

## NW Zone SCM Records -- as of 12/20/2017

MEN 18-24					WOMEN 18-24				
0:24.31	01/25/15	PSM	Jordan Reid	50	M. Free	Katie Kaestner	PSM	11/18/17	0:26.85
0:54.98	10/19/85	PNA	Steve Schmidt	100	M. Free	Jesse Kaba	ORE	11/18/17	1:02.37
2:02.93	12/14/02	AK	Pieter Dehart	200	M. Free	Amanda Clark	PSM	11/20/16	2:11.73
4:22.25	10/20/12	PNA	Bruce Deakyne	400	M. Free	Karissa DeRousseau	ORE	04/15/12	4:51.51
9:02.89	10/20/12	PNA	Bruce Deakyne	800	M. Free	Amanda Clark	PSM	11/20/16	9:28.88
17:14.21	10/20/12	PNA	Bruce Deakyne	1500	M. Free	Teri Campbell	IEM	02/08/98	19:23.66
0:28.37	10/26/86	IEM	Brian Wilkerson	50	M. Back	Maggie Caetano	HMS	11/10/12	0:33.27
1:00.96	12/07/13	ORE	Connor Brenda	100	M. Back	Lana Lawrence	HMS	03/03/12	1:11.79
2:22.51	12/15/96	ORE	Matt Boles	200	M. Back	Lana Lawrence	HMS	03/03/12	2:33.89
0:30.90	09/24/06	PNA	Kyle Ciminski	50	M. Breast	Jesse Kaba	ORE	11/18/17	0:34.01
1:09.08	02/19/06	PNA	Kyle Ciminski	100	M. Breast	Jesse Kaba	ORE	11/18/17	1:13.97
2:37.37	11/19/06	PNA	Kyle Ciminski	200	M. Breast	Katie Kaestner	PSM	11/18/17	2:44.57
0:26.20	11/19/06	PNA	Kyle Ciminski	50	M. Fly	Langford / Kaestner	AK-PSM	11/18/17	0:29.98
0:58.97	02/19/06	PNA	Kyle Ciminski	100	M. Fly	Natascha Mangan	ORE	10/21/12	1:06.16
2:32.83	04/15/12	ORE	Nick Wood	200	M. Fly	Natascha Mangan	ORE	10/21/12	2:25.35
1:01.27	02/19/06	PNA	Kyle Ciminski	100	M. I. M.	Caitlyn Shortt	ORE	05/18/08	1:08.29
2:19.50	12/14/02	AK	Pieter Dehart	200	M. I. M.	Natascha Mangan	ORE	10/21/12	2:32.08
5:04.23	11/19/06	PNA	Richard Jordan	400	M. I. M.	Katie Kaestner	PSM	11/18/17	5:20.10

MEN 25-29					WOMEN 25-29				
0:23.89	10/20/12	PNA	Chris Chapman	50	M. Free	Hailey Bambusch	ORE	12/05/15	0:27.32
0:52.77	02/17/08	PNA	Troy Davidson	100	M. Free	Lauren Thies	ORE	11/20/05	0:58.35
2:01.93	05/16/98	PNA	Tom O'Brien	200	M. Free	Lauren Thies	ORE	11/20/05	2:06.98
4:20.69	10/20/12	PNA	Cejih Yung	400	M. Free	Leissa Mills	ORE	03/04/90	4:39.24
9:13.75	11/13/16	KM	Nick Blank	800	M. Free	Ellen Ferguson	ORE	01/20/91	9:47.28
17:40.41	11/13/10	UTAH	Wesley Johnson	1500	M. Free	Lisa O'Brien	PNA	05/16/88	18:47.44
0:27.44	12/10/11	ORE	Logan Madson	50	M. Back	Diana MacManus	HMS	03/03/12	0:28.92
0:59.97	11/13/16	KM	Nick Blank	100	M. Back	Diana MacManus	HMS	03/03/12	1:03.70
2:11.24	11/13/16	KM	Nick Blank	200	M. Back	Jacquelyn Foley	PNA	02/17/08	2:32.34
0:29.00	11/18/17	PSM	Jakub Kotynia	50	M. Breast	Megan Jendrick	PNA	11/21/10	0:31.87
1:04.20	11/18/17	PSM	Jakub Kotynia	100	M. Breast	Megan Jendrick	PNA	04/15/12	1:10.04
2:20.81	11/22/15	PSM	Jakub Kotynia	200	M. Breast	Megan Jendrick	PNA	04/15/12	2:29.80
0:25.25	10/21/12	PNA	Chris Chapman	50	M. Fly	Diana MacManus	HMS	03/03/12	0:28.38
0:56.68	10/21/12	PNA	Chris Chapman	100	M. Fly	Lauren Thies	ORE	11/20/05	1:05.72
2:10.91	05/16/98	PNA	Tom O'Brien	200	M. Fly	Lisa O'Brien	PNA	05/16/88	2:37.48
0:59.79	12/10/11	ORE	Logan Madson	100	M. I. M.	Megan Jendrick	PNA	01/23/11	1:03.41
2:14.35	11/13/16	KM	Nick Blank	200	M. I. M.	Courtney Monsees	KM	11/13/16	2:27.77
4:51.27	11/15/98	ORE	Bill Zolna	400	M. I. M.	Melissa Chamberlin	PNA	11/22/09	5:21.25

