

NW Zone SCM Records -- as of 11/13/2017

RELAY - 200 Meter FREE - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:02.50 04/15/12 Karissa DeRousseau T'nika Richardson Taylor Kay Tess Krimmer DUCK	2:00.43 11/20/16 Allison Cox Chelsea Chan Sarah Bailey Amanda Clark PSM	2:02.28 10/04/97 Priscilla Kawakami Heather Creel Stacey Tobey Julie Bills UTAH	1:58.02 11/20/05 Lauren Thies Sharon Foley Robin Parisi Laura Tyrrell OREG	1:59.88 11/20/16 Lisa Dahl Shannon McIntyre Linda Chapman Amy Moorhead PSM	2:13.64 10/16/11 Joy Ward K. Andrus-Hughes Barbara Frid Ellen Ferguson OREG	2:30.72 11/19/16 Joy Ward Sandi Rousseau Janet Gettling Rebecca Kay OREG	

RELAY - 400 Meter FREE - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
5:11.09 02/01/87 Louise Walls Kimberly Dolen Susan Hancock Sharon Schneider IEM	5:21.70 02/06/94 Tracie Harang Cindy Clutter Bridget Bero Janet Poorman IEM	4:35.90 12/13/09 Serena Johnson Anne Molenda Kealey Sittler Kathleen Thayer OREG	4:22.56 11/20/16 Allison Cox Lianna Badran Shannon McIntyre Amy Moorhead PSM	4:21.32 11/22/15 Charlotte Davis Zena Courtney Lianna Doherty Amy Moorhead PSM	5:25.53 11/20/16 Shelley Reimer Sarah Welch Linda Chapman Charlotte Davis PSM	9:19.61 10/31/93 Maxine Carlson Pat Matthiesen Marion Mueller Janet Kavadas PNA	

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
15:17.51 10/13/96 Tanya Matthews Jennifer Thompson Esther Gutierrez Akiko Shimizu UTAH	11:35.29 02/11/90 Sharon Schneider Lynne Slaughter Susan Kirkland Vicki Marsh IEM	10:48.37 11/22/15 Amanda Winans Leah Ogier Stephanie Hiebert Erika Norris PSM	10:20.98 11/20/16 Allison Cox Shelley Reimer Wendy Polidori Kathy Pelham PSM	12:11.34 04/16/00 Pam Himstreet Peggy Whiter Cathy Imwalle Laura Schob OREG	12:23.67 11/22/15 Andrea Hunt Kate Carruthers Elizabeth Kassen Sheila Moore PSM		

RELAY - 200 Meter MEDLEY - WOMEN

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:22.24 01/20/90 Julie Corman Beth Brenner Stefanie Fersch Carol Brown PNA	2:20.91 02/20/05 Jennifer Evans Noel Geary Jen Mesler Krys Postma PNA	2:14.74 12/13/09 K. Andrus-Hughes Aubree Gustafson Erin Popelka Megan Lassen OREG	2:15.62 10/16/11 Ann Goodman Marci Shindel Lauren Thies Jill Asch OREG	2:14.67 11/20/16 Lisa Dahl Shannon McIntyre Charlotte Davis Amy Moorhead PSM	2:26.87 11/22/15 Zena Courtney Kate Carruthers Lisa Dahl Charlotte Davis PSM	2:46.92 11/19/16 Joy Ward Janet Gettling Sandi Rousseau Rebecca Kay OREG	

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
5:36.18 11/14/93 Susan Gambrel Cherese Eder Monica Weaver Nancy Kyle IEM	5:07.53 03/05/11 Diana MacManus Sara Nelson Lana Lawrence Noelle Adams HMS	4:55.09 11/20/16 Allison Cox Chelsea Chan Amanda Clark Amy Moorhead PSM	5:02.11 11/22/15 Zena Courtney Julie Voss Lianna Doherty Amy Moorhead PSM	4:52.08 05/16/10 Valerie Jenkins Colette Crabbe Arlene Delmage K. Andrus-Hughes OREG	5:34.38 11/15/14 Joy Ward Ginger Pierson Arlene Delmage Jill Marie Asch OREG	6:32.56 03/05/17 Joy Ward Ginger Pierson Janet Gettling Mary Anne Royle OREG	

