

NW Zone SCM Records -- as of 3/17/2022

MEN 18-24

0:24.31	01/25/15	PSM	Jordan Reid	50	M.	Free
0:54.98	10/19/85	PNA	Steve Schmidt	100	M.	Free
2:02.93	12/14/02	AK	Pieter Dehart	200	M.	Free
4:22.25	10/20/12	PNA	Bruce Deakyne	400	M.	Free
9:02.89	10/20/12	PNA	Bruce Deakyne	800	M.	Free
17:14.21	10/20/12	PNA	Bruce Deakyne	1500	M.	Free
0:27.71	12/11/21	OREG	Matthew McComish	50	M.	Back
1:00.96	12/07/13	OREG	Connor Brenda	100	M.	Back
2:22.51	12/15/96	OREG	Matt Boles	200	M.	Back
0:30.90	09/24/06	PNA	Kyle Ciminski	50	M.	Breast
1:09.08	02/19/06	PNA	Kyle Ciminski	100	M.	Breast
2:37.37	11/19/06	PNA	Kyle Ciminski	200	M.	Breast
0:26.20	11/19/06	PNA	Kyle Ciminski	50	M.	Fly
0:58.97	02/19/06	PNA	Kyle Ciminski	100	M.	Fly
2:30.82	02/04/18	PSM	Nicholas Pederson	200	M.	Fly
1:01.27	02/19/06	PNA	Kyle Ciminski	100	M.	I. M.
2:19.50	12/14/02	AK	Pieter Dehart	200	M.	I. M.
5:04.23	11/19/06	PNA	Richard Jordan	400	M.	I. M.

WOMEN 18-24

PSM	11/18/17	0:26.85
PSM	02/04/18	1:01.76
PSM	11/20/16	2:11.73
OREG	04/15/12	4:51.51
PSM	11/20/16	9:28.88
IEM	02/08/98	19:23.66
PSM	11/24/19	0:32.60
PSM	02/04/18	1:11.70
HMS	03/03/12	2:33.89
OREG	11/18/17	0:34.01
OREG	11/18/17	1:13.97
PSM	11/18/17	2:44.57
AK-PSM	11/18/17	0:29.98
OREG	10/21/12	1:06.16
OREG	10/21/12	2:25.35
OREG	05/18/08	1:08.29
OREG	10/21/12	2:32.08
PSM	11/18/17	5:20.10

MEN 25-29

0:23.89	10/20/12	PNA	Chris Chapman	50	M.	Free
0:52.77	02/17/08	PNA	Troy Davidson	100	M.	Free
2:01.93	05/16/98	PNA	Tom O'Brien	200	M.	Free
4:20.69	10/20/12	PNA	Cejih Yung	400	M.	Free
9:13.75	11/13/16	KM	Nick Blank	800	M.	Free
17:40.41	11/13/10	UTAH	Wesley Johnson	1500	M.	Free
0:27.44	12/10/11	OREG	Logan Madson	50	M.	Back
0:59.97	11/13/16	KM	Nick Blank	100	M.	Back
2:11.24	11/13/16	KM	Nick Blank	200	M.	Back
0:29.00	11/18/17	PSM	Jakub Kotynia	50	M.	Breast
1:04.20	11/18/17	PSM	Jakub Kotynia	100	M.	Breast
2:20.81	11/22/15	PSM	Jakub Kotynia	200	M.	Breast
0:25.25	10/21/12	PNA	Chris Chapman	50	M.	Fly
0:56.68	10/21/12	PNA	Chris Chapman	100	M.	Fly
2:10.91	05/16/98	PNA	Tom O'Brien	200	M.	Fly
0:59.79	12/10/11	OREG	Logan Madson	100	M.	I. M.
2:14.35	11/13/16	KM	Nick Blank	200	M.	I. M.
4:51.27	11/15/98	OREG	Bill Zolna	400	M.	I. M.

WOMEN 25-29

BWAQ	11/24/19	0:26.88
OREG	11/20/05	0:58.35
OREG	11/20/05	2:06.98
OREG	03/04/90	4:39.24
OREG	01/20/91	9:47.28
PNA	05/16/88	18:47.44
HMS	03/03/12	0:28.92
HMS	03/03/12	1:03.70
PNA	02/17/08	2:32.34
PNA	11/21/10	0:31.87
PNA	04/15/12	1:10.04
PNA	04/15/12	2:29.80
HMS	03/03/12	0:28.38
OREG	12/02/18	1:04.64
PNA	05/16/88	2:37.48
PNA	01/23/11	1:03.41
KM	11/13/16	2:27.77
PNA	11/22/09	5:21.25

MEN 30-34

0:24.14	04/15/12	OREG	Benjamin Weston	50	M.	Free
0:52.90	04/15/12	OREG	Benjamin Weston	100	M.	Free
2:02.90	06/24/94	PNA	Craig Mallery	200	M.	Free
4:20.34	10/13/96	UTAH	Dennis Tesch	400	M.	Free
8:55.82	10/13/96	UTAH	Dennis Tesch	800	M.	Free
16:51.79	10/13/96	UTAH	Dennis Tesch	1500	M.	Free
0:28.74	01/01/01	PNA	Jon Pauole	50	M.	Back
1:02.61	12/11/11	PNA	Ian Mosher	100	M.	Back
2:18.74	12/15/96	OREG	Phillip King	200	M.	Back
0:29.28	11/18/18	PSM	Jakub Kotynia	50	M.	Breast
1:04.88	11/18/18	PSM	Jakub Kotynia	100	M.	Breast
2:30.75	12/08/19	PSM	Cejih Yung	200	M.	Breast
0:25.99	12/01/99	AK	Michael Sorenson	50	M.	Fly
0:56.55	12/01/99	AK	Michael Sorenson	100	M.	Fly
2:16.84	12/09/00	OREG	Bill Zolna	200	M.	Fly
1:00.91	04/15/12	OREG	Benjamin Weston	100	M.	I. M.
2:16.18	04/15/12	OREG	Benjamin Weston	200	M.	I. M.
4:59.60	12/05/98	OREG	Doug Stewart	400	M.	I. M.

