boles	200	M.	Back
0:29.27	08/23/25	PSM	Christian Louie	50	M.	Breast
1:04.88	08/23/25	PSM	Christian Louie	100	M.	Breast
2:37.37	11/19/06	PNA	Kyle Ciminski	200	M.	Breast
0:26.20	11/19/06	PNA	Kyle Ciminski	50	M.	Fly
0:58.97	02/19/06	PNA	Kyle Ciminski	100	M.	Fly
2:30.82	02/04/18	PSM	Nicholas Pederson	200	M.	Fly
0:59.53	08/23/25	PSM	Christian Louie	100	M.	I. M.
2:19.50	12/14/02	AK	Pieter Dehart	200	M.	I. M.
4:56.96	11/19/23	CWUSC	Nate Harris	400	M.	I. M.

WOMEN 18-24

PSM	11/18/17	0:26.85
PSM	02/04/18	1:01.76
PSM	11/20/16	2:11.73
OREG	04/15/12	4:51.51
PSM	11/20/16	9:28.88
IEM	02/08/98	19:23.66
PSM	11/24/19	0:32.60
PSM	02/04/18	1:11.70
HMS	03/03/12	2:33.89
OREG	11/18/17	0:34.01
OREG	11/18/17	1:13.97
PSM	11/18/17	2:44.57
AK-PSM	11/18/17	0:29.98
OREG	10/21/12	1:06.16
OREG	10/21/12	2:25.35
OREG	05/18/08	1:08.29
OREG	10/21/12	2:32.08
PSM	11/18/17	5:20.10

MEN 25-29

0:23.89	10/20/12	PNA	Chris Chapman	50	M.	Free
0:52.77	02/17/08	PNA	Troy Davidson	100	M.	Free
2:01.69	11/19/23	PSM	Brian Woodbury	200	M.	Free
4:20.69	10/20/12	PNA	Cejih Yung	400	M.	Free
9:13.75	11/13/16	KM	Nick Blank	800	M.	Free
17:33.98	02/05/23	OREG	Evan Edwards	1500	M.	Free
0:27.44	12/10/11	OREG	Logan Madson	50	M.	Back
0:59.48	11/19/23	PSM	Brian Woodbury	100	M.	Back
2:11.24	11/13/16	KM	Nick Blank	200	M.	Back
0:29.00	11/18/17	PSM	Jakub Kotynia	50	M.	Breast
1:04.20	11/18/17	PSM	Jakub Kotynia	100	M.	Breast
2:20.81	11/22/15	PSM	Jakub Kotynia	200	M.	Breast
0:25.25	10/21/12	PNA	Chris Chapman	50	M.	Fly
0:56.68	10/21/12	PNA	Chris Chapman	100	M.	Fly
2:10.91	05/16/98	PNA	Tom O'Brien	200	M.	Fly
0:57.34	02/11/24	PSM	Daniel Chang	100	M.	I. M.
2:14.35	11/13/16	KM	Nick Blank	200	M.	I. M.
4:40.18	02/11/24	PSM	Daniel Chang	400	M.	I. M.

WOMEN 25-29

BWAQ	11/24/19	0:26.88
OREG	11/20/05	0:58.35
KM	12/17/16	2:06.39
OREG	03/04/90	4:39.24
OREG	01/20/91	9:47.28
PNA	05/16/88	18:47.44
HMS	03/03/12	0:28.92
HMS	03/03/12	1:03.70
PNA	02/17/08	2:32.34
PNA	11/21/10	0:31.87
PNA	04/15/12	1:10.04
PNA	04/15/12	2:29.80
HMS	03/03/12	0:28.38
OREG	12/02/18	1:04.64
PNA	05/16/88	2:37.48
PNA	01/23/11	1:03.41
KM	11/13/16	2:27.77
PNA	11/22/09	5:21.25

MEN 30-34

0:24.14	04/15/12	OREG	Benjamin Weston	50	M.	Free
0:52.90	04/15/12	OREG	Benjamin Weston	100	M.	Free
1:58.16	03/02/25	UC36	Karl Mering	200	M.	Free
4:20.34	10/13/96	UTAH	Dennis Tesch	400	M.	Free
8:55.82	10/13/96	UTAH	Dennis Tesch	800	M.	Free
16:51.79	10/13/96	UTAH	Dennis Tesch	1500	M.	Free
0:27.55	11/12/22	OREG	Nicolas Morrell	50	M.	Back
1:00.35	11/12/22	OREG	Nicolas Morrell	100	M.	Back
2:16.92	03/12/23	OREG	Nicolas Morrell	200	M.	Back
0:29.28	11/18/18	PSM	Jakub Kotynia	50	M.	Breast
1:04.88	11/18/18	PSM	Jakub Kotynia	100	M.	Breast
2:30.75	12/08/19	PSM	Cejih Yung	200	M.	Breast
0:25.99	12/01/99	AK	Michael Sorenson	50	M.	Fly
0:56.55	12/01/99	AK	Michael Sorenson	100	M.	Fly
2:16.84	12/09/00	OREG	Bill Zolna	200	M.	Fly
1:00.91	04/15/12	OREG	Benjamin Weston	100	M.	I. M.
2:16.18	04/15/12	OREG	Benjamin Weston	200	M.	I. M.
4:59.60	12/05/98	OREG	Doug Stewart	400	M.	I. M.