MEN 30-34					WOMEN 30-34				
0:24.14	04/15/12	ORE	Benjamin Weston	50	M. Free	Lauren Thies	ORE	10/16/11	0:27.42
0:52.90	04/15/12	ORE	Benjamin Weston	100	M. Free	Lauren Thies	ORE	12/05/10	0:58.55
2:02.90	06/24/94	PNA	Craig Mallery	200	M. Free	Lauren Thies	ORE	12/05/10	2:06.39
4:20.34	10/13/96	UTAH	Dennis Tesch	400	M. Free	Lauren Thies	ORE	12/05/10	4:31.63
8:55.82	10/13/96	UTAH	Dennis Tesch	800	M. Free	Sara Quan Nelson	ORE	12/14/02	9:45.42
16:51.79	10/13/96	UTAH	Dennis Tesch	1500	M. Free	Allison Cox	PSM	11/20/16	18:53.81
0:28.74	01/01/01	PNA	Jon Pauole	50	M. Back	Katie Paglini	AK	12/14/13	0:31.70
1:02.61	12/11/11	PNA	Ian Mosher	100	M. Back	Svetlana Karpeeva	PSM	11/18/17	1:06.78
2:18.74	12/15/96	ORE	Phillip King	200	M. Back	Zena Herrmann	PNA	12/15/91	2:32.32
0:30.59	12/10/11	ORE	Tamas Bessenyei	50	M. Breast	Leslie McCullough	PNA	09/16/00	0:34.13
1:09.62	11/18/17	PSM	Cejih Yung	100	M. Breast	Svetlana Karpeeva	PSM	11/18/17	1:14.72
2:33.16	11/13/16	HMS	Trent Shino	200	M. Breast	Linda Hegeberg	PNA	10/08/00	2:50.59
0:25.99	12/01/99	AK	Michael Sorenson	50	M. Fly	Lauren Thies	ORE	12/05/10	0:29.23
0:56.55	12/01/99	AK	Michael Sorenson	100	M. Fly	Lauren Thies	ORE	12/05/10	1:04.31
2:16.84	12/09/00	ORE	Bill Zolna	200	M. Fly	Tammy Bennett	HSKY	05/16/88	2:31.16
1:00.91	04/15/12	ORE	Benjamin Weston	100	M. I. M.	Svetlana Karpeeva	PSM	11/18/17	1:06.88
2:16.18	04/15/12	ORE	Benjamin Weston	200	M. I. M.	Lauren Thies	ORE	12/05/10	2:22.68
4:59.60	12/05/98	ORE	Doug Stewart	400	M. I. M.	Linda Hegeberg	PNA	10/08/00	5:33.54

MEN 35-39					WOMEN 35-39				
0:24.87	12/02/04	PNA	Amon Emeka	50	M. Free	Amy Ward	ORE	09/04/11	0:27.50
0:53.62	12/07/03	ORE	John Keppeler	100	M. Free	Amy Ward	ORE	09/04/11	1:00.69
1:58.99	12/07/03	ORE	John Keppeler	200	M. Free	Amy Ward	ORE	09/04/11	2:12.79
4:16.69	12/09/00	ORE	Dennis Baker	400	M. Free	Kimberly Jeter	PNA	11/22/09	4:44.46
9:03.99	12/05/99	ORE	Doug Stewart	800	M. Free	Mimi Cook	AK	12/13/03	9:54.94
17:48.09	04/28/13	ORE	Chip Polito	1500	M. Free	Mimi Cook	AK	12/14/02	19:13.38
0:27.92	12/07/03	ORE	John Keppeler	50	M. Back	Susan Wetstone	PSM	12/02/12	0:31.76
0:58.01	11/22/15	PSM	Trever Gray	100	M. Back	Susan Wetstone	PSM	12/02/12	1:08.50
2:08.57	12/07/03	ORE	John Keppeler	200	M. Back	Susan Wetstone	PSM	11/30/12	2:31.10
0:32.17	12/15/02	ORE	John Hudson	50	M. Breast	Jayna Tomac	ORE	12/09/07	0:36.50
1:09.30	12/14/02	ORE	John Hudson	100	M. Breast	Jayna Tomac	ORE	12/09/07	1:20.39
2:28.35	10/15/89	PNA	Greg Harrison	200	M. Breast	Linda Hegeberg	PNA	11/19/06	2:53.71
0:26.22	12/02/04	PNA	Amon Emeka	50	M. Fly	Amy Ward	ORE	09/04/11	0:30.98
0:58.47	12/02/04	PNA	Amon Emeka	100	M. Fly	Sonja Skinner	ORE	03/08/15	1:09.56
2:08.86	12/09/00	ORE	Dennis Baker	200	M. Fly	Shauna Simpson	ORE	02/19/06	2:37.72
0:59.21	11/22/15	PSM	Trever Gray	100	M. I. M.	Susan Wetstone	PSM	12/02/12	1:10.09
2:16.41	01/01/94	PNA	David Santos	200	M. I. M.	Susan Wetstone	PSM	11/30/12	2:31.46
4:57.03	01/01/94	PNA	David Santos	400	M. I. M.	RondaMarie Smith	PNA	11/19/06	5:33.13