WOMEN 30-34

OREG	10/16/11	0:27.42
OREG	12/05/10	0:58.55
OREG	12/05/10	2:06.39
OREG	12/05/10	4:31.63
OREG	12/14/02	9:45.42
PSM	11/20/16	18:53.81
AK	12/14/13	0:31.70
PSM	11/18/17	1:06.78
PNA	12/15/91	2:32.32
PNA	09/16/00	0:34.13
PSM	11/18/17	1:14.72
PNA	10/08/00	2:50.59
OREG	12/05/10	0:29.23
OREG	12/05/10	1:04.31
HSKY	05/16/88	2:31.16
PSM	11/18/17	1:06.88
OREG	12/05/10	2:22.68
PNA	10/08/00	5:33.54

MEN 35-39

0:24.87	12/02/04	PNA	Amon Emeka	50	M.	Free
0:53.62	12/07/03	OREG	John Keppeler	100	M.	Free
1:58.99	12/07/03	OREG	John Keppeler	200	M.	Free
4:16.69	12/09/00	OREG	Dennis Baker	400	M.	Free
9:03.99	12/05/99	OREG	Doug Stewart	800	M.	Free
17:42.82	01/30/22	PSM	Eddie Switaj	1500	M.	Free
0:27.92	12/07/03	OREG	John Keppeler	50	M.	Back
0:58.01	11/22/15	PSM	Trever Gray	100	M.	Back
2:08.57	12/07/03	OREG	John Keppeler	200	M.	Back
0:31.60	02/22/20	STRG	Peter Marchesini	50	M.	Breast
1:09.30	12/14/02	OREG	John Hudson	100	M.	Breast
2:28.35	10/15/89	PNA	Greg Harrison	200	M.	Breast
0:26.22	12/02/04	PNA	Amon Emeka	50	M.	Fly
0:58.47	12/02/04	PNA	Amon Emeka	100	M.	Fly
2:08.86	12/09/00	OREG	Dennis Baker	200	M.	Fly
0:59.21	11/22/15	PSM	Trever Gray	100	M.	I. M.
2:16.41	01/01/94	PNA	David Santos	200	M.	I. M.
4:57.03	01/01/94	PNA	David Santos	400	M.	I. M.

WOMEN 35-39

OREG	09/04/11	0:27.50
OREG	09/04/11	1:00.69
OREG	09/04/11	2:12.79
PSM	11/24/19	4:43.76
OREG	12/08/19	9:49.21
OREG	12/08/19	18:40.02
PSM	12/02/12	0:31.76
OREG	11/10/18	1:08.48
PSM	11/30/12	2:31.10
OREG	12/09/07	0:36.50
OREG	12/09/07	1:20.39
PNA	11/19/06	2:53.71
OREG	09/04/11	0:30.98
OREG	03/08/15	1:09.56
OREG	02/19/06	2:37.72
PSM	12/02/12	1:10.09
PSM	11/30/12	2:31.46
PNA	11/19/06	5:33.13

NW Zone SCM Records -- as of 3/17/2022

MEN 40-44

0:24.45	12/09/95	AK	Rick Abbott	50	M.	Free
0:53.25	12/09/95	AK	Rick Abbott	100	M.	Free
2:01.62	02/17/08	PNA	David Kays	200	M.	Free
4:20.27	02/17/08	PNA	David Kays	400	M.	Free
8:46.71	11/13/04	OREG	Dennis Baker	800	M.	Free
17:24.23	12/04/11	PNA	David Kays	1500	M.	Free
0:28.51	04/15/12	OREG	Mike Self	50	M.	Back
1:02.23	04/15/12	OREG	Mike Self	100	M.	Back
2:16.51	04/15/12	OREG	Mike Self	200	M.	Back
0:30.37	04/15/12	OREG	Brad Bachulis	50	M.	Breast
1:06.09	11/11/17	OREG	Kurt Grote	100	M.	Breast
2:23.61	11/11/17	OREG	Kurt Grote	200	M.	Breast
0:26.35	12/09/95	AK	Rick Abbott	50	M.	Fly
1:01.19	04/28/13	OREG	Can Ergenekan	100	M.	Fly
2:06.48	11/20/05	OREG	Dennis Baker	200	M.	Fly
1:00.16	02/17/08	HMS	Roy Berg	100	M.	I. M.
2:12.16	02/17/08	HMS	Roy Berg	200	M.	I. M.
4:44.38	11/20/05	OREG	Dennis Baker	400	M.	I. M.

WOMEN 40-44

Amy Moorhead	PSM	11/22/15	0:27.17
Amy Moorhead	PSM	11/22/15	1:01.51
Mimi Cook	AK	12/10/05	2:19.80
Haleigh Werner	PNA	10/20/12	4:49.06
Susanne Simpson	IEM	11/24/01	9:56.22
Sara Nelson	OREG	12/10/16	19:02.10
Sheri Hart	PNA	01/23/11	0:30.60
Sheri Hart	PNA	01/23/11	1:05.81
Sara Shepherd	OREG	03/17/22	2:28.89
Kristine Cox	PSM	11/24/19	0:37.99
Kristine Cox	PSM	11/24/19	1:22.02
Haleigh Werner	PNA	10/20/12	2:55.59
Lisa Dahl	PNA	12/04/05	0:30.27
Sonja Skinner	OREG	11/24/19	1:09.27
Lianna Badran	PSM	11/20/16	2:37.55
Lisa Dahl	PNA	12/04/05	1:11.23
Sara Shepherd	OREG	03/17/22	2:35.97
Lianna Badran	PSM	11/20/16	5:34.08

