



## Northwest Zone Chatter

December 2021

**Northwest Zone Website:** <http://www.northwestzone.org/w>

**Chair – Aaron Norton (UT):** [norton\\_aaron@yahoo.com](mailto:norton_aaron@yahoo.com)

**Treasurer – Ken Winterberger (AK):** [kwinterberger@gmail.com](mailto:kwinterberger@gmail.com)

**Webmaster – Hugh Moore (PN):** [swimmoore@comcast.net](mailto:swimmoore@comcast.net)

**Zone Records – Stephen Darnell:** [financialwizard2@comcast.net](mailto:financialwizard2@comcast.net)

**Secretary & Awards – Sally Dillon (PN):** [salswmr@comcast.net](mailto:salswmr@comcast.net)

**Newsletter – Christina Fox (OR):** [foxkohnert@peak.org](mailto:foxkohnert@peak.org)

**USMS At-Large Director from Northwest Zone – Paige Buehler:** [paige@galacticnorth.net](mailto:paige@galacticnorth.net)

### LMSC websites in the NW Zone

ALASKA [www.akmswim.org](http://www.akmswim.org)

INLAND NW [www.inlandnwmasters.org](http://www.inlandnwmasters.org)

MONTANA <http://swimmontana.org/>

OREGON [www.swimoregon.org](http://www.swimoregon.org)

PACIFIC NW [www.swimpna.org](http://www.swimpna.org)

SNAKE RIVER [www.snakerivermasters.com](http://www.snakerivermasters.com)

UTAH [www.utahmasters.org](http://www.utahmasters.org)

## Report from the Chair

Hello members of the NW Zone!

As we finish 2021 it has been another unprecedented year. Despite continued impacts from COVID-19 we have had some opportunities to get back in the pool in 2021. There were several meets with great swims including swimming at Nationals for many of our swimmers. We are so proud of all our swimmers in our amazing zone.

On top of swimming, it was great to see one of the members of our zone receive the highest volunteer award that USMS awards. The Ransom J. Arthur award was given to Bob Bruce for all of his great years of service.

We look forward to next year and hope to see you all at Spring Nationals! Good luck to all.

Aaron Norton

## Reports from LMSC chairs

**Note:** All membership data and officer information are from USMS website as of Dec 12, 2021.

### Alaska

**Membership**    **2021 - 2022:** 96 members, 2 clubs, 7 workout groups under club AKMS  
                         **2020 - 2021:** 200 members, 2 clubs, 5 workout groups under club AKMS

#### Elected Officers

Chair	<i>Ken Winterberger</i>
Vice-chair	<i>Matthew Reilly</i>
Secretary	<i>Carole Triem</i>
Treasurer	<i>Kristina Miller</i>

### Inland Northwest

**Membership**    **2021 – 2022:** 144 members, 10 clubs, no workout groups  
                         **2020 – 2021:** 318 members, 11 clubs, no workout groups

#### Elected Officers

Chair	<i>Matt Bronson</i>
Vice-chair	<i>Michael Hamm</i>
Secretary	<i>Rob Heath</i>
Treasurer	<i>Wes Bratton</i>

### Montana

**Membership**    **2021 – 2022:** 65 members, 3 clubs, 3 workout groups under club BSMT  
                         **2020 – 2021:** 161 members, 4 clubs, 3 workout groups under club BSMT

#### Elected Officers

Chair	<i>Donn Livoni</i>
Vice-chair	<i>Richard Weber</i>
Secretary	<i>Mackenzie Jones</i>
Treasurer	<i>Jeanne Ensign</i>

#### Recent and/or upcoming events:

- Annual membership meeting was held **Nov 20, 2021** via Zoom with 7 board members and 7 non-board members present. Business conducted: election of officers (see above); reports from the officers and ex-officio chairs as well

as reports from the clubs and workout group leaders; amended the bylaws so that meetings can be conducted using electronic resources such as Zoom and updated language from Registrar to Membership Coordinator. The next BOD meeting will be Sunday Dec. 12 with the main topic the 2022 budget.