WOMEN 30-34

OREG	10/16/11	0:27.42
OREG	12/05/10	0:58.55
OREG	12/05/10	2:06.39
OREG	12/05/10	4:31.63
OREG	12/14/02	9:45.42
OREG	12/08/24	18:52.86
AK	12/14/13	0:31.70
PSM	11/18/17	1:06.78
OREG	12/08/24	2:26.32
PNA	09/16/00	0:34.13
PSM	11/18/17	1:14.72
PNA	10/08/00	2:50.59
OREG	12/05/10	0:29.23
OREG	12/05/10	1:04.31
HSKY	05/16/88	2:31.16
PSM	11/18/17	1:06.88
OREG	12/05/10	2:22.68
PNA	10/08/00	5:33.54

MEN 35-39

0:24.87	12/02/04	PNA	Amon Emeka	50	M.	Free
0:53.62	12/07/03	OREG	John Keppeler	100	M.	Free
1:58.99	12/07/03	OREG	John Keppeler	200	M.	Free
4:16.69	12/09/00	OREG	Dennis Baker	400	M.	Free
9:03.99	12/05/99	OREG	Doug Stewart	800	M.	Free
17:28.69	02/05/23	PSM	Eddie Switaj	1500	M.	Free
0:27.92	12/07/03	OREG	John Keppeler	50	M.	Back
0:58.01	11/22/15	PSM	Trevor Gray	100	M.	Back
2:08.57	12/07/03	OREG	John Keppeler	200	M.	Back
0:31.60	02/22/20	STRG	Peter Marchesini	50	M.	Breast
1:09.30	12/14/02	OREG	John Hudson	100	M.	Breast
2:28.35	10/15/89	PNA	Greg Harrison	200	M.	Breast
0:26.22	12/02/04	PNA	Amon Emeka	50	M.	Fly
0:58.47	12/02/04	PNA	Amon Emeka	100	M.	Fly
2:08.86	12/09/00	OREG	Dennis Baker	200	M.	Fly
0:59.21	11/22/15	PSM	Trevor Gray	100	M.	I. M.
2:16.41	01/01/94	PNA	David Santos	200	M.	I. M.
4:57.03	01/01/94	PNA	David Santos	400	M.	I. M.

WOMEN 35-39

OREG	09/04/11	0:27.50
OREG	09/04/11	1:00.69
OREG	09/04/11	2:12.79
PSM	11/24/19	4:43.76
OREG	12/08/19	9:49.21
OREG	12/08/19	18:40.02
PSM	12/02/12	0:31.76
OREG	11/10/18	1:08.48
PSM	11/30/12	2:31.10
OREG	12/09/07	0:36.50
OREG	12/09/07	1:20.39
PNA	11/19/06	2:53.71
PSM	11/19/23	0:30.75
OREG	03/08/15	1:09.56
OREG	02/19/06	2:37.72
PSM	11/19/23	1:08.30
PSM	11/19/23	2:29.55
PSM	11/19/23	5:31.95

NW Zone SCM Records -- as of 1/1/2026

MEN 40-44

0:24.45	12/09/95	AK	Rick Abbott
0:53.25	12/09/95	AK	Rick Abbott
2:01.62	02/17/08	PNA	David Kays
4:20.27	02/17/08	PNA	David Kays
8:46.71	11/13/04	OREG	Dennis Baker
17:24.23	12/04/11	PNA	David Kays
0:28.51	04/15/12	OREG	Mike Self
1:02.23	04/15/12	OREG	Mike Self
2:16.51	04/15/12	OREG	Mike Self
0:30.37	04/15/12	OREG	Brad Bachulis
1:06.09	11/11/17	OREG	Kurt Grote
2:23.61	11/11/17	OREG	Kurt Grote
0:26.35	12/09/95	AK	Rick Abbott
1:01.19	04/28/13	OREG	Can Ergenekan
2:06.48	11/20/05	OREG	Dennis Baker
1:00.16	02/17/08	HMS	Roy Berg
2:12.16	02/17/08	HMS	Roy Berg
4:44.38	11/20/05	OREG	Dennis Baker

WOMEN 40-44

50	M.	Free	Amy Moorhead	PSM	11/22/15	0:27.17
100	M.	Free	Leslie Kragt	OREG	03/10/24	1:01.26
200	M.	Free	Leslie Kragt	OREG	03/10/24	2:16.08
400	M.	Free	Haleigh Werner	PNA	10/20/12	4:49.06
800	M.	Free	Lex Higlett	OREG	12/01/23	9:54.80
1500	M.	Free	Lex Higlett	OREG	12/01/23	18:59.93
50	M.	Back	Sheri Hart	PNA	01/23/11	0:30.60
100	M.	Back	Sheri Hart	PNA	01/23/11	1:05.81
200	M.	Back	Sara Shepherd	OREG	03/12/23	2:25.04
50	M.	Breast	Leslie Kragt	OREG	03/10/24	0:34.98
100	M.	Breast	Leslie Kragt	OREG	03/10/24	1:16.44
200	M.	Breast	Haleigh Werner	PNA	10/20/12	2:55.59
50	M.	Fly	Lisa Dahl	PNA	12/04/05	0:30.27
100	M.	Fly	Sonja Skinner	OREG	11/24/19	1:09.27
200	M.	Fly	Courtney Chase	KM	02/22/25	2:36.28
100	M.	I. M.	Sara Shepherd	OREG	12/09/23	1:09.34
200	M.	I. M.	Sara Shepherd	OREG	03/12/23	2:30.35
400	M.	I. M.	Lianna Badran	PSM	11/20/16	5:34.08