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
1:52.82 01/25/15 Jordan Reid Austin Clark Jonathan Wrigley Josh Pehrson PSM	1:40.89 10/20/12 Mark Urquhart Chris Conroy Cejih Yung Chris Chapman PNA	1:40.64 06/24/94 Craig Mallery Tom Seifts Rick Peterson Kameron Wells PNA	1:41.76 04/28/13 Justin Slade David Ashmore Wes Edwards Brad Bachulis OREG	1:44.87 11/20/16 Rick Cardoso Carl Haynie Dave Hannula Mats Nygren PSM	1:50.57 11/18/06 Dennis Baker Bert Petersen Tom Landis Robert Smith OREG	2:13.84 12/01/90 Earl Walter Forbes Mack Gerald Huestis Andrew Holden OREG	2:35.71 12/05/99 Earl Walter Gerald Huestis Andrew Holden Allan DeLay OREG

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
	3:56.39 11/22/15 Eric Williamson Isaac C-Sandoval Jakub Kotynia Chris Conroy PSM	3:46.23 06/24/94 Paul Sherman Kameron Wells Tom Seifts Craig Mallery PNA	3:53.98 08/23/03 Paul Sherman Rick Peterson Tom Seifts Craig Mallery PNA	3:56.31 11/19/16 Mike Self Mark Frost Brent Washburne Scot Sullivan OREG	4:02.66 11/20/16 Donald Graham Daniel Phillips Dave Hannula Rick Colella PSM	5:07.29 11/22/15 Jim Gross Robert Pilger Dick Peterson Steven Peterson PSM	7:11.61 10/16/11 Milton Marks Willard Lamb Rupert Fixott Robert Smith OREG

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
10:01.91 02/12/89 Joe Kinney John Cyr Don Gibbs Ryan Cooper IEM	8:23.60 10/20/12 Cejih Yung Chris Chapman Bruce Deakynne Chris Conroy PNA	8:55.93 10/13/96 Dennis Tesch Brian Ward Doug Fadel Kyle Treadway UTAH	8:30.69 12/10/16 Matthew Marceau Matt Miller Hardy Lussier Scot Sullivan OREG	8:50.25 12/13/09 Patrick Allender David Hathaway Stephen Kevan Brent Washburne OREG	9:29.56 12/07/03 Steve Johnson David Radcliff Bob Bruce Tom Landis OREG	11:30.76 11/06/11 Robert Smith Willard Lamb Tom Landis Kermit Yensen OREG	

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
2:00.40 01/20/90 Frank Warner Greg Harrison Steve Freeborn Steve Schmidt PNA	1:55.62 06/24/94 Robert Welcher Kameron Wells Paul Sherman Craig Mallery PNA	1:52.31 11/22/15 Trevor Gray Jakub Kotynia Brandon Vaughan Isaac C-Sandoval PSM	1:56.89 04/15/12 Brent Washburne Joaquin Romera Benjamin Weston Eric Wan OREG	2:00.86 04/15/12 Keith Peters Brad Bachulis Charles Bannan David Hathaway OREG	1:57.52 11/20/16 Carl Haynie Rick Colella Donald Graham Dave Hannula PSM	2:36.92 12/01/90 Earl Walter Forbes Mack Andrew Holden Gerald Huestis OREG	3:00.90 12/05/99 Earl Walter Gerald Huestis Andrew Holden Allan DeLay OREG

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
4:53.20 11/22/15 Michael Scott Eric Williamson Brandon Vaughan Collin Matson PSM	4:14.71 06/24/94 Robert Welcher Kameron Wells Paul Sherman Craig Mallery PNA	4:05.69 11/22/15 Trevor Gray Jakub Kotynia Todd Doherty Rick Cardoso PSM	4:12.45 12/07/03 John Keppeler John Hudson Patrick Allender Mike Tennant OREG	4:23.87 10/11/09 Wes Edwards Patrick Allender David Hathaway Brent Washburne OREG	4:23.96 11/20/16 Carl Haynie Rick Colella Donald Graham Dave Hannula PSM	6:25.20 01/20/91 Earl Walter Robert Morrison Andrew Holden Forbes Mack OREG	