**NW Zone SCM Records -- as of 12/20/2017**

<b>MEN 40-44</b>					<b>WOMEN 40-44</b>				
0:24.45	12/09/95	AK	Rick Abbott	50	M. Free	Amy Moorhead	PSM	11/22/15	0:27.17
0:53.25	12/09/95	AK	Rick Abbott	100	M. Free	Amy Moorhead	PSM	11/22/15	1:01.51
2:01.62	02/17/08	PNA	David Kays	200	M. Free	Mimi Cook	AK	12/10/05	2:19.80
4:20.27	02/17/08	PNA	David Kays	400	M. Free	Haleigh Werner	PNA	10/20/12	4:49.06
8:46.71	11/13/04	ORE	Dennis Baker	800	M. Free	Susanne Simpson	IEM	11/24/01	9:56.22
17:24.23	12/04/11	PNA	David Kays	1500	M. Free	Sara Nelson	ORE	12/10/16	19:02.10
0:28.51	04/15/12	ORE	Mike Self	50	M. Back	Sheri Hart	PNA	01/23/11	0:30.60
1:02.23	04/15/12	ORE	Mike Self	100	M. Back	Sheri Hart	PNA	01/23/11	1:05.81
2:16.51	04/15/12	ORE	Mike Self	200	M. Back	Kathleen Collins	ORE	04/15/12	2:33.96
0:30.37	04/15/12	ORE	Brad Bachulis	50	M. Breast	Sarah Rogers	ORE	11/20/16	0:38.07
1:06.09	11/11/17	ORE	Kurt Grote	100	M. Breast	Sarah Rogers	ORE	11/20/16	1:22.31
2:23.61	11/11/17	ORE	Kurt Grote	200	M. Breast	Haleigh Werner	PNA	10/20/12	2:55.59
0:26.35	12/09/95	AK	Rick Abbott	50	M. Fly	Lisa Dahl	PNA	12/04/05	0:30.27
1:01.19	04/28/13	ORE	Can Ergenekan	100	M. Fly	Kathy Byers	PNA	10/08/00	1:10.06
2:06.48	11/20/05	ORE	Dennis Baker	200	M. Fly	Lianna Badran	PSM	11/20/16	2:37.55
1:00.16	02/17/08	HMS	Roy Berg	100	M. I. M.	Lisa Dahl	PNA	12/04/05	1:11.23
2:12.16	02/17/08	HMS	Roy Berg	200	M. I. M.	Zena Courtney	PNA	12/05/99	2:42.37
4:44.38	11/20/05	ORE	Dennis Baker	400	M. I. M.	Lianna Badran	PSM	11/20/16	5:34.08

<b>MEN 45-49</b>					<b>WOMEN 45-49</b>				
0:25.10	12/13/03	AK	Rick Abbott	50	M. Free	Amy Moorhead	PSM	11/20/16	0:27.16
0:54.45	04/15/12	ORE	Michael Baele	100	M. Free	Amy Moorhead	PSM	11/20/16	1:01.74
2:03.97	11/11/17	ORE	Mike Self	200	M. Free	Arlene Delmage	ORE	12/05/10	2:19.30
4:20.25	10/08/00	PNA	Steve Sussex	400	M. Free	Sara Nelson	ORE	07/07/17	4:57.06
9:07.63	10/08/00	PNA	Steve Sussex	800	M. Free	Susanne Simpson	IWM	02/20/05	9:42.24
17:41.22	12/05/15	UC36	David Kays	1500	M. Free	Mary Sweat	ORE	11/13/04	19:49.05
0:28.50	11/19/16	ORE	Mike Self	50	M. Back	Ellen Reynolds	SRM	11/13/10	0:31.66
1:01.70	11/19/16	ORE	Mike Self	100	M. Back	Ellen Reynolds	SRM	11/01/09	1:07.21
2:18.66	11/19/16	ORE	Mike Self	200	M. Back	Ellen Reynolds	SRM	11/01/09	2:27.50
0:31.72	11/20/16	PSM	Todd Doherty	50	M. Breast	Lisa Dahl	PNA	12/05/08	0:37.14
1:09.20	12/07/08	ORE	Lincoln Djang	100	M. Breast	Colette Crabbe	ORE	11/20/05	1:20.84
2:33.83	12/07/03	ORE	Patrick Allender	200	M. Breast	Colette Crabbe	ORE	12/14/02	2:54.05
0:26.72	04/15/12	ORE	Michael Baele	50	M. Fly	Lisa Dahl	PNA	11/19/06	0:30.18
0:58.35	11/18/06	ORE	Dennis Baker	100	M. Fly	Susanne Simpson	IWM	02/20/05	1:07.99
2:06.40	11/18/06	ORE	Dennis Baker	200	M. Fly	Susanne Simpson	IWM	02/20/05	2:29.32
1:02.84	04/15/12	ORE	Michael Baele	100	M. I. M.	Amy Moorhead	PSM	11/20/16	1:11.96
2:18.66	04/15/12	ORE	Michael Baele	200	M. I. M.	Ellen Reynolds	SRM	11/01/09	2:31.57
4:50.71	11/02/08	ORE	Lincoln Djang	400	M. I. M.	Ellen Reynolds	SRM	11/13/10	5:24.44