MEN 45-49

0:25.04	12/08/19	OREG	Kurt Grote
0:54.45	04/15/12	OREG	Michael Baele
2:01.87	11/18/18	OREG	Kurt Grote
4:19.71	11/18/18	OREG	Kurt Grote
9:07.63	10/08/00	PNA	Steve Sussex
17:41.22	12/05/15	UC36	David Kays
0:28.47	03/10/19	OREG	Mike Self
1:01.70	11/19/16	OREG	Mike Self
2:15.91	12/08/19	OREG	Kurt Grote
0:30.65	11/10/18	OREG	Kurt Grote
1:05.93	11/10/18	OREG	Kurt Grote
2:21.39	12/08/19	OREG	Kurt Grote
0:26.72	04/15/12	OREG	Michael Baele
0:58.35	11/18/06	OREG	Dennis Baker
2:06.40	11/18/06	OREG	Dennis Baker
1:01.34	11/10/18	OREG	Kurt Grote
2:10.47	12/08/19	OREG	Kurt Grote
4:49.84	11/18/18	OREG	Kurt Grote

WOMEN 45-49

50	M.	Free	Amy Moorhead	PSM	11/20/16	0:27.16
100	M.	Free	Amy Moorhead	PSM	11/20/16	1:01.74
200	M.	Free	Arlene Delmage	OREG	12/05/10	2:19.30
400	M.	Free	Sara Nelson	OREG	07/07/17	4:57.06
800	M.	Free	Susanne Simpson	IWM	02/20/05	9:42.24
1500	M.	Free	Christine McClafferty	OREG	11/06/22	19:45.02
50	M.	Back	Ellen Reynolds	SRM	11/13/10	0:31.66
100	M.	Back	Ellen Reynolds	SRM	11/01/09	1:07.21
200	M.	Back	Ellen Reynolds	SRM	11/01/09	2:27.50
50	M.	Breast	Sonja Skinner	OREG	11/19/23	0:37.02
100	M.	Breast	Colette Crabbe	OREG	11/20/05	1:20.84
200	M.	Breast	Colette Crabbe	OREG	12/14/02	2:54.05
50	M.	Fly	Lisa Dahl	PNA	11/19/06	0:30.18
100	M.	Fly	Susanne Simpson	IWM	02/20/05	1:07.99
200	M.	Fly	Susanne Simpson	IWM	02/20/05	2:29.32
100	M.	I. M.	Amy Moorhead	PSM	11/20/16	1:11.96
200	M.	I. M.	Ellen Reynolds	SRM	11/01/09	2:31.57
400	M.	I. M.	Ellen Reynolds	SRM	11/13/10	5:24.44

MEN 50-54

0:24.93	10/20/12	PNA	Ned Stack
0:55.10	05/19/03	IWM	Larry Krauser
2:01.71	12/08/24	OREG	Kurt Grote
4:20.89	12/08/24	OREG	Kurt Grote
9:15.06	11/20/16	PSM	Mats Nygren
16:53.04	12/04/16	SAWS	Jeff Erwin
0:29.04	12/07/08	OREG	Phillip Djang
1:03.43	12/07/08	OREG	Phillip Djang
2:19.03	11/19/23	OREG	Kurt Grote
0:30.75	12/08/24	OREG	Kurt Grote
1:07.09	11/19/23	OREG	Kurt Grote
2:27.84	12/08/24	OREG	Kurt Grote
0:27.04	12/10/06	PNA	Donald Graham
1:01.03	04/15/12	OREG	Dennis Baker
2:12.41	11/06/11	OREG	Dennis Baker
1:03.00	11/19/23	OREG	Kurt Grote
2:13.18	11/19/23	OREG	Kurt Grote
4:49.43	11/19/23	OREG	Kurt Grote

WOMEN 50-54

50	M.	Free	Jill Marie Asch	OREG	04/22/16	0:28.51
100	M.	Free	Ellen Reynolds	SAWS	09/28/14	1:01.41
200	M.	Free	Ellen Reynolds	SAWS	12/04/16	2:11.63
400	M.	Free	Ellen Reynolds	SAWS	12/04/16	4:40.46
800	M.	Free	Ellen Reynolds	SAWS	12/12/14	9:35.39
1500	M.	Free	Christine McClafferty	OREG	02/04/24	19:36.98
50	M.	Back	Karen Andrus-Hughes	OREG	12/07/08	0:32.13
100	M.	Back	Ellen Reynolds	SAWS	03/08/14	1:05.89
200	M.	Back	Ellen Reynolds	SAWS	03/08/14	2:22.37
50	M.	Breast	Mary Armstrong	PSM	11/24/19	0:36.31
100	M.	Breast	Kim Crouch	PSM	12/05/15	1:22.33
200	M.	Breast	Ellen Reynolds	SAWS	12/04/16	2:50.36
50	M.	Fly	Christine McClafferty	OREG	11/19/23	0:30.38
100	M.	Fly	Christine McClafferty	OREG	12/07/25	1:07.47
200	M.	Fly	Christine McClafferty	OREG	12/07/25	2:30.97
100	M.	I. M.	Ellen Reynolds	SAWS	11/18/18	1:08.79
200	M.	I. M.	Ellen Reynolds	SAWS	11/18/18	2:27.39
400	M.	I. M.	Ellen Reynolds	SAWS	09/28/14	5:10.96