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1:57.10 02/18/07 Mark Fanning Shona Pierce Erin Jacobson Shingo Ito PNA	1:54.14 11/08/92 Matthew Roth Timothy Waud Gracie Goddard Leissa Mills OREG	1:48.93 10/16/11 Lauren Thies Eric Wan Jill Asch Benjamin Weston OREG	1:50.61 11/20/05 Lauren Thies Robin Parisi Douglas Otto Troy Drawz OREG	1:50.70 11/20/16 Lisa Dahl Daniel Phillips Amy Moorhead Mats Nygren PSM	1:52.98 11/22/15 Donald Graham Lisa Dahl Charlotte Davis Rick Colella PSM	2:24.11 10/16/11 George Thayer Barbara Frid Joy Ward Robert Smith OREG	2:40.07 03/05/17 Joy Ward Janet Gettling Willard Lamb David Radcliff OREG

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
4:28.14 12/15/91 Justin Farabee David Parson Pamela Stalter Tammi Keeler PNA	4:18.43 05/16/10 Alec Schramek Sandra Ludwig Amy Kasenga Benjamin Weston OREG	4:04.83 11/22/15 Trevor Gray Rick Cardoso Amelia Ferrel Amy Moorhead PSM	4:06.37 11/20/16 Todd Doherty Max Hanson Shannon McIntyre Amy Moorhead PSM	4:16.26 10/16/11 Brent Washburne David Hathaway K. Andrus-Hughes Ellen Ferguson OREG	4:16.39 11/20/16 Rick Colella Charlotte Davis Dave Hannula Lisa Dahl PSM	5:05.69 12/13/09 K. Andrus-Hughes David Radcliff Barbara Frid Willard Lamb OREG	6:00.74 11/11/17 Willard Lamb Joy Ward David Radcliff Margaret Toppel OREG

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72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
10:23.53 02/04/88 Ken Wagnon Jane Giese Greg Giese Renee Crampton IEM	9:03.67 11/15/98 Matthew Roth Bill Zolna Lisa Hjerpe Shauna Simpson OREG	9:36.37 11/22/15 Doug Jelen Stephanie Hiebert Allison Cox Kirk Nelson PSM	8:55.87 11/20/16 Rick Colella Amanda Clark Shelley Reimer Mats Nygren PSM	9:36.62 11/24/01 Suzanne Dills Michael Veith Susanne Simpson Larry Krauser IEM	10:45.11 10/21/12 Brent Washburne David Radcliff Janet Gettling Arlene Delmage OREG	11:43.44 11/06/11 Tom Landis Barbara Frid Willard Lamb K. Andrus-Hughes OREG	

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2:11.31 04/15/12 Karissa DeRousseau Tess Krimmer Adam Oldenkamp Zach Sipiora DUCK	2:10.25 10/04/97 Kimberly Smith Jaron Russon Kyle Treadway Amy Sharp UTAH	2:00.92 12/10/11 Amy Ward Tamas Bessenyei Logan Madson Kristine Senkier OREG	2:04.33 11/19/06 Zena Courtney Jon Baca Lisa Dahl Bob Fish PNA	2:01.94 11/18/06 K. Andrus-Hughes Allen Stark Arlene Delmage Wes Edwards OREG	2:07.54 11/22/15 Donald Graham Rick Colella Lisa Dahl Charlotte Davis PSM	2:42.58 03/05/17 Joy Ward Scot Sullivan Colette Crabbe Willard Lamb OREG	3:52.27 12/14/02 Norma Bernardi Margaret Wells Andrew Holden Gilbert Young OREG

RELAY - 400 Meter MEDLEY - MIXED

72-99	100-119	120-159	160-199	200-239	240-279	280-319	320-359
5:11.06 03/05/11 Diana MacManus Jonathan Siegler Brady Hooper Lana Lawrence HMS	4:43.25 11/22/15 Allison Cox Jakub Kotynia Matthew Liedtke Julia Iyall PSM	4:57.90 05/16/10 Brent Washburne Patrick Allender Briana Willia Elizabeth Esser OREG	4:22.74 09/09/07 K. Andrus-Hughes Chip Polito Arlene Delmage Curtis Taylor OREG	4:32.16 11/06/11 Valerie Jenkins Allen Stark Dennis Baker K. Andrus-Hughes OREG	4:43.20 12/13/09 K. Andrus-Hughes Allen Stark Colette Crabbe David Radcliff OREG	9:01.46 03/05/11 Carolyn Magee Wayne Brown Peony Munger Jack Bevier HMS	6:59.56 11/11/17 Willard Lamb Janet Gettling Joy Ward David Radcliff OREG