

2025 U.S. Masters Swimming Annual Meeting — Hybrid

Committee Name:	NW Zone	Session #:	1 of 1
Committee Chair:	Jill Wright	Vice Chair:	N/A
Minutes recorded by:	Sally Dillon	Date/time of meeting:	Thursday, Aug 21, 6:30 MDT

Actions Requiring Approval by the House of Delegates:

1. None

Motions Passed:

1. None

Number of committee members:	Present: 23	Absent: 2	Number of other delegates present: 1
Committee members present: Kent Hamilton (AK), Paige Buehler, Carrie Franchi, Alex McAnnaly (IW), Maureen Porter (MT), MJ Caswell, Arlene Delmage, Christina Fox, Marisa Frieder, Sandi Rousseau, Joy Ward, Paul Windrath (OR), Kathy Casey, Linda Chapman, Jim Davidson, Sally Dillon, Diana Hermanson, Dan Underbrink, Hugh Moore, Jane Moore (PN), Jim Clemmons, Jill Wright (SR), and Jerry Treiman (UT).			
Committee Members Absent: Sydney Harris (UT), Ken Winterberger (AK)			
Guests: Marilyn Fink (San Diego Imperial LMSC)			

Minutes

1. The meeting was called to order at 6:34 Mountain time by Chair Jill Wright.
2. Confirmation of attendees: Jill asked each of the attendees to introduce themselves and add their: town of residence, LMSC role, number of years as a USMS member, and other information. The responses:
 - Jill (Boise, LMSC membership coordinator, USMS member - 30+ years)
 - Kent (Anchorage, AK, LMSC chair, lifelong swimmer)
 - Paige (Moscow, ID, sanctions chair, national elections committee, chair of USMS governance committee, - 23+ years)
 - Carrie (Cheney, WA, no LMSC leadership position, swims in Spokane)
 - Alex (Spokane, WA, hopes to do the newsletter for the LMSC, member YMCA of Inland NW, previously swam in Colorado, coaches)
 - Maureen (Butte, MT, first time leader, lifelong swimmer)
 - Christina (Corvallis, OR, 30+years, membership coordinator, USMS Rules cmte, Editor Zone Chatter, swam “Galas” in England)
 - MJ (Mosier, OR, 19 years, LMSC Top 10, USMS Records and Tabulation Chair (5 years), volunteers on other committees)
 - Sandi (Hood River, OR, USMS representative on the board, serves on USMS Championship Committee)
 - Marisa (Portland, OR, USMS since 1999, founder and co-race director for Portland Bridge Swim, new LMSC chair.
 - Paul (10 years in OR, VC and sanctions chair, previously active in other LMSC, former meet director for national and Pan Pac meets,
 - Joy (Milwaukee, OR safety director on LMSC board)
 - Linda (Redmond, WA. PN LMSC President and membership chair, previously sanctions chair, LMSC Development Committee member; Standards” are her specialty. USMS in 1980 and volunteered in Delaware Valley LMSC. Moved to the NW 37 years ago.

- Sally (Issaquah, WA, volunteer since mid-1970's in Southern CA, Northern CA, and WA since 1997 arrival. Chaired national committees: Ad-Hoc Officials, Long Distance, Recognition & Awards. 4 years as elected USMS Secretary, currently past president on PN board.
- Diana Hermanson (Tacoma, WA, born/raised/currently living on family homestead. Traveled extensively (coach of Kentucky swimming at one point). Currently serving as PN Coaches chair. Served on nationals organizing committee.
- Dan (Kirkland, WA, active member of TWIM workout group, organizes swim clinics and coach certifications, director on PN's board, and served on nationals organizing committee)
- Jane (Rockville, MD – living near daughter and granddaughter. Currently staying at her family's cabin in Ashford, WA. A member of the USMS Legislation committee but no longer involved with her LMSC. Spent 40 years in Tacoma; Past volunteerism – USMS Sports Medicine Chair, co-directed with Hugh, 4 USMS national meets in Federal Way.
- Hugh (also Rockville, served on numerous USMS committees and the USMS BOD)
- Jim (living in a trailer in Nampa, ID while building a new home. Volunteer since 2005, served on 4 USMS committees and as an At Large Director on the USMS BOD. Championship Liaison to national meets for 15 years.
- Jerry (SLC and Gilbert, UT. USMS member since 2002, recently served as LMSC VC, also Top 10. USMS Records & Tabulation committee member)
- Kathy (splits her time between Tacoma and Palouse, both in WA). Elected At Large Director on PN board, long time member of USMS Rules committee.
- Marilyn (San Diego, CA, her zone meets next week, so Marilyn decided to sit in on the NW zone's meeting. A longtime member of the San Diego LMSC, she has served dozens of years on their board.