MEN 55-59

0:25.38	12/13/09	OREG	Mike Tennant
0:57.19	12/12/10	AK	Rick Abbott
2:07.92	03/12/23	OREG	Daniel Jorgensen
4:33.64	03/12/23	OREG	Daniel Jorgensen
9:26.32	02/05/23	OREG	Daniel Jorgensen
18:14.38	12/04/09	PNA	William Penn
0:29.92	03/08/25	OREG	Mike Self
1:03.65	03/08/25	OREG	Mike Self
2:18.94	03/08/25	OREG	Mike Self
0:32.83	02/04/18	PSM	Daniel Phillips
1:12.89	04/29/12	HMS	Michael Hamm
2:40.84	04/29/12	HMS	Michael Hamm
0:27.76	12/13/09	PNA	Donald Graham
1:04.43	12/02/12	PSM	Donald Graham
2:25.95	02/17/08	PNA	Scott Lautman
1:06.32	11/19/23	OREG	Scot Sullivan
2:27.34	04/28/13	OREG	Patrick Allender
5:20.13	11/24/19	PSM	Daniel Phillips

WOMEN 55-59

50	M.	Free	Karen Andrus-Hughes	OREG	04/15/12	0:29.32
100	M.	Free	Karen Andrus-Hughes	OREG	04/15/12	1:05.09
200	M.	Free	Ellen Reynolds	SAWS	12/08/19	2:12.03
400	M.	Free	Holly Vaughn-Edmonds	OREG	03/10/19	5:01.21
800	M.	Free	Mary Sweat	OREG	04/15/12	10:36.34
1500	M.	Free	Mary Sweat	OREG	04/28/13	20:06.45
50	M.	Back	Karen Andrus-Hughes	OREG	04/15/12	0:33.56
100	M.	Back	Ellen Reynolds	SAWS	12/08/19	1:07.17
200	M.	Back	Ellen Reynolds	SAWS	12/08/19	2:25.27
50	M.	Breast	Kim Crouch	PSM	11/19/16	0:37.54
100	M.	Breast	Kim Crouch	PSM	11/19/16	1:23.25
200	M.	Breast	Kim Crouch	PSM	11/19/16	3:01.40
50	M.	Fly	Arlene Delmage	OREG	03/05/17	0:32.78
100	M.	Fly	Arlene Delmage	OREG	11/18/17	1:12.97
200	M.	Fly	Arlene Delmage	OREG	11/18/17	2:42.59
100	M.	I. M.	Ellen Reynolds	SAWS	11/24/19	1:10.05
200	M.	I. M.	Ellen Reynolds	SAWS	11/24/19	2:27.78
400	M.	I. M.	Ellen Reynolds	SAWS	11/24/19	5:15.72

NW Zone SCM Records -- as of 1/1/2026

MEN 60-64

0:26.20	12/07/03	OREG	Robert Smith
0:58.97	03/09/13	HMS	Larry Krauser
2:01.65	11/22/15	PSM	Rick Colella
4:44.55	02/22/20	FLOW	Mark Johnston
9:49.73	08/16/13	HMS	Larry Krauser
18:50.59	02/18/07	PNA	James McCleery
0:31.04	12/05/15	PSM	Donald Graham
1:06.99	04/28/13	OREG	Wes Edwards
2:28.90	03/10/13	OREG	Wes Edwards
0:31.51	11/22/15	PSM	Rick Colella
1:09.92	11/22/15	PSM	Rick Colella
2:37.61	11/13/11	PNA	Rick Colella
0:27.53	10/25/14	PSM	Donald Graham
1:04.27	11/22/15	PSM	Donald Graham
2:23.29	11/22/15	PSM	Rick Colella
1:04.23	03/21/15	PSM	Rick Colella
2:19.96	03/21/15	PSM	Rick Colella
5:04.54	11/13/11	PNA	Rick Colella

50	M.	Free	Karen Andrus-Hughes
100	M.	Free	Karen Andrus-Hughes
200	M.	Free	Valerie Jenkins
400	M.	Free	Holly Vaughn-Edmonds
800	M.	Free	Colette Crabbe
1500	M.	Free	Colette Crabbe
50	M.	Back	Karen Andrus-Hughes
100	M.	Back	Karen Andrus-Hughes
200	M.	Back	Karen Andrus-Hughes
50	M.	Breast	Colette Crabbe
100	M.	Breast	Colette Crabbe
200	M.	Breast	Lo Knapp
50	M.	Fly	Charlotte Davis
100	M.	Fly	Colette Crabbe
200	M.	Fly	Arlene Delmage
100	M.	I. M.	Colette Crabbe
200	M.	I. M.	Colette Crabbe
400	M.	I. M.	Colette Crabbe