MEN 45-49

0:25.04	12/08/19	OREG	Kurt Grote	50	M.	Free
0:54.45	04/15/12	OREG	Michael Baele	100	M.	Free
2:01.87	11/18/18	OREG	Kurt Grote	200	M.	Free
4:19.71	11/18/18	OREG	Kurt Grote	400	M.	Free
9:07.63	10/08/00	PNA	Steve Sussex	800	M.	Free
17:41.22	12/05/15	UC36	David Kays	1500	M.	Free
0:28.47	03/10/19	OREG	Mike Self	50	M.	Back
1:01.70	11/19/16	OREG	Mike Self	100	M.	Back
2:15.91	12/08/19	OREG	Kurt Grote	200	M.	Back
0:30.65	11/10/18	OREG	Kurt Grote	50	M.	Breast
1:05.93	11/10/18	OREG	Kurt Grote	100	M.	Breast
2:21.39	12/08/19	OREG	Kurt Grote	200	M.	Breast
0:26.72	04/15/12	OREG	Michael Baele	50	M.	Fly
0:58.35	11/18/06	OREG	Dennis Baker	100	M.	Fly
2:06.40	11/18/06	OREG	Dennis Baker	200	M.	Fly
1:01.34	11/10/18	OREG	Kurt Grote	100	M.	I. M.
2:10.47	12/08/19	OREG	Kurt Grote	200	M.	I. M.
4:49.84	11/18/18	OREG	Kurt Grote	400	M.	I. M.

WOMEN 45-49

Amy Moorhead	PSM	11/20/16	0:27.16
Amy Moorhead	PSM	11/20/16	1:01.74
Arlene Delmage	OREG	12/05/10	2:19.30
Sara Nelson	OREG	07/07/17	4:57.06
Susanne Simpson	IWM	02/20/05	9:42.24
Mary Sweat	OREG	11/13/04	19:49.05
Ellen Reynolds	SRM	11/13/10	0:31.66
Ellen Reynolds	SRM	11/01/09	1:07.21
Ellen Reynolds	SRM	11/01/09	2:27.50
Lisa Dahl	PNA	12/05/08	0:37.14
Colette Crabbe	OREG	11/20/05	1:20.84
Colette Crabbe	OREG	12/14/02	2:54.05
Lisa Dahl	PNA	11/19/06	0:30.18
Susanne Simpson	IWM	02/20/05	1:07.99
Susanne Simpson	IWM	02/20/05	2:29.32
Amy Moorhead	PSM	11/20/16	1:11.96
Ellen Reynolds	SRM	11/01/09	2:31.57
Ellen Reynolds	SRM	11/13/10	5:24.44

MEN 50-54

0:24.93	10/20/12	PNA	Ned Stack	50	M.	Free
0:55.10	05/19/03	IWM	Larry Krauser	100	M.	Free
2:02.39	11/18/17	PSM	Mats Nygren	200	M.	Free
4:24.23	11/18/17	PSM	Mats Nygren	400	M.	Free
9:15.06	11/20/16	PSM	Mats Nygren	800	M.	Free
16:53.04	12/04/16	SAWS	Jeff Erwin	1500	M.	Free
0:29.04	12/07/08	OREG	Phillip Djang	50	M.	Back
1:03.43	12/07/08	OREG	Phillip Djang	100	M.	Back
2:20.25	12/07/08	OREG	Phillip Djang	200	M.	Back
0:31.71	11/22/15	PSM	Daniel Phillips	50	M.	Breast
1:09.66	12/05/15	PSM	Daniel Phillips	100	M.	Breast
2:33.97	12/07/14	PSM	Daniel Phillips	200	M.	Breast
0:27.04	12/10/06	PNA	Donald Graham	50	M.	Fly
1:01.03	04/15/12	OREG	Dennis Baker	100	M.	Fly
2:12.41	11/06/11	OREG	Dennis Baker	200	M.	Fly
1:04.83	12/07/14	PSM	Daniel Phillips	100	M.	I. M.
2:20.84	12/07/14	PSM	Daniel Phillips	200	M.	I. M.
4:55.39	04/15/12	OREG	Dennis Baker	400	M.	I. M.

WOMEN 50-54

Jill Marie Asch	OREG	04/22/16	0:28.51
Ellen Reynolds	SAWS	09/28/14	1:01.41
Ellen Reynolds	SAWS	12/04/16	2:11.63
Ellen Reynolds	SAWS	12/04/16	4:40.46
Ellen Reynolds	SAWS	12/12/14	9:35.39
Mary Sweat	OREG	12/10/11	19:37.45
Karen Andrus-Hughes	OREG	12/07/08	0:32.13
Ellen Reynolds	SAWS	03/08/14	1:05.89
Ellen Reynolds	SAWS	03/08/14	2:22.37
Mary Armstrong	PSM	11/24/19	0:36.31
Kim Crouch	PSM	12/05/15	1:22.33
Ellen Reynolds	SAWS	12/04/16	2:50.36
Lisa Dahl	PNA	03/05/11	0:31.08
Arlene Delmage	OREG	04/22/16	1:11.83
Arlene Delmage	OREG	04/22/16	2:41.51
Ellen Reynolds	SAWS	11/18/18	1:08.79
Ellen Reynolds	SAWS	11/18/18	2:27.39
Ellen Reynolds	SAWS	09/28/14	5:10.96