3. Actions taken between meetings:

- a. The June 2, 2025 meeting minutes were approved via email and posted on the USMS and NW Zone websites.
- b. With the NW Zone delegates arriving in Kansas City on Thursday, September 11, arrangements for a space for our Friday meeting needed to be made. Sally inquired and Jessica Reilly quoted a rate of \$250 (+24% hotel service and taxes) for a meeting room (9am-12noon). A motion was made and seconded and the LMSC chairs within the NW Zone voted unanimously via email to approve the expenditure.

4. Reports:

- a. Chair: Jill referred everyone to the latest NW Zone Chatter, which was distributed and is posted on the NW Zone website.
- b. Finance: Ken Winterberger did not attend or submit a report.
- c. Webmaster: David Cabrey did not attend or submit a report.
- d. Records: Steve Darnell did not attend but reported to the Chair and Secretary that records are up to date post Summer Nationals.
- e. Zone Chatter: Christina asked members to let her know if they see errors in the latest Chatter.
- f. Secretary: Sally has corresponded with the NW zone delegates regarding the upcoming USMS Annual Meeting in Kansas City, as well as the leadership for tonight's meeting. She's looking forward to seeing our delegates in-person and meeting the newbies!
- g. NW Zone At Large Director: Rob Heath did not attend; his report is in the latest Chatter.
- h. NW Zone Championship events: The final zone championship of the year, the SCM event, will be held in Federal Way November 22 & 23. Puget Sound Masters is the meet host.
Secretary's note: Sixty-three swimmers attended the LCM championship, which was hosted by COMA on May 17 in Bend, OR. Twenty-five swimmers attended the OW championship, which was hosted by Sawtooth Masters at Broadside Harbor on June 14 in Caldwell, ID.

5. Other Business:

- a. Election of Zone Chair for 2025-2027. Jill was appointed interim chair in 2022 when Aaron Norton resigned. She finished his term and ran again in 2023. After Christie McGrail, it was determined that she could serve another 2-year term. Jill asked Sally to "conduct the election". A motion to nominate Jill Wright to the NW Zone Chair position was made and seconded (Sandi, Jim). There were no other nominations, and Jill was unanimously approved to serve as chair for the next two years.

- b. Annual Meeting – Kansas City. The zone has 23 delegates registered. 5 will attend virtually, 18 in person. Approximately 15 should be arriving in time to have dinner together on 9/11. Sandi offered to contact the hotel and reserve a table for our group at approximately 6:30pm.
- c. Upcoming clinics:
 - Vancouver, WA November 15-16:
 - Saturday - Coaches clinic levels 2&3, plus a special session on “how to put on a clinic”.
 - Sunday – Stroke clinic; mentored by those in previous day’s event. An ALTS Instructor Certification class will also take place on Sunday
 - Oregon is rebating fees for their members.
 - Inland NW – September 9. Unconfirmed, but hope to be hosting an officials clinic.
- d. Legislative Proposals: L-1 is a proposal to sunset the History & Archives Committee. Sandi is concerned! As of January, the H&A Committee did not have a chair or any members. Once pressured, USMS President Ed Coates appointed a chair and three members. He tasked them to find a “historian” so the committee could be dissolved. Sandi said it was suggested that the Historian could pull in others to help when needed. She noted that that is the definition of a committee! She also noted that a committee would need to report to the HOD, but an individual would likely just report to the BOD.
 - Jill asked Sandi to explain how discussion and comments can be made during Legislation, Rules, Long Distance reports (where voting on proposals will take place). Sandi noted that proposals cannot be passed without the opportunity for discussion. She encouraged everyone to attend the meetings. And she recommended that anyone who did not attend Wednesday’s “Delegate Orientation” meeting should go online and watch it.
- e. Recognition & Awards. Sally pointed out that our zone is not represented on this committee. She urged interested members to request the committee when given the opportunity. Jill pointed out that after the Annual Meeting, all delegates will receive an email where they indicate their interest in serving on the national committees.
- f. Convention topics for our Zone’s Friday morning meeting in Kansas City. Jill asked for suggestions and the following were received. Email Jill with your other suggestions!
 - How to handle proposals during HOD meetings
 - How to recruit and retain coaches
 - What can be done to increase pool availability (noted: Pasco is putting up a bubble, Ellensburg is closing college pool)
 - How to negotiate pool hours for a Masters team
 - Jill suggested people look at the USMS Relay event schedule; it might generate a meeting topic.
- g. Date for the next NW Zone meeting: December 1, 2025.
- h. Jill pledged to be more diligent about forwarding information she receives from the LMSC Development Committee.

Tasks for the Upcoming Year

1. Bids for the 2026 NW Zone Championship events are due to the chair by December 1. The 2026 rotation is:
 - SCY - PN,
 - LCM - open to all,
 - OW - UT,
 - SCM - OR.

Bid forms are located on the zone website. If your LMSC is not prepared to host their assigned event, please contact Jill so she can encourage other LMSCs to bid.

The meeting was adjourned at. 7:56 pm MDT