- Dual Sanction meet – **Dec 11 - 12, 2021** – Bozeman
- Dual Sanction meet – **Jan 16, 2022** – Kallispell
- Mini-meet – **between Feb 1 - Mar 31** – Missoula (possible)
- Montana State Championship – **Apr 8 - 9, 2022** – Butte (tentative)

#### Notable news:

- Five (5) swimmers were recognized in the LCM Top Ten
- Top 5 placing swims were achieved in both the 5000m ePostal and 3000yd ePostal events
- Three (3) swimmers placed at the LCM Nationals at Spire, OH

## Oregon

**Membership**    **2021 – 2022:** 438 members, 3 clubs, 15 workout groups under club OREG  
                         **2020 – 2021:** 974 members, 4 clubs, 23 workout groups under club OREG

#### Elected Officers (next elections to be held in April 2022)

Chair	<i>Tim Waud</i>
Vice-chair/Sanctions	<i>Robbert van Andel</i>
Secretary	<i>Kristina Franklin</i>
Treasurer	<i>Kermit Yensen</i>

#### Other board members

Membership Coordinator	<i>Susie Young</i>	Payments Administrator	<i>Ginger Pierson</i>
Club/Workout Group Liaison	<i>Christina Fox</i>	Records	<i>Stephen Darnell</i>
Top Ten	<i>MJ Caswell</i>	USMS Rep	<i>Sandi Rousseau</i>
Coaches	<i>Kevin Cleary</i>	Souvenirs	<i>Jeanna Summers</i>
Officials	<i>Jacki Allender</i>	Awards	<i>Sara Shepard</i>
Newsletter	<i>Alice Zabudsky</i>	Data Manager	<i>Gary Whitman</i>
Fitness	<i>Colette Crabbe</i>	Safety	<i>Joy Ward</i>
Webmaster	<i>Matt Miller</i>	OREG Club Representative	<i>Nancy Vincent</i>
Adult Learn-to-Swim	<i>Marlys Cappaert</i>	Past Chair	<i>Jeanne Teisher</i>
OW/Long Distance	<i>Bob Bruce</i>		

#### Update on pool availability and workout activity:

Most pools have re-opened with Covid-19 protocols.

#### Recent and/or upcoming events:

- OMS annual retreat was held in October via Zoom.
- 12<sup>th</sup> Annual Bend All-Around Challenge Meet (SCM) - **Saturday, December 11, 2021** - Bend, Oregon

#### Notable news:

- **Webinars** - Oregon Masters recently hosted two webinars.  
*How to Start a Cold Water Swimming Group* (link to recording: [How to start a cold water swimming group](#))  
*Gut Health* (link to recording: [Gut Health](#))  
Recordings for previous webinars can be found on the Oregon Masters website at <https://swimoregon.org/webinars-archive/>

## Pacific Northwest

**Membership: 2021 – 2022:** 712 members, 4 clubs, 20 workout groups under club PSM  
**2020 – 2021:** 1474 members, 4 clubs, 25 workout groups under club PSM

### Historical membership data:

PNA MEMBERSHIP BY MONTH AND YEAR													
2017-2021, 2022 Reg Year YTD (12-1-2021)													
YEAR	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	Annual Total
<b>2022</b>	307	12											319
<b>2021</b>	254	432	207	52	53	54	64	64	87	56	67	84	1474
<b>2020</b>	305	574	357	93	29	5	7	30	17	23	19	28	1487
<b>2019</b>	335	554	331	83	86	100	66	68	36	45	61	42	1807
<b>2018</b>	390	507	358	88	74	63	59	55	50	33	48	42	1767
<b>2017</b>	418	550	246	95	65	68	68	44	29	52	50	53	1738

### Elected Officers

Chair *Linda Chapman*  
Vice-chair *Kathy Casey*  
Secretary *Steve Peterson*  
Treasurer *Lucianne Pugh*

### Update on pool availability and workout activity:

- Weyerhaeuser King County Aquatic Center (**WKCAC**) started allowing meets earlier this fall. Protocols have been fluid. Originally competitors had to stay up in the spectator stands until their event and sitting on the deck wasn't allowed. That rule has been lifted.
- BWAQ has been advised of the change. The BWAQ Board will decide soon on whether to host PNA SCY Champs. Date for that meet, if held, will be **April 9 – 10, 2022**.