MEN 55-59

0:25.38	12/13/09	OREG	Mike Tennant	50	M.	Free
0:57.19	12/12/10	AK	Rick Abbott	100	M.	Free
2:09.27	12/05/10	HMS	Larry Krauser	200	M.	Free
4:36.79	02/17/08	HMS	Larry Krauser	400	M.	Free
9:42.73	12/04/09	PNA	William Penn	800	M.	Free
18:14.38	12/04/09	PNA	William Penn	1500	M.	Free
0:30.35	12/05/99	OREG	Robert Smith	50	M.	Back
1:06.05	02/17/08	OREG	Wes Edwards	100	M.	Back
2:26.54	11/20/16	PSM	Carl Haynie	200	M.	Back
0:32.83	02/04/18	PSM	Daniel Phillips	50	M.	Breast
1:12.89	04/29/12	HMS	Michael Hamm	100	M.	Breast
2:40.84	04/29/12	HMS	Michael Hamm	200	M.	Breast
0:27.76	12/13/09	PNA	Donald Graham	50	M.	Fly
1:04.43	12/02/12	PSM	Donald Graham	100	M.	Fly
2:25.95	02/17/08	PNA	Scott Lautman	200	M.	Fly
1:06.59	03/05/11	HMS	David Barnes	100	M.	I. M.
2:27.34	04/28/13	OREG	Patrick Allender	200	M.	I. M.
5:20.13	11/24/19	PSM	Daniel Phillips	400	M.	I. M.

WOMEN 55-59

Karen Andrus-Hughes	OREG	04/15/12	0:29.32
Karen Andrus-Hughes	OREG	04/15/12	1:05.09
Ellen Reynolds	SAWS	12/08/19	2:12.03
Holly Vaughn-Edmonds	OREG	03/10/19	5:01.21
Mary Sweat	OREG	04/15/12	10:36.34
Mary Sweat	OREG	04/28/13	20:06.45
Karen Andrus-Hughes	OREG	04/15/12	0:33.56
Ellen Reynolds	SAWS	12/08/19	1:07.17
Ellen Reynolds	SAWS	12/08/19	2:25.27
Colette Crabbe	OREG	05/15/11	0:39.12
Colette Crabbe	OREG	12/10/11	1:25.94
Colette Crabbe	OREG	03/08/15	3:06.61
Arlene Delmage	OREG	03/05/17	0:32.78
Arlene Delmage	OREG	11/18/17	1:12.97
Arlene Delmage	OREG	11/18/17	2:42.59
Ellen Reynolds	SAWS	11/24/19	1:10.05
Ellen Reynolds	SAWS	11/24/19	2:27.78
Ellen Reynolds	SAWS	11/24/19	5:15.72

NW Zone SCM Records -- as of 3/17/2022

MEN 60-64					WOMEN 60-64				
0:26.20	12/07/03	OREG	Robert Smith	50	M. Free	Karen Andrus-Hughes	OREG	11/18/17	0:29.88
0:58.97	03/09/13	HMS	Larry Krauser	100	M. Free	Karen Andrus-Hughes	OREG	11/18/17	1:06.16
2:01.65	11/22/15	PSM	Rick Colella	200	M. Free	Colette Crabbe	OREG	12/04/16	2:29.23
4:44.55	02/22/20	FLOW	Mark Johnston	400	M. Free	Colette Crabbe	OREG	03/10/19	5:19.38
9:49.73	08/16/13	HMS	Larry Krauser	800	M. Free	Colette Crabbe	OREG	11/19/16	10:56.23
18:50.59	02/18/07	PNA	James McCleery	1500	M. Free	Colette Crabbe	OREG	12/04/16	20:39.25
0:31.04	12/05/15	PSM	Donald Graham	50	M. Back	Karen Andrus-Hughes	OREG	11/18/17	0:33.75
1:06.99	04/28/13	OREG	Wes Edwards	100	M. Back	Karen Andrus-Hughes	OREG	11/10/18	1:13.53
2:28.90	03/10/13	OREG	Wes Edwards	200	M. Back	Karen Andrus-Hughes	OREG	11/11/17	2:46.26
0:31.51	11/22/15	PSM	Rick Colella	50	M. Breast	Colette Crabbe	OREG	12/04/16	0:38.87
1:09.92	11/22/15	PSM	Rick Colella	100	M. Breast	Colette Crabbe	OREG	12/04/16	1:24.39
2:37.61	11/13/11	PNA	Rick Colella	200	M. Breast	Lo Knapp	UTAH	12/04/16	3:04.70
0:27.53	10/25/14	PSM	Donald Graham	50	M. Fly	Charlotte Davis	PNA	12/04/11	0:32.93
1:04.27	11/22/15	PSM	Donald Graham	100	M. Fly	Colette Crabbe	OREG	12/01/17	1:14.21
2:23.29	11/22/15	PSM	Rick Colella	200	M. Fly	Arlene Delmage	OREG	03/13/22	2:52.60
1:04.23	03/21/15	PSM	Rick Colella	100	M. I. M.	Colette Crabbe	OREG	12/01/17	1:16.22
2:19.26	03/21/15	PSM	Rick Colella	200	M. I. M.	Colette Crabbe	OREG	12/01/17	2:43.04
5:04.54	11/13/11	PNA	Rick Colella	400	M. I. M.	Colette Crabbe	OREG	12/01/17	5:50.34