<b>MEN 50-54</b>					<b>WOMEN 50-54</b>				
0:24.93	10/20/12	PNA	Ned Stack	50	M. Free	Jill Marie Asch	ORE	04/22/16	0:28.51
0:55.10	05/19/03	IWM	Larry Krauser	100	M. Free	Ellen Reynolds	SAWS	09/28/14	1:01.41
2:02.39	11/18/17	PSM	Mats Nygren	200	M. Free	Ellen Reynolds	SAWS	12/04/16	2:11.63
4:24.23	11/18/17	PSM	Mats Nygren	400	M. Free	Ellen Reynolds	SAWS	12/04/16	4:40.46
9:15.06	11/20/16	PSM	Mats Nygren	800	M. Free	Ellen Reynolds	SAWS	12/12/14	9:35.39
16:53.04	12/04/16	SAWS	Jeff Erwin	1500	M. Free	Mary Sweat	ORE	12/10/11	19:37.45
0:29.04	12/07/08	ORE	Phillip Djang	50	M. Back	Karen Andrus-Hughes	ORE	12/07/08	0:32.13
1:03.43	12/07/08	ORE	Phillip Djang	100	M. Back	Ellen Reynolds	SAWS	03/08/14	1:05.89
2:20.25	12/07/08	ORE	Phillip Djang	200	M. Back	Ellen Reynolds	SAWS	03/08/14	2:22.37
0:31.71	11/22/15	PSM	Daniel Phillips	50	M. Breast	Kim Crouch	PSM	11/14/15	0:38.29
1:09.66	12/05/15	PSM	Daniel Phillips	100	M. Breast	Kim Crouch	PSM	12/05/15	1:22.33
2:33.97	12/07/14	PSM	Daniel Phillips	200	M. Breast	Ellen Reynolds	SAWS	12/04/16	2:50.36
0:27.04	12/10/06	PNA	Donald Graham	50	M. Fly	Lisa Dahl	PNA	03/05/11	0:31.08
1:01.03	04/15/12	ORE	Dennis Baker	100	M. Fly	Arlene Delmage	ORE	04/22/16	1:11.83
2:12.41	11/06/11	ORE	Dennis Baker	200	M. Fly	Arlene Delmage	ORE	04/22/16	2:41.51
1:04.83	12/07/14	PSM	Daniel Phillips	100	M. I. M.	Shannon McIntyre	PSM	11/20/16	1:12.42
2:20.84	12/07/14	PSM	Daniel Phillips	200	M. I. M.	Ellen Reynolds	SAWS	09/28/14	2:28.64
4:55.39	04/15/12	ORE	Dennis Baker	400	M. I. M.	Ellen Reynolds	SAWS	09/28/14	5:10.96

<b>MEN 55-59</b>					<b>WOMEN 55-59</b>				
0:25.38	12/13/09	ORE	Mike Tennant	50	M. Free	Karen Andrus-Hughes	ORE	04/15/12	0:29.32
0:57.19	12/12/10	AK	Rick Abbott	100	M. Free	Karen Andrus-Hughes	ORE	04/15/12	1:05.09
2:09.27	12/05/10	HMS	Larry Krauser	200	M. Free	Karen Andrus-Hughes	ORE	12/02/12	2:25.54
4:36.79	02/17/08	HMS	Larry Krauser	400	M. Free	Arlene Delmage	ORE	03/05/17	5:14.26
9:42.73	12/04/09	PNA	William Penn	800	M. Free	Mary Sweat	ORE	04/15/12	10:36.34
18:14.38	12/04/09	PNA	William Penn	1500	M. Free	Mary Sweat	ORE	04/28/13	20:06.45
0:30.35	12/05/99	ORE	Robert Smith	50	M. Back	Karen Andrus-Hughes	ORE	04/15/12	0:33.56
1:06.05	02/17/08	ORE	Wes Edwards	100	M. Back	Karen Andrus-Hughes	ORE	12/07/14	1:13.14
2:26.54	11/20/16	PSM	Carl Haynie	200	M. Back	Karen Andrus-Hughes	ORE	04/15/12	2:41.83
0:33.39	04/29/12	HMS	Michael Hamm	50	M. Breast	Colette Crabbe	ORE	05/15/11	0:39.12
1:12.89	04/29/12	HMS	Michael Hamm	100	M. Breast	Colette Crabbe	ORE	12/10/11	1:25.94
2:40.84	04/29/12	HMS	Michael Hamm	200	M. Breast	Colette Crabbe	ORE	03/08/15	3:06.61
0:27.76	12/13/09	PNA	Donald Graham	50	M. Fly	Arlene Delmage	ORE	03/05/17	0:32.78
1:04.43	12/02/12	PSM	Donald Graham	100	M. Fly	Arlene Delmage	ORE	11/18/17	1:12.97
2:25.95	02/17/08	PNA	Scott Lautman	200	M. Fly	Arlene Delmage	ORE	11/18/17	2:42.59
1:06.59	03/05/11	HMS	David Barnes	100	M. I. M.	Karen Andrus-Hughes	ORE	04/15/12	1:15.91
2:27.34	04/28/13	ORE	Patrick Allender	200	M. I. M.	Colette Crabbe	ORE	11/22/15	2:44.98
5:32.15	12/07/13	ORE	Patrick Allender	400	M. I. M.	Colette Crabbe	ORE	03/08/15	5:54.95