### Recent and/or upcoming events:

- Bellevue Metric Mile – **Jan 30, 2022** – Bellevue
- Thunderbird SCM – **Feb 6, 2022** – Anacortes
- Whidbey Adventure Swim – **Jun 11, 2022** – open water
- Fat Salmon – **July 16, 2022** – open water
- Swim Defiance – **Aug 20, 2022** – open water

### Notable news:

- PNA was recently approved for a **free Microsoft Teams package** for non-profits (501(c)3). Initially PNA will use the group/alias email feature and survey capability. The package is quite robust offering zoom-like video conferencing, cloud storage, collaborative document editing, and a framework that makes it easy for remote users to work as a team.
- PNA is hoping to send 5 people to the in-person USMS Volunteer Relay likely in Denver, CO, **March 4 –6**. PNA membership entitles the LMSC to 4 attendees and members of the LMSC Development Committee are added to that number.

## Snake River

**Membership 2021 – 2022:** 39 members, 2 clubs, no workout groups  
**2020 – 2021:** 89 members, 2 clubs, no workout groups  
**2019 – 2020:** 113 members, 6 clubs, no workout groups

### Elected Officers

Chair *Jim Clemmons*  
Vice-chair *Jeff Erwin*  
Secretary *Suzy Cavanagh*  
Treasurer *Jane Wright*

### Other board members

Membership Coordinator/Open Water/Postals *Jill Wright*  
Sanctions *Paula Moores*  
Top Ten *Ellen Reynolds*  
Coaches/Officials *Jeff Erwin*  
Editor *Suzy Cavanagh*  
Webmaster *Tom Arnold*  
Fitness *Lisa Galane*

### Update on pool availability and workout activity:

The majority of swimmers in the Snake River LMSC are still without “home” pools due to pool operators not offering dedicated workout times for adult groups. Most swimmers have been able to find a place to work out however, whether it is open water, small gym or YMCA pools to meet with others and to share workouts.

### Notable news:

- The LMSC funded the cost of the renewal for the two USMS registered clubs.
- Michael Phelps visited Boise and lent his presence to a “Fill the Pool” dinner fundraiser in November. Work continues on the effort to build a multi-function private facility in Boise that would house a 50m x 25y pool and a separate 6 lane 25y pool for warm up during competitions. Sawtooth Masters is in discussions with the facility management group to work out the details to utilize this facility and to call it the SAWS “home” pool. If all goes well, the pool may be functioning by spring or summer of 2022. More info: <https://gbacswim.com/>

## Utah

**Membership 2021 – 2022:** 152 members, 9 clubs, no workout groups  
**2020 – 2021:** 293 members, 10 clubs, no workout groups

### Elected Officers

Chair *Bruce Schroeder*  
Vice-chair *Gerald Treiman*  
Secretary *Karen Hodges*  
Treasurer *Joe Linford*  
Membership *Dean Stonehocker*

### Recent and/or upcoming events:

- **Pool meets held in 2021:**

Date	Type	Event Title	Location	# of Swimmers
Oct 6-8, 2021	SCM	Huntsman World Senior Games	St. George	183
Aug 28, 2021	SCY	15th Annual SDRC Masters Swim Meet	South Davis	85
Jun 5, 2021	SCY	Welcome Back Masters Swim Meet	Heber	23
May 19-20, 2021	SCY	SUSA May Invitational 2021	St. George	11

- **Utah Virtual Open Water Series:** The Utah LMSC had a series of site specific virtual open water swims at Utah State Parks every Saturday from June 5<sup>th</sup> through August 28<sup>th</sup>.