MEN 65-69					WOMEN 65-69				
0:27.37	11/18/17	PSM	Rick Colella	50	M. Free	Charlotte Davis	PSM	11/22/15	0:30.79
0:58.19	11/20/16	PSM	Rick Colella	100	M. Free	Charlotte Davis	PSM	11/22/15	1:06.90
2:07.56	11/20/16	PSM	Rick Colella	200	M. Free	Charlotte Davis	PSM	02/15/15	2:29.35
4:27.91	11/18/17	PSM	Rick Colella	400	M. Free	Charlotte Davis	PSM	10/09/15	5:23.19
9:26.94	11/24/19	PSM	Rick Colella	800	M. Free	Charlotte Davis	PSM	10/09/15	11:09.87
19:32.78	02/18/07	OREG	Tom Landis	1500	M. Free	Suzanne Dills	PNA	12/05/10	22:59.28
0:32.76	11/02/08	OREG	Robert Smith	50	M. Back	Wendy McNamara	BSMT	02/22/20	0:37.30
1:13.11	12/07/08	OREG	Robert Smith	100	M. Back	Wendy McNamara	BSMT	02/22/20	1:23.29
2:39.00	03/07/15	UC36	Dan Kirkland	200	M. Back	Joy Ward	OREG	02/17/08	3:14.13
0:32.50	11/20/16	PSM	Rick Colella	50	M. Breast	Charlotte Davis	PSM	11/18/18	0:41.78
1:11.82	11/24/19	PSM	Rick Colella	100	M. Breast	Charlotte Davis	PSM	11/20/16	1:30.81
2:36.85	11/18/17	PSM	Rick Colella	200	M. Breast	Colette Crabbe	OREG	03/13/22	3:14.08
0:29.46	05/24/19	PSM	Donald Graham	50	M. Fly	Charlotte Davis	PSM	11/20/16	0:33.56
1:05.84	11/24/19	PSM	Rick Colella	100	M. Fly	Charlotte Davis	PSM	10/09/15	1:18.80
2:25.35	11/18/17	PSM	Rick Colella	200	M. Fly	Sarah Welch	PSM	08/13/13	3:34.38
1:05.43	11/20/16	PSM	Rick Colella	100	M. I. M.	Charlotte Davis	PSM	02/15/15	1:19.10
2:20.35	11/18/18	PSM	Rick Colella	200	M. I. M.	Colette Crabbe	OREG	03/13/22	2:52.76
5:03.34	11/18/17	PSM	Rick Colella	400	M. I. M.	Charlotte Davis	PSM	10/09/15	6:28.11

MEN 70-74					WOMEN 70-74				
0:29.77	11/13/04	OREG	David Radcliff	50	M. Free	Margaret Toppel	OREG	11/18/18	0:33.60
1:05.09	02/22/20	LCSC	Carl Waterer	100	M. Free	Margaret Toppel	OREG	03/10/19	1:16.81
2:19.63	11/18/18	PSM	Dan Kirkland	200	M. Free	Barbara Frid	OREG	04/28/13	3:03.59
4:46.78	01/30/22	PSM	Rick Colella	400	M. Free	Sue Calnek-Morris	OREG	03/08/15	6:41.55
9:36.64	01/30/22	PSM	Rick Colella	800	M. Free	Sue Calnek-Morris	OREG	04/28/13	14:07.81
18:29.71	01/30/22	PSM	Rick Colella	1500	M. Free	Sue Calnek-Morris	OREG	04/28/13	25:58.09
0:35.36	11/18/18	PSM	Dan Kirkland	50	M. Back	Margaret Toppel	OREG	03/10/19	0:39.77
1:15.34	11/18/18	PSM	Dan Kirkland	100	M. Back	Joy Ward	OREG	04/15/12	1:29.64
2:41.22	11/10/18	PSM	Dan Kirkland	200	M. Back	Joy Ward	OREG	04/01/12	3:12.67
0:35.97	03/06/16	SAWS	Robert Strand	50	M. Breast	Janet Gettling	OREG	03/11/18	0:44.35
1:20.76	03/06/16	SAWS	Robert Strand	100	M. Breast	Janet Gettling	OREG	02/04/18	1:40.09
2:55.87	03/06/16	SAWS	Robert Strand	200	M. Breast	Janet Gettling	OREG	02/04/18	3:43.76
0:31.55	02/17/08	OREG	Bert Petersen	50	M. Fly	Margaret Toppel	OREG	11/18/18	0:36.88
1:18.29	10/10/18	UTAH	Fred Baird	100	M. Fly	Janet Gettling	OREG	03/11/18	1:40.68
3:20.93	12/07/13	OREG	Tom Landis	200	M. Fly	Joy Ward	OREG	03/10/13	3:53.70
1:18.97	02/22/20	SAWS	Jim Clemmons	100	M. I. M.	Margaret Toppel	OREG	11/18/18	1:25.89
2:52.42	02/22/20	SAWS	Jim Clemmons	200	M. I. M.	Joy Ward	OREG	04/15/12	3:28.17
6:08.30	02/22/20	SAWS	Jim Clemmons	400	M. I. M.	Joy Ward	OREG	03/10/13	7:35.12