## NW Zone SCM Records -- as of 12/20/2017

MEN 60-64					WOMEN 60-64				
0:26.20	12/07/03	ORE	Robert Smith	50	M. Free	Karen Andrus-Hughes	ORE	11/18/17	0:29.88
0:58.97	03/09/13	HMS	Larry Krauser	100	M. Free	Karen Andrus-Hughes	ORE	11/18/17	1:06.16
2:01.65	11/22/15	PSM	Rick Colella	200	M. Free	Colette Crabbe	ORE	12/04/16	2:29.23
4:45.97	08/16/13	HMS	Larry Krauser	400	M. Free	Colette Crabbe	ORE	03/06/16	5:23.27
9:49.73	08/16/13	HMS	Larry Krauser	800	M. Free	Colette Crabbe	ORE	11/19/16	10:56.23
18:50.59	02/18/07	PNA	James McCleery	1500	M. Free	Colette Crabbe	ORE	12/04/16	20:39.25
0:31.04	12/05/15	PSM	Donald Graham	50	M. Back	Karen Andrus-Hughes	ORE	11/18/17	0:33.75
1:06.99	04/28/13	ORE	Wes Edwards	100	M. Back	Karen Andrus-Hughes	ORE	11/18/17	1:13.71
2:28.90	03/10/13	ORE	Wes Edwards	200	M. Back	Karen Andrus-Hughes	ORE	11/11/17	2:46.26
0:31.51	11/22/15	PSM	Rick Colella	50	M. Breast	Colette Crabbe	ORE	12/04/16	0:38.87
1:09.92	11/22/15	PSM	Rick Colella	100	M. Breast	Colette Crabbe	ORE	12/04/16	1:24.39
2:37.61	11/13/11	PNA	Rick Colella	200	M. Breast	Lo Knapp	UTAH	12/04/16	3:04.70
0:27.53	10/25/14	PSM	Donald Graham	50	M. Fly	Charlotte Davis	PNA	12/04/11	0:32.93
1:04.27	11/22/15	PSM	Donald Graham	100	M. Fly	Colette Crabbe	ORE	12/01/17	1:14.21
2:23.29	11/22/15	PSM	Rick Colella	200	M. Fly	Colette Crabbe	ORE	03/05/17	2:57.56
1:04.23	03/21/15	PSM	Rick Colella	100	M. I. M.	Colette Crabbe	ORE	12/01/17	1:16.22
2:19.26	03/21/15	PSM	Rick Colella	200	M. I. M.	Colette Crabbe	ORE	12/01/17	2:43.04
5:04.54	11/13/11	PNA	Rick Colella	400	M. I. M.	Colette Crabbe	ORE	12/01/17	5:50.34

MEN 65-69					WOMEN 65-69				
0:27.37	11/18/17	PSM	Rick Colella	50	M. Free	Charlotte Davis	PSM	11/22/15	0:30.79
0:58.19	11/20/16	PSM	Rick Colella	100	M. Free	Charlotte Davis	PSM	11/22/15	1:06.90
2:07.56	11/20/16	PSM	Rick Colella	200	M. Free	Charlotte Davis	PSM	02/15/15	2:29.35
4:27.91	11/18/17	PSM	Rick Colella	400	M. Free	Charlotte Davis	PSM	10/09/15	5:23.19
10:05.03	11/15/14	UC36	Dan Kirkland	800	M. Free	Charlotte Davis	PSM	10/09/15	11:09.87
19:32.78	02/18/07	ORE	Tom Landis	1500	M. Free	Suzanne Dills	PNA	12/05/10	22:59.28
0:32.76	11/02/08	ORE	Robert Smith	50	M. Back	Charlotte Davis	PSM	11/20/16	0:37.71
1:13.11	12/07/08	ORE	Robert Smith	100	M. Back	Joy Ward	ORE	11/06/11	1:30.49
2:39.00	03/07/15	UC36	Dan Kirkland	200	M. Back	Joy Ward	ORE	02/17/08	3:14.13
0:32.50	11/20/16	PSM	Rick Colella	50	M. Breast	Janet Gettling	ORE	11/18/17	0:42.96
1:13.16	11/20/16	PSM	Rick Colella	100	M. Breast	Charlotte Davis	PSM	11/20/16	1:30.81
2:36.85	11/18/17	PSM	Rick Colella	200	M. Breast	Ginger Pierson	ORE	01/23/11	3:33.80
0:30.71	02/23/03	ORE	Bert Petersen	50	M. Fly	Charlotte Davis	PSM	11/20/16	0:33.56
1:10.76	10/11/13	UTAH	Fred Baird	100	M. Fly	Charlotte Davis	PSM	10/09/15	1:18.80
2:25.35	11/18/17	PSM	Rick Colella	200	M. Fly	Sarah Welch	PSM	08/13/13	3:34.38
1:05.43	11/20/16	PSM	Rick Colella	100	M. I. M.	Charlotte Davis	PSM	02/15/15	1:19.10
2:22.60	11/20/16	PSM	Rick Colella	200	M. I. M.	Charlotte Davis	PSM	02/15/15	2:53.33
5:03.34	11/18/17	PSM	Rick Colella	400	M. I. M.	Charlotte Davis	PSM	10/09/15	6:28.11