WOMEN 60-64

OREG	11/18/17	0:29.88
OREG	11/18/17	1:06.16
OREG	05/28/23	2:26.96
OREG	11/12/22	5:07.33
OREG	11/19/16	10:56.23
OREG	12/04/16	20:39.25
OREG	11/18/17	0:33.75
OREG	11/10/18	1:13.53
OREG	11/11/17	2:46.26
OREG	12/04/16	0:38.87
OREG	12/04/16	1:24.39
UTAH	12/04/16	3:04.70
PNA	12/04/11	0:32.93
OREG	12/01/17	1:14.21
OREG	03/13/22	2:52.60
OREG	12/01/17	1:16.22
OREG	12/01/17	2:43.04
OREG	12/01/17	5:50.34

MEN 65-69

0:27.37	11/18/17	PSM	Rick Colella
0:58.19	11/20/16	PSM	Rick Colella
2:07.56	11/20/16	PSM	Rick Colella
4:27.91	11/18/17	PSM	Rick Colella
9:26.94	11/24/19	PSM	Rick Colella
19:19.65	01/21/18	SCM	Larry Krauser
0:32.76	11/02/08	OREG	Robert Smith
1:10.84	01/31/25	PSM	Carl Haynie
2:37.33	01/31/25	PSM	Carl Haynie
0:32.50	11/20/16	PSM	Rick Colella
1:11.82	11/24/19	PSM	Rick Colella
2:36.85	11/18/17	PSM	Rick Colella
0:29.46	05/24/19	PSM	Donald Graham
1:05.84	11/24/19	PSM	Rick Colella
2:25.35	11/18/17	PSM	Rick Colella
1:05.43	11/20/16	PSM	Rick Colella
2:20.35	11/18/18	PSM	Rick Colella
5:03.34	11/18/17	PSM	Rick Colella

50	M.	Free	Charlotte Davis
100	M.	Free	Charlotte Davis
200	M.	Free	Charlotte Davis
400	M.	Free	Charlotte Davis
800	M.	Free	Charlotte Davis
1500	M.	Free	Colette Crabbe
50	M.	Back	Karen Andrus-Hughes
100	M.	Back	Karen Andrus-Hughes
200	M.	Back	Karen Andrus-Hughes
50	M.	Breast	Colette Crabbe
100	M.	Breast	Colette Crabbe
200	M.	Breast	Colette Crabbe
50	M.	Fly	Charlotte Davis
100	M.	Fly	Charlotte Davis
200	M.	Fly	Colette Crabbe
100	M.	I. M.	Charlotte Davis
200	M.	I. M.	Colette Crabbe
400	M.	I. M.	Colette Crabbe

WOMEN 65-69

PSM	11/22/15	0:30.79
PSM	11/22/15	1:06.90
PSM	02/15/15	2:29.35
PSM	10/09/15	5:23.19
PSM	10/09/15	11:09.87
OREG	02/05/23	21:24.47
OREG	03/10/24	0:36.85
OREG	03/12/23	1:19.11
OREG	03/12/23	2:55.98
OREG	08/23/25	0:40.82
OREG	11/12/22	1:28.94
OREG	03/13/22	3:14.08
PSM	11/20/16	0:33.56
PSM	10/09/15	1:18.80
OREG	11/19/23	3:08.06
PSM	02/15/15	1:19.10
OREG	03/13/22	2:52.76
OREG	11/12/22	6:10.58

MEN 70-74

0:29.17	02/22/25	SCM	Larry Krauser
1:05.09	02/22/20	LCSC	Carl Waterer
2:10.97	12/04/21	PSM	Rick Colella
4:46.78	01/30/22	PSM	Rick Colella
9:36.64	01/30/22	PSM	Rick Colella
18:29.71	01/30/22	PSM	Rick Colella
0:33.90	08/23/25	OREG	Cliff Stephens
1:15.07	03/08/25	OREG	Cliff Stephens
2:40.79	10/08/25	OREG	Cliff Stephens
0:33.54	12/04/21	PSM	Rick Colella
1:13.04	12/04/21	PSM	Rick Colella
2:45.56	11/19/23	PSM	Rick Colella
0:30.30	11/19/23	PSM	Rick Colella
1:08.30	11/19/23	PSM	Rick Colella
3:08.13	03/08/25	OREG	Cliff Stephens
1:06.98	12/04/21	PSM	Rick Colella
2:27.07	12/04/21	PSM	Rick Colella
6:08.30	02/22/20	SAWS	Jim Clemmons

50	M.	Free	Margaret Toppel
100	M.	Free	Margaret Toppel
200	M.	Free	Barbara Frid
400	M.	Free	Jeanna Summers
800	M.	Free	Jeanna Summers
1500	M.	Free	Sue Calnek-Morris
50	M.	Back	Margaret Toppel
100	M.	Back	Joy Ward
200	M.	Back	Joy Ward
50	M.	Breast	Janet Gettling
100	M.	Breast	Janet Gettling
200	M.	Breast	Janet Gettling
50	M.	Fly	Margaret Toppel
100	M.	Fly	Janet Gettling
200	M.	Fly	Joy Ward
100	M.	I. M.	Margaret Toppel
200	M.	I. M.	Evie Lynch
400	M.	I. M.	Joy Ward