MEN 75-79					WOMEN 75-79				
0:30.15	04/18/09	OREG	David Radcliff	50	M. Free	Joy Ward	OREG	11/18/17	0:40.07
1:05.13	04/18/09	OREG	David Radcliff	100	M. Free	Joy Ward	OREG	11/24/19	1:36.53
2:27.53	04/18/09	OREG	David Radcliff	200	M. Free	Sue Calnek-Morris	OREG	11/10/18	3:37.83
5:15.10	04/18/09	OREG	David Radcliff	400	M. Free	Sue Calnek-Morris	OREG	11/10/18	7:20.25
10:59.10	04/18/09	OREG	David Radcliff	800	M. Free	Jerri Kawabata	OREG	11/06/11	16:48.46
20:39.50	04/18/09	OREG	David Radcliff	1500	M. Free	Jerri Kawabata	OREG	11/06/11	32:04.10
0:40.55	10/10/18	OREG	Robert Smith	50	M. Back	Joy Ward	OREG	11/18/17	0:46.50
1:36.27	05/22/95	OREG	Gerald Huestis	100	M. Back	Joy Ward	OREG	11/24/19	1:41.19
3:34.59	05/22/95	OREG	Gerald Huestis	200	M. Back	Joy Ward	OREG	11/24/19	3:37.43
0:44.05	11/20/05	OREG	Milton Marks	50	M. Breast	Ginger Pierson	OREG	03/13/22	0:54.67
1:37.87	11/24/19	PSM	Dennis Sawyer	100	M. Breast	Ginger Pierson	OREG	03/13/22	2:00.92
3:37.09	01/19/14	PSM	Dick Peterson	200	M. Breast	Mirjana Prather	OREG	11/24/19	4:00.91
0:38.05	11/14/09	OREG	David Radcliff	50	M. Fly	Joy Ward	OREG	03/11/18	0:50.72
1:45.13	12/05/98	OREG	Andrew Holden	100	M. Fly	Joy Ward	OREG	11/18/17	1:53.31
4:49.31	09/25/04	PNA	Harvey Prosser	200	M. Fly	Joy Ward	OREG	12/09/17	4:51.64
1:24.71	12/13/09	OREG	David Radcliff	100	M. I. M.	Joy Ward	OREG	11/18/17	1:47.88
3:32.70	05/22/95	OREG	Gerald Huestis	200	M. I. M.	Joy Ward	OREG	03/11/18	3:54.63
7:45.08	05/22/95	OREG	Gerald Huestis	400	M. I. M.	Joy Ward	OREG	03/11/18	8:29.64

NW Zone SCM Records -- as of 3/17/2022

MEN 80-84

0:33.26	11/22/15	OREG	David Radcliff	50	M.	Free	Joy Ward
1:11.26	09/28/14	OREG	David Radcliff	100	M.	Free	Patricia Hastings
2:38.25	09/28/14	OREG	David Radcliff	200	M.	Free	Patricia Hastings
5:39.27	03/09/14	OREG	David Radcliff	400	M.	Free	Patricia Hastings
11:35.71	11/15/14	OREG	David Radcliff	800	M.	Free	Jerri Kawabata
21:59.53	09/28/14	OREG	David Radcliff	1500	M.	Free	Madonna Buder
0:48.93	12/15/02	OREG	Andrew Holden	50	M.	Back	Joy Ward
1:45.40	02/04/18	PSM	Dick Peterson	100	M.	Back	Bernice Phillips
3:47.19	11/18/17	PSM	Dick Peterson	200	M.	Back	Joy Ward
0:48.30	03/10/19	OREG	Ronald Nakata	50	M.	Breast	Muriel Flynn
1:46.70	11/18/17	PSM	Dick Peterson	100	M.	Breast	Muriel Flynn
3:44.28	11/18/17	PSM	Dick Peterson	200	M.	Breast	Muriel Flynn
0:41.87	12/05/99	OREG	Andrew Holden	50	M.	Fly	Joy Ward
2:01.64	11/08/03	OREG	Andrew Holden	100	M.	Fly	Joy Ward
4:52.32	12/09/17	OREG	Barry Fasbender	200	M.	Fly	Helena Hoffman
1:35.96	03/10/19	OREG	Ronald Nakata	100	M.	I. M.	Joy Ward
3:42.78	11/18/17	PSM	Dick Peterson	200	M.	I. M.	Joy Ward
7:59.78	11/18/17	PSM	Dick Peterson	400	M.	I. M.	Joy Ward

WOMEN 80-84

0:42.85	03/13/22	OREG	Joy Ward	50	M.	Free	Joy Ward
1:51.33	03/04/16	MM	Patricia Hastings	100	M.	Free	Patricia Hastings
4:07.09	03/04/16	MM	Patricia Hastings	200	M.	Free	Patricia Hastings
8:45.83	10/07/15	MM	Patricia Hastings	400	M.	Free	Patricia Hastings
18:25.50	09/28/14	OREG	Jerri Kawabata	800	M.	Free	Jerri Kawabata
37:37.84	03/05/11	UNAT	Madonna Buder	1500	M.	Free	Madonna Buder
0:49.23	03/13/22	OREG	Joy Ward	50	M.	Back	Joy Ward
2:15.42	02/18/07	PNA	Bernice Phillips	100	M.	Back	Bernice Phillips
3:44.82	03/13/22	OREG	Joy Ward	200	M.	Back	Joy Ward
1:02.54	02/16/03	PNA	Muriel Flynn	50	M.	Breast	Muriel Flynn
2:19.21	02/16/03	PNA	Muriel Flynn	100	M.	Breast	Muriel Flynn
5:02.96	02/16/03	PNA	Muriel Flynn	200	M.	Breast	Muriel Flynn
0:56.05	03/13/22	OREG	Joy Ward	50	M.	Fly	Joy Ward
2:16.93	03/13/22	OREG	Joy Ward	100	M.	Fly	Joy Ward
8:44.16	12/15/96	OREG	Helena Hoffman	200	M.	Fly	Helena Hoffman
1:52.33	03/13/22	OREG	Joy Ward	100	M.	I. M.	Joy Ward
4:08.28	03/13/22	OREG	Joy Ward	200	M.	I. M.	Joy Ward
8:52.23	03/13/22	OREG	Joy Ward	400	M.	I. M.	Joy Ward