MEN 70-74					WOMEN 70-74				
0:29.77	11/13/04	ORE	David Radcliff	50	M. Free	Rebecca Kay	ORE	11/19/16	0:35.82
1:06.28	04/28/13	ORE	Tom Landis	100	M. Free	Barbara Frid	ORE	04/15/12	1:21.87
2:26.61	04/28/13	ORE	Tom Landis	200	M. Free	Barbara Frid	ORE	04/28/13	3:03.59
5:12.57	04/15/12	ORE	Tom Landis	400	M. Free	Sue Calnek-Morris	ORE	03/08/15	6:41.55
11:01.38	12/09/07	ORE	David Radcliff	800	M. Free	Sue Calnek-Morris	ORE	04/28/13	14:07.81
21:07.23	04/15/12	ORE	Tom Landis	1500	M. Free	Sue Calnek-Morris	ORE	04/28/13	25:58.09
0:35.40	04/28/13	ORE	Robert Smith	50	M. Back	Joy Ward	ORE	04/15/12	0:40.58
1:21.67	04/28/13	ORE	Robert Smith	100	M. Back	Joy Ward	ORE	04/15/12	1:29.64
3:07.83	10/01/00	UTAH	Horace Knowlton	200	M. Back	Joy Ward	ORE	04/01/12	3:12.67
0:35.97	03/06/16	SAWS	Robert Strand	50	M. Breast	Ginger Pierson	ORE	03/06/16	0:46.67
1:20.76	03/06/16	SAWS	Robert Strand	100	M. Breast	Ginger Pierson	ORE	03/06/16	1:41.71
2:55.87	03/06/16	SAWS	Robert Strand	200	M. Breast	Ginger Pierson	ORE	04/22/16	3:46.33
0:31.55	02/17/08	ORE	Bert Petersen	50	M. Fly	Barbara Frid	ORE	04/15/12	0:39.81
1:22.37	05/18/08	ORE	Bert Petersen	100	M. Fly	Joy Ward	ORE	04/28/13	1:46.81
3:20.93	12/07/13	ORE	Tom Landis	200	M. Fly	Joy Ward	ORE	03/10/13	3:53.70
1:19.98	04/28/13	ORE	Tom Landis	100	M. I. M.	Barbara Frid	ORE	04/15/12	1:36.66
2:55.18	04/28/13	ORE	Tom Landis	200	M. I. M.	Joy Ward	ORE	04/15/12	3:28.17
6:17.67	04/28/13	ORE	Tom Landis	400	M. I. M.	Joy Ward	ORE	03/10/13	7:35.12

MEN 75-79					WOMEN 75-79				
0:30.15	04/18/09	ORE	David Radcliff	50	M. Free	Joy Ward	ORE	11/18/17	0:40.07
1:05.13	04/18/09	ORE	David Radcliff	100	M. Free	Joy Ward	ORE	12/09/17	1:39.32
2:27.53	04/18/09	ORE	David Radcliff	200	M. Free	Jane Nichols	ORE	11/11/17	3:43.16
5:15.10	04/18/09	ORE	David Radcliff	400	M. Free	Patricia Hastings	MM	04/15/12	8:28.01
10:59.10	04/18/09	ORE	David Radcliff	800	M. Free	Jerri Kawabata	ORE	11/06/11	16:48.46
20:39.50	04/18/09	ORE	David Radcliff	1500	M. Free	Jerri Kawabata	ORE	11/06/11	32:04.10
0:42.79	05/15/11	ORE	George Thayer	50	M. Back	Joy Ward	ORE	11/18/17	0:46.50
1:36.27	05/22/95	ORE	Gerald Huestis	100	M. Back	Joy Ward	ORE	11/18/17	1:43.70
3:34.59	05/22/95	ORE	Gerald Huestis	200	M. Back	Joy Ward	ORE	11/18/17	3:40.93
0:44.05	11/20/05	ORE	Milton Marks	50	M. Breast	Muriel Flynn	PNA	11/15/98	0:59.58
1:41.36	01/19/14	PSM	Dick Peterson	100	M. Breast	Muriel Flynn	PNA	11/15/98	2:15.46
3:37.09	01/19/14	PSM	Dick Peterson	200	M. Breast	Muriel Flynn	PNA	11/15/98	4:52.46
0:38.05	11/14/09	ORE	David Radcliff	50	M. Fly	Joy Ward	ORE	11/11/17	0:52.29
1:45.13	12/05/98	ORE	Andrew Holden	100	M. Fly	Joy Ward	ORE	11/18/17	1:53.31
4:49.31	09/25/04	PNA	Harvey Prosser	200	M. Fly	Joy Ward	ORE	12/09/17	4:51.64
1:24.71	12/13/09	ORE	David Radcliff	100	M. I. M.	Joy Ward	ORE	11/18/17	1:47.88
3:32.70	05/22/95	ORE	Gerald Huestis	200	M. I. M.	Joy Ward	ORE	11/11/17	4:05.73
7:45.08	05/22/95	ORE	Gerald Huestis	400	M. I. M.	Margaret Wells	ORE	12/07/03	10:26.76