WOMEN 70-74

OREG	11/18/18	0:33.60
OREG	03/10/19	1:16.81
OREG	04/28/13	3:03.59
OREG	03/08/25	6:39.40
OREG	10/08/25	13:50.10
OREG	04/28/13	25:58.09
OREG	03/10/19	0:39.77
OREG	04/15/12	1:29.64
OREG	04/01/12	3:12.67
OREG	03/11/18	0:44.35
OREG	02/04/18	1:40.09
OREG	02/04/18	3:43.76
OREG	11/18/18	0:36.88
OREG	03/11/18	1:40.68
OREG	03/10/13	3:53.70
OREG	11/18/18	1:25.89
OREG	03/10/24	3:23.78
OREG	03/10/13	7:35.12

MEN 75-79

0:30.15	04/18/09	OREG	David Radcliff
1:05.13	04/18/09	OREG	David Radcliff
2:26.87	11/19/23	OREG	Dan Kirkland
5:09.95	03/12/23	OREG	Dan Kirkland
10:40.84	02/05/23	OREG	Dan Kirkland
20:18.58	02/05/23	OREG	Dan Kirkland
0:37.67	03/10/24	OREG	Dan Kirkland
1:19.05	11/19/23	OREG	Dan Kirkland
2:46.03	11/19/23	OREG	Dan Kirkland
0:37.78	04/19/24	OREG	Allen Stark
1:26.35	04/19/24	OREG	Allen Stark
3:16.16	04/19/24	OREG	Allen Stark
0:36.79	08/23/25	OREG	Larry Wright
1:34.49	03/02/25	PSM	Alan Bell
3:32.33	12/09/23	OREG	Bob Bruce
1:22.22	11/19/23	OREG	Dan Kirkland
3:17.46	03/12/23	OREG	Bob Bruce
6:29.51	11/19/23	OREG	Dan Kirkland

50	M.	Free	Charlotte Davis
100	M.	Free	Charlotte Davis
200	M.	Free	Charlotte Davis
400	M.	Free	Janet Gettling
800	M.	Free	Janet Gettling
1500	M.	Free	Janet Gettling
50	M.	Back	Joy Ward
100	M.	Back	Joy Ward
200	M.	Back	Joy Ward
50	M.	Breast	Janet Gettling
100	M.	Breast	Janet Gettling
200	M.	Breast	Mirjana Prather
50	M.	Fly	Janet Gettling
100	M.	Fly	Janet Gettling
200	M.	Fly	Janet Gettling
100	M.	I. M.	Janet Gettling
200	M.	I. M.	Janet Gettling
400	M.	I. M.	Janet Gettling

WOMEN 75-79

PSM	03/08/25	0:33.23
PSM	03/08/25	1:11.92
PSM	03/08/25	2:42.38
OREG	02/05/23	7:02.15
OREG	02/05/23	14:10.72
OREG	02/05/23	26:36.25
OREG	11/18/17	0:46.50
OREG	11/24/19	1:41.19
OREG	11/24/19	3:37.43
OREG	11/19/23	0:48.09
OREG	03/12/23	1:52.88
OREG	11/24/19	4:00.91
OREG	11/19/23	0:46.46
OREG	11/19/23	1:49.77
OREG	03/12/23	4:01.71
OREG	03/12/23	1:42.25
OREG	11/19/23	3:46.07
OREG	03/12/23	8:03.16

NW Zone SCM Records -- as of 1/1/2026

MEN 80-84

0:33.26	11/22/15	OREG	David Radcliff
1:11.26	09/28/14	OREG	David Radcliff
2:38.25	09/28/14	OREG	David Radcliff
5:39.27	03/09/14	OREG	David Radcliff
11:35.71	11/15/14	OREG	David Radcliff
21:59.53	09/28/14	OREG	David Radcliff
0:48.93	12/15/02	OREG	Andrew Holden
1:45.40	02/04/18	PSM	Dick Peterson
3:21.34	03/08/25	PSM	Michael McColly
0:48.30	03/10/19	OREG	Ronald Nakata
1:46.01	02/19/17	PSM	Dick Peterson
3:40.58	02/19/17	PSM	Dick Peterson
0:38.99	11/19/23	PSM	Robert Pilger
2:01.64	11/08/03	OREG	Andrew Holden
4:52.32	12/09/17	OREG	Barry Fasbender
1:32.77	11/19/23	PSM	Robert Pilger
3:42.78	11/18/17	PSM	Dick Peterson
7:59.78	11/18/17	PSM	Dick Peterson

50	M.	Free	Joy Ward
100	M.	Free	Joy Ward
200	M.	Free	Jane Nichols
400	M.	Free	Jane Nichols
800	M.	Free	Jerri Kawabata
1500	M.	Free	Madonna Buder
50	M.	Back	Joy Ward
100	M.	Back	Joy Ward
200	M.	Back	Joy Ward
50	M.	Breast	Joy Ward
100	M.	Breast	Joy Ward
200	M.	Breast	Joy Ward
50	M.	Fly	Joy Ward
100	M.	Fly	Joy Ward
200	M.	Fly	Joy Ward
100	M.	I. M.	Joy Ward
200	M.	I. M.	Joy Ward
400	M.	I. M.	Joy Ward