MEN 85-89

0:36.51	12/09/07	OREG	Willard Lamb	50	M.	Free	Pauline Stangel
1:23.54	03/10/19	OREG	David Radcliff	100	M.	Free	Pauline Stangel
3:05.26	03/10/19	OREG	David Radcliff	200	M.	Free	Pauline Stangel
6:32.33	01/13/19	OREG	David Radcliff	400	M.	Free	Flora Wong
13:20.46	01/13/19	OREG	David Radcliff	800	M.	Free	Elfie Stevenin
25:22.07	01/13/19	OREG	David Radcliff	1500	M.	Free	open
0:48.08	05/18/08	OREG	Willard Lamb	50	M.	Back	Flora Wong
1:47.93	12/13/09	OREG	Willard Lamb	100	M.	Back	Flora Wong
3:55.12	05/18/08	OREG	Willard Lamb	200	M.	Back	Flora Wong
0:58.39	10/31/93	PNA	Jim Penfield	50	M.	Breast	Pauline Stangel
2:24.19	10/31/93	PNA	Jim Penfield	100	M.	Breast	Livia Walker
6:01.03	01/21/96	PNA	Jim Penfield	200	M.	Breast	Charlotte Sanddal
0:47.89	09/11/04	OREG	Andrew Holden	50	M.	Fly	Charlotte Sanddal
2:01.65	11/13/04	OREG	Andrew Holden	100	M.	Fly	Elfie Stevenin
			open	200	M.	Fly	open
1:48.23	11/13/04	OREG	Andrew Holden	100	M.	I. M.	Charlotte Sanddal
4:19.20	11/13/04	OREG	Andrew Holden	200	M.	I. M.	Charlotte Sanddal
9:36.09	11/13/04	OREG	Andrew Holden	400	M.	I. M.	Elfie Stevenin

WOMEN 85-89

1:03.75	12/15/06	OREG	Pauline Stangel	50	M.	Free	Pauline Stangel
2:28.38	11/18/06	OREG	Pauline Stangel	100	M.	Free	Pauline Stangel
5:26.73	11/18/06	OREG	Pauline Stangel	200	M.	Free	Pauline Stangel
10:32.19	10/11/13	MM	Flora Wong	400	M.	Free	Flora Wong
34:37.06	12/03/06	OREG	Elfie Stevenin	800	M.	Free	Elfie Stevenin
			open	1500	M.	Free	open
1:13.38	10/07/16	MM	Flora Wong	50	M.	Back	Flora Wong
2:48.46	10/07/16	MM	Flora Wong	100	M.	Back	Flora Wong
6:13.79	10/07/16	MM	Flora Wong	200	M.	Back	Flora Wong
1:22.35	11/18/06	OREG	Pauline Stangel	50	M.	Breast	Pauline Stangel
3:53.32	02/17/08	PNA	Livia Walker	100	M.	Breast	Livia Walker
6:20.38	10/12/07	MM	Charlotte Sanddal	200	M.	Breast	Charlotte Sanddal
1:23.04	11/14/09	MM	Charlotte Sanddal	50	M.	Fly	Charlotte Sanddal
5:19.48	09/09/07	OREG	Elfie Stevenin	100	M.	Fly	Elfie Stevenin
			open	200	M.	Fly	open
3:21.57	03/05/11	MM	Charlotte Sanddal	100	M.	I. M.	Charlotte Sanddal
7:00.74	03/05/11	MM	Charlotte Sanddal	200	M.	I. M.	Charlotte Sanddal
23:20.13	01/13/08	OREG	Elfie Stevenin	400	M.	I. M.	Elfie Stevenin

MEN 90-94

0:42.69	03/10/13	OREG	Willard Lamb	50	M.	Free	Charlotte Sanddal
1:39.27	03/09/14	OREG	Willard Lamb	100	M.	Free	Charlotte Sanddal
3:46.17	11/15/14	OREG	Willard Lamb	200	M.	Free	Charlotte Sanddal
7:44.83	09/28/14	OREG	Willard Lamb	400	M.	Free	Charlotte Sanddal
16:04.18	09/28/14	OREG	Willard Lamb	800	M.	Free	Charlotte Sanddal
30:41.82	09/28/14	OREG	Willard Lamb	1500	M.	Free	Charlotte Sanddal
0:56.39	03/10/13	OREG	Willard Lamb	50	M.	Back	Charlotte Sanddal
1:59.76	04/28/13	OREG	Willard Lamb	100	M.	Back	Charlotte Sanddal
4:17.86	03/09/14	OREG	Willard Lamb	200	M.	Back	Charlotte Sanddal
1:07.22	11/15/98	PNA	Jim Penfield	50	M.	Breast	Charlotte Sanddal
2:45.20	11/15/98	PNA	Jim Penfield	100	M.	Breast	Charlotte Sanddal
			open	200	M.	Breast	Charlotte Sanddal
1:29.42	09/26/98	PNA	Jim Penfield	50	M.	Fly	Charlotte Sanddal
			open	100	M.	Fly	Charlotte Sanddal
			open	200	M.	Fly	open
4:27.94	11/29/03	IEM	Clarence Hamilton	100	M.	I. M.	Charlotte Sanddal
			open	200	M.	I. M.	Charlotte Sanddal
			open	400	M.	I. M.	open

WOMEN 90-94

1:17.30	03/06/15	MM	Charlotte Sanddal	50	M.	Free	Charlotte Sanddal
2:50.96	10/07/15	MM	Charlotte Sanddal	100	M.	Free	Charlotte Sanddal
6:08.48	10/10/12	MM	Charlotte Sanddal	200	M.	Free	Charlotte Sanddal
12:16.00	10/10/12	MM	Charlotte Sanddal	400	M.	Free	Charlotte Sanddal
33:01.00	11/13/16	MM	Charlotte Sanddal	800	M.	Free	Charlotte Sanddal
53:29.69	03/06/15	MM	Charlotte Sanddal	1500	M.	Free	Charlotte Sanddal
1:36.66	03/08/14	MM	Charlotte Sanddal	50	M.	Back	Charlotte Sanddal
3:16.92	10/10/12	MM	Charlotte Sanddal	100	M.	Back	Charlotte Sanddal
6:49.86	03/03/12	MM	Charlotte Sanddal	200	M.	Back	Charlotte Sanddal
2:01.11	03/07/14	MM	Charlotte Sanddal	50	M.	Breast	Charlotte Sanddal
4:00.02	10/10/12	MM	Charlotte Sanddal	100	M.	Breast	Charlotte Sanddal
7:56.76	10/10/12	MM	Charlotte Sanddal	200	M.	Breast	Charlotte Sanddal
1:21.95	10/10/12	MM	Charlotte Sanddal	50	M.	Fly	Charlotte Sanddal
5:02.23	11/13/16	MM	Charlotte Sanddal	100	M.	Fly	Charlotte Sanddal
			open	200	M.	Fly	open
3:23.98	10/10/12	MM	Charlotte Sanddal	100	M.	I. M.	Charlotte Sanddal
7:16.26	03/03/12	MM	Charlotte Sanddal	200	M.	I. M.	Charlotte Sanddal
			open	400	M.	I. M.	open