## NW Zone SCM Records -- as of 12/20/2017

MEN 80-84						WOMEN 80-84					
0:33.26	11/22/15	ORE	David Radcliff	50	M. Free	Patricia Hastings	MM	10/07/15	0:44.31		
1:11.26	09/28/14	ORE	David Radcliff	100	M. Free	Patricia Hastings	MM	03/04/16	1:51.33		
2:38.25	09/28/14	ORE	David Radcliff	200	M. Free	Patricia Hastings	MM	03/04/16	4:07.09		
5:39.27	03/09/14	ORE	David Radcliff	400	M. Free	Patricia Hastings	MM	10/07/15	8:45.83		
11:35.71	11/15/14	ORE	David Radcliff	800	M. Free	Jerri Kawabata	ORE	09/28/14	18:25.50		
21:59.53	09/28/14	ORE	David Radcliff	1500	M. Free	Madonna Buder	UNAT	03/05/11	37:37.84		
0:48.93	12/15/02	ORE	Andrew Holden	50	M. Back	Bernice Phillips	PNA	02/18/07	1:00.74		
1:50.89	02/01/87	ORE	Herb Eisenschmidt	100	M. Back	Bernice Phillips	PNA	02/18/07	2:15.42		
3:47.19	11/18/17	PSM	Dick Peterson	200	M. Back	Bernice Phillips	PNA	02/18/07	4:57.93		
0:48.35	11/06/11	ORE	Milton Marks	50	M. Breast	Muriel Flynn	PNA	02/16/03	1:02.54		
1:46.70	11/18/17	PSM	Dick Peterson	100	M. Breast	Muriel Flynn	PNA	02/16/03	2:19.21		
3:44.28	11/18/17	PSM	Dick Peterson	200	M. Breast	Muriel Flynn	PNA	02/16/03	5:02.96		
0:41.87	12/05/99	ORE	Andrew Holden	50	M. Fly	Pat Matthiesen	PNA	09/26/97	1:26.39		
2:01.64	11/08/03	ORE	Andrew Holden	100	M. Fly	Pat Matthiesen	PNA	11/17/96	3:10.12		
4:52.32	12/09/17	ORE	Barry Fasbender	200	M. Fly	Helena Hoffman	ORE	12/15/96	8:44.16		
1:38.56	12/05/99	ORE	Andrew Holden	100	M. I. M.	Patricia Hastings	MM	10/07/15	2:20.68		
3:42.78	11/18/17	PSM	Dick Peterson	200	M. I. M.	Pat Matthiesen	PNA	11/17/96	6:02.39		
7:59.78	11/18/17	PSM	Dick Peterson	400	M. I. M.	Elfie Stevenin	ORE	12/14/02	17:23.53		
MEN 85-89						WOMEN 85-89					
0:36.51	12/09/07	ORE	Willard Lamb	50	M. Free	Pauline Stangel	ORE	12/15/06	1:03.75		
1:25.28	12/09/07	ORE	Willard Lamb	100	M. Free	Pauline Stangel	ORE	11/18/06	2:28.38		
3:12.85	12/09/07	ORE	Willard Lamb	200	M. Free	Pauline Stangel	ORE	11/18/06	5:26.73		
7:13.19	12/13/09	ORE	Willard Lamb	400	M. Free	Flora Wong	MM	10/11/13	10:32.19		
14:04.48	05/18/08	ORE	Willard Lamb	800	M. Free	Elfie Stevenin	ORE	12/03/06	34:37.06		
28:17.36	01/13/08	ORE	Willard Lamb	1500	M. Free	open					
0:48.08	05/18/08	ORE	Willard Lamb	50	M. Back	Flora Wong	MM	10/07/16	1:13.38		
1:47.93	12/13/09	ORE	Willard Lamb	100	M. Back	Flora Wong	MM	10/07/16	2:48.46		
3:55.12	05/18/08	ORE	Willard Lamb	200	M. Back	Flora Wong	MM	10/07/16	6:13.79		
0:58.39	10/31/93	PNA	Jim Penfield	50	M. Breast	Pauline Stangel	ORE	11/18/06	1:22.35		
2:24.19	10/31/93	PNA	Jim Penfield	100	M. Breast	Livia Walker	PNA	02/17/08	3:53.32		
6:01.03	01/21/96	PNA	Jim Penfield	200	M. Breast	Charlotte Sanddal	MM	10/12/07	6:20.38		
0:47.89	09/11/04	ORE	Andrew Holden	50	M. Fly	Charlotte Sanddal	MM	11/14/09	1:23.04		
2:01.65	11/13/04	ORE	Andrew Holden	100	M. Fly	Elfie Stevenin	ORE	09/09/07	5:19.48		
			open	200	M. Fly	open					
1:48.23	11/13/04	ORE	Andrew Holden	100	M. I. M.	Charlotte Sanddal	MM	03/05/11	3:21.57		
4:19.20	11/13/04	ORE	Andrew Holden	200	M. I. M.	Charlotte Sanddal	MM	03/05/11	7:00.74		
9:36.09	11/13/04	ORE	Andrew Holden	400	M. I. M.	Elfie Stevenin	ORE	01/13/08	23:20.13		
MEN 90-94						WOMEN 90-94					
0:42.69	03/10/13	ORE	Willard Lamb	50	M. Free	Charlotte Sanddal	MM	03/06/15	1:17.30		
1:39.27	03/09/14	ORE	Willard Lamb	100	M. Free	Charlotte Sanddal	MM	10/07/15	2:50.96		
3:46.17	11/15/14	ORE	Willard Lamb	200	M. Free	Charlotte Sanddal	MM	10/10/12	6:08.48		
7:44.83	09/28/14	ORE	Willard Lamb	400	M. Free	Charlotte Sanddal	MM	10/10/12	12:16.00		
16:04.18	09/28/14	ORE	Willard Lamb	800	M. Free	Charlotte Sanddal	MM	11/13/16	33:01.00		
30:41.82	09/28/14	ORE	Willard Lamb	1500	M. Free	Charlotte Sanddal	MM	03/06/15	53:29.69		
0:56.39	03/10/13	ORE	Willard Lamb	50	M. Back	Charlotte Sanddal	MM	03/08/14	1:36.66		
1:59.76	04/28/13	ORE	Willard Lamb	100	M. Back	Charlotte Sanddal	MM	10/10/12	3:16.92		
4:17.86	03/09/14	ORE	Willard Lamb	200	M. Back	Charlotte Sanddal	MM	03/03/12	6:49.86		
1:07.22	11/15/98	PNA	Jim Penfield	50	M. Breast	Charlotte Sanddal	MM	03/07/14	2:01.11		
2:45.20	11/15/98	PNA	Jim Penfield	100	M. Breast	Charlotte Sanddal	MM	10/10/12	4:00.02		
			open	200	M. Breast	Charlotte Sanddal	MM	10/10/12	7:56.76		
1:29.42	09/26/98	PNA	Jim Penfield	50	M. Fly	Charlotte Sanddal	MM	10/10/12	1:21.95		
			open	100	M. Fly	Charlotte Sanddal	MM	11/13/16	5:02.23		
			open	200	M. Fly	open					
4:27.94	11/29/03	IEM	Clarence Hamilton	100	M. I. M.	Charlotte Sanddal	MM	10/10/12	3:23.98		
			open	200	M. I. M.	Charlotte Sanddal	MM	03/03/12	7:16.26		
			open	400	M. I. M.	open					
MEN 95-99						WOMEN 95-99					
0:45.47	11/18/17	ORE	Willard Lamb	50	M. Free						
1:47.23	03/05/17	ORE	Willard Lamb	100	M. Free						
3:56.49	11/18/17	ORE	Willard Lamb	200	M. Free	Charlotte Sanddal	MM	10/12/17	7:02.69		
8:13.42	03/05/17	ORE	Willard Lamb	400	M. Free	Charlotte Sanddal	MM	10/12/17	14:13.97		
16:56.22	11/18/17	ORE	Willard Lamb	800	M. Free	Charlotte Sanddal	MM	10/12/17	31:07.61		
31:56.67	11/18/17	ORE	Willard Lamb	1500	M. Free						
0:55.60	11/18/17	ORE	Willard Lamb	50	M. Back						
2:04.72	11/11/17	ORE	Willard Lamb	100	M. Back	Charlotte Sanddal	MM	10/12/17	3:24.10		
4:24.83	11/18/17	ORE	Willard Lamb	200	M. Back	Charlotte Sanddal	MM	10/12/17	7:24.97		
			open	50	M. Breast						
			open	100	M. Breast	Charlotte Sanddal	MM	10/12/17	4:19.15		
			open	200	M. Breast	Charlotte Sanddal	MM	10/12/17	9:06.36		
			open	50	M. Fly						
			open	100	M. Fly						
			open	200	M. Fly						
2:39.39	12/09/17	ORE	Willard Lamb	100	M. I. M.	Charlotte Sanddal	MM	10/12/17	3:48.24		
			open	200	M. I. M.						
			open	400	M. I. M.						