WOMEN 80-84

OREG	03/13/22	0:42.85
OREG	11/19/23	1:40.17
OREG	03/12/23	3:54.77
OREG	11/12/22	8:18.65
OREG	09/28/14	18:25.50
UNAT	03/05/11	37:37.84
OREG	12/10/22	0:48.91
OREG	11/12/22	1:46.73
OREG	03/13/22	3:44.82
OREG	12/10/22	0:59.93
OREG	11/19/23	2:11.43
OREG	03/08/25	4:53.72
OREG	12/10/22	0:52.55
OREG	03/12/23	2:14.88
OREG	11/19/23	6:08.51
OREG	03/13/22	1:52.33
OREG	03/13/22	4:08.28
OREG	03/13/22	8:52.23

MEN 85-89

0:36.51	12/09/07	OREG	Willard Lamb
1:23.54	03/10/19	OREG	David Radcliff
3:05.26	03/10/19	OREG	David Radcliff
6:32.33	01/13/19	OREG	David Radcliff
13:20.46	01/13/19	OREG	David Radcliff
25:22.07	01/13/19	OREG	David Radcliff
0:48.08	05/18/08	OREG	Willard Lamb
1:47.93	12/13/09	OREG	Willard Lamb
3:55.12	05/18/08	OREG	Willard Lamb
0:58.39	10/31/93	PNA	Jim Penfield
2:13.88	11/19/23	PSM	Dick Peterson
6:01.03	01/21/96	PNA	Jim Penfield
0:47.89	09/11/04	OREG	Andrew Holden
2:01.65	11/13/04	OREG	Andrew Holden
			open
1:48.23	11/13/04	OREG	Andrew Holden
4:19.20	11/13/04	OREG	Andrew Holden
9:36.09	11/13/04	OREG	Andrew Holden

50	M.	Free	Pauline Stangel
100	M.	Free	Pauline Stangel
200	M.	Free	Pauline Stangel
400	M.	Free	Flora Wong
800	M.	Free	Elfie Stevenin
1500	M.	Free	open
50	M.	Back	Lorna Henry
100	M.	Back	Lorna Henry
200	M.	Back	Flora Wong
50	M.	Breast	Pauline Stangel
100	M.	Breast	Livia Walker
200	M.	Breast	Charlotte Sando
50	M.	Fly	Charlotte Sando
100	M.	Fly	Elfie Stevenin
200	M.	Fly	open
100	M.	I. M.	Charlotte Sando
200	M.	I. M.	Charlotte Sando
400	M.	I. M.	Elfie Stevenin

WOMEN 85-89

OREG	12/15/06	1:03.75
OREG	11/18/06	2:28.38
OREG	11/18/06	5:26.73
MM	10/11/13	10:32.19
OREG	12/03/06	34:37.06
KM	02/22/25	0:58.31
KM	02/22/25	2:01.63
MM	10/07/16	6:13.79
OREG	11/18/06	1:22.35
PNA	02/17/08	3:53.32
MM	10/12/07	6:20.38
MM	11/14/09	1:23.04
OREG	09/09/07	5:19.48
MM	03/05/11	3:21.57
MM	03/05/11	7:00.74
OREG	01/13/08	23:20.13

MEN 90-94

0:42.69	03/10/13	OREG	Willard Lamb
1:39.27	03/09/14	OREG	Willard Lamb
3:46.17	11/15/14	OREG	Willard Lamb
7:44.83	09/28/14	OREG	Willard Lamb
16:04.18	09/28/14	OREG	Willard Lamb
30:41.82	09/28/14	OREG	Willard Lamb
0:56.39	03/10/13	OREG	Willard Lamb
1:59.76	04/28/13	OREG	Willard Lamb
4:17.86	03/09/14	OREG	Willard Lamb
1:07.22	11/15/98	PNA	Jim Penfield
2:45.20	11/15/98	PNA	Jim Penfield
			open
1:29.42	09/26/98	PNA	Jim Penfield
			open
			open
4:27.94	11/29/03	IEM	Clarence Hamilton
			open
			open

50	M.	Free	Patricia Hasting
100	M.	Free	Patricia Hasting
200	M.	Free	Patricia Hasting
400	M.	Free	Patricia Hasting
800	M.	Free	Patricia Hasting
1500	M.	Free	Patricia Hasting
50	M.	Back	Patricia Hasting
100	M.	Back	Charlotte Sand
200	M.	Back	Charlotte Sand
50	M.	Breast	Patricia Hasting
100	M.	Breast	Charlotte Sand
200	M.	Breast	Charlotte Sand
50	M.	Fly	Charlotte Sand
100	M.	Fly	Charlotte Sand
200	M.	Fly	open
100	M.	I. M.	Charlotte Sand
200	M.	I. M.	Charlotte Sand
400	M.	I. M.	open

WOMEN 90-94

BSMT	02/22/25	1:05.13
BSMT	02/22/25	2:36.76
BSMT	02/22/25	5:19.56
BSMT	02/22/25	11:27.87
BSMT	02/22/25	23:44.81
BSMT	02/22/25	45:18.23
BSMT	02/22/25	1:17.84
MM	10/10/12	3:16.92
MM	03/03/12	6:49.86
BSMT	02/22/25	1:39.87
MM	10/10/12	4:00.02
MM	10/10/12	7:56.76
MM	10/10/12	1:21.95
MM	11/13/16	5:02.23
MM	10/10/12	3:23.98
MM	03/03/12	7:16.26