MEN 95-99

0:45.47	11/18/17	OREG	Willard Lamb	50	M.	Free	Charlotte Sanddal
1:47.23	03/05/17	OREG	Willard Lamb	100	M.	Free	Charlotte Sanddal
3:56.49	11/18/17	OREG	Willard Lamb	200	M.	Free	Charlotte Sanddal
8:13.42	03/05/17	OREG	Willard Lamb	400	M.	Free	Charlotte Sanddal
16:56.22	11/18/17	OREG	Willard Lamb	800	M.	Free	Charlotte Sanddal
31:56.67	11/18/17	OREG	Willard Lamb	1500	M.	Free	Charlotte Sanddal
0:55.60	11/18/17	OREG	Willard Lamb	50	M.	Back	Charlotte Sanddal
2:04.72	11/11/17	OREG	Willard Lamb	100	M.	Back	Charlotte Sanddal
4:24.83	11/18/17	OREG	Willard Lamb	200	M.	Back	Charlotte Sanddal
			open	50	M.	Breast	Charlotte Sanddal
			open	100	M.	Breast	Charlotte Sanddal
			open	200	M.	Breast	Charlotte Sanddal
			open	50	M.	Fly	Charlotte Sanddal
			open	100	M.	Fly	Charlotte Sanddal
			open	200	M.	Fly	Charlotte Sanddal
2:39.39	12/09/17	OREG	Willard Lamb	100	M.	I. M.	Charlotte Sanddal
			open	200	M.	I. M.	Charlotte Sanddal
			open	400	M.	I. M.	Charlotte Sanddal

WOMEN 95-99

1:35.67	11/09/19	BSMT	Charlotte Sanddal	50	M.	Free	Charlotte Sanddal
3:28.31	10/10/18	BSMT	Charlotte Sanddal	100	M.	Free	Charlotte Sanddal
7:02.49	10/12/17	MM	Charlotte Sanddal	200	M.	Free	Charlotte Sanddal
14:13.97	10/12/17	MM	Charlotte Sanddal	400	M.	Free	Charlotte Sanddal
31:07.61	10/12/17	MM	Charlotte Sanddal	800	M.	Free	Charlotte Sanddal
1:02.37	05/21/18	BSMT	Charlotte Sanddal	1500	M.	Free	Charlotte Sanddal
1:46.66	10/10/18	BSMT	Charlotte Sanddal	50	M.	Back	Charlotte Sanddal
3:23.90	10/12/17	MM	Charlotte Sanddal	100	M.	Back	Charlotte Sanddal
7:24.95	10/12/17	MM	Charlotte Sanddal	200	M.	Back	Charlotte Sanddal
2:05.63	10/10/18	BSMT	Charlotte Sanddal	50	M.	Breast	Charlotte Sanddal
4:19.18	10/12/17	MM	Charlotte Sanddal	100	M.	Breast	Charlotte Sanddal
9:06.36	10/12/17	MM	Charlotte Sanddal	200	M.	Breast	Charlotte Sanddal
2:45.09	05/21/18	BSMT	Charlotte Sanddal	50	M.	Fly	Charlotte Sanddal
			open	100	M.	Fly	Charlotte Sanddal
			open	200	M.	Fly	Charlotte Sanddal
3:48.24	10/12/17	MM	Charlotte Sanddal	100	M.	I. M.	Charlotte Sanddal
9:32.59	10/10/18	BSMT	Charlotte Sanddal	200	M.	I. M.	Charlotte Sanddal
			open	400	M.	I. M.	Charlotte Sanddal

NW Zone SCM Records -- as of 3/17/2022

MEN 100-104			WOMEN 100-104		
0:57.81	03/13/22	Willard Lamb	50	M. Free	no records
2:13.96	03/13/22	Willard Lamb	100	M. Free	
4:50.84	03/13/22	Willard Lamb	200	M. Free	
10:05.73	01/30/22	Willard Lamb	400	M. Free	
20:23.87	01/30/22	Willard Lamb	800	M. Free	
38:32.90	01/30/22	Willard Lamb	1500	M. Free	
1:07.11	03/13/22	Willard Lamb	50	M. Back	
2:24.84	03/13/22	Willard Lamb	100	M. Back	
5:09.10	03/13/22	Willard Lamb	200	M. Back	
1:51.66	03/13/22	Willard Lamb	50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			100	M. I. M.	
			200	M. I. M.	
			400	M. I. M.	
MEN 105-109			WOMEN 105-109		
no records			50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			100	M. I. M.	
			200	M. I. M.	
			400	M. I. M.	
MEN 110-114			WOMEN 110-114		
no records			50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			100	M. I. M.	
			200	M. I. M.	
			400	M. I. M.	
MEN 115-119			WOMEN 115-119		
no records			50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			100	M. I. M.	
			200	M. I. M.	
			400	M. I. M.	