MEN 95-99

0:45.47	11/18/17	OREG	Willard Lamb
1:47.23	03/05/17	OREG	Willard Lamb
3:56.49	11/18/17	OREG	Willard Lamb
8:13.42	03/05/17	OREG	Willard Lamb
16:56.22	11/18/17	OREG	Willard Lamb
31:56.67	11/18/17	OREG	Willard Lamb
0:55.60	11/18/17	OREG	Willard Lamb
2:04.72	11/11/17	OREG	Willard Lamb
4:24.83	11/18/17	OREG	Willard Lamb
2:39.39	12/09/17	OREG	Willard Lamb

50	M.	Free	Charlotte Sand
100	M.	Free	Charlotte Sand
200	M.	Free	Charlotte Sand
400	M.	Free	Charlotte Sand
800	M.	Free	Charlotte Sand
1500	M.	Free	Charlotte Sand
50	M.	Back	Charlotte Sand
100	M.	Back	Charlotte Sand
200	M.	Back	Charlotte Sand
50	M.	Breast	Charlotte Sand
100	M.	Breast	Charlotte Sand
200	M.	Breast	Charlotte Sand
50	M.	Fly	Charlotte Sand
100	M.	Fly	
200	M.	Fly	
100	M.	I. M.	Charlotte Sand
200	M.	I. M.	Charlotte Sand
400	M.	I. M.	

WOMEN 95-99

BSMT	11/09/19	1:35.67
BSMT	10/10/18	3:28.31
BSMT	10/12/17	7:02.49
BSMT	10/12/17	14:13.97
BSMT	10/12/17	31:08.38
BSMT	05/21/18	0:02:37
BSMT	10/10/18	1:46.66
BSMT	10/12/17	3:23.90
BSMT	10/12/17	7:24.95
BSMT	10/10/18	2:05.63
BSMT	10/12/17	4:19.18
BSMT	10/12/17	9:06.36
BSMT	10/10/18	2:21.86
BSMT	10/12/17	3:48.24
BSMT	10/10/18	9:32.59

NW Zone SCM Records -- as of 1/1/2026

MEN 100-104

0:57.81	03/13/22	OREG	Willard Lamb
2:13.96	03/13/22	OREG	Willard Lamb
4:50.84	03/13/22	OREG	Willard Lamb
10:05.73	01/30/22	OREG	Willard Lamb
20:23.87	01/30/22	OREG	Willard Lamb
38:32.90	01/30/22	OREG	Willard Lamb
1:07.11	03/13/22	OREG	Willard Lamb
2:24.84	03/13/22	OREG	Willard Lamb
5:09.10	03/13/22	OREG	Willard Lamb
1:52.04	03/13/22	OREG	Willard Lamb

WOMEN 100-104

50 M. Free					
100 M. Free	Charlotte Sanddal	BSMT	10/05/22	4:00.48	
200 M. Free	Charlotte Sanddal	BSMT	10/05/22	8:40.55	
400 M. Free	Charlotte Sanddal	BSMT	10/05/22	18:09.17	
800 M. Free	Charlotte Sanddal	BSMT	10/05/22	38:20.13	
1500 M. Free					
50 M. Back					
100 M. Back	Charlotte Sanddal	BSMT	10/05/22	3:54.19	
200 M. Back	Charlotte Sanddal	BSMT	10/05/22	8:19.28	
50 M. Breast					
100 M. Breast	Charlotte Sanddal	BSMT	10/05/22	6:02.24	
200 M. Breast	Charlotte Sanddal	BSMT	10/05/22	12:48.34	
50 M. Fly					
100 M. Fly					
200 M. Fly					
100 M. I. M.	Charlotte Sanddal	BSMT	10/05/22	5:01.09	
200 M. I. M.					
400 M. I. M.					

MEN 105-109

no records

50 M. Free	
100 M. Free	
200 M. Free	
400 M. Free	
800 M. Free	
1500 M. Free	
50 M. Back	
100 M. Back	
200 M. Back	
50 M. Breast	
100 M. Breast	
200 M. Breast	
50 M. Fly	
100 M. Fly	
200 M. Fly	
100 M. I. M.	
200 M. I. M.	
400 M. I. M.	

WOMEN 105-109

no records

MEN 110-114

no records

50 M. Free	
100 M. Free	
200 M. Free	
400 M. Free	
800 M. Free	
1500 M. Free	
50 M. Back	
100 M. Back	
200 M. Back	
50 M. Breast	
100 M. Breast	
200 M. Breast	
50 M. Fly	
100 M. Fly	
200 M. Fly	
100 M. I. M.	
200 M. I. M.	
400 M. I. M.	

WOMEN 110-114

no records

MEN 115-119

no records

50 M. Free	
100 M. Free	
200 M. Free	
400 M. Free	
800 M. Free	
1500 M. Free	
50 M. Back	
100 M. Back	
200 M. Back	
50 M. Breast	
100 M. Breast	
200 M. Breast	
50 M. Fly	
100 M. Fly	
200 M. Fly	
100 M. I. M.	
200 M. I. M.	
400 M. I. M.	

WOMEN 115-